



San Mateo County (SMC) Suicide Prevention Committee (SPC) 2024 Meeting Schedule

Virtual Location			
 Until further notice, we plan to meet virtually. You can join by: 1. Web Browser: <u>https://zoom.us/j/410362485</u> (Meeting ID: 410 362 485) 2. Phone (one-tap): +16699006833,,410362485# (San Jose) 3. Phone (dial-in): +1 669 900 6833 US (San Jose) Meeting ID: 410 362 485 			
Date ¹ (Tuesdays)	Time ²	Туре	Topic ³
January 2	1:30-3:00pm	Workgroup	Committee Priorities (Goal 1, Goal 2 and Goal 3)
February 6	1:30-3:00pm	Workgroup	Suicide Data Request
March 5	1:30-3:00pm	N/A	Cancelled (Due to Orientation of New Co-Chairs and Statewide Learning Collaborative Meeting for Co-Chairs)
April 2	1:30-3:00pm	Workgroup	Draft Partner Activation Kit and Presentation
May 7	1:30-3:00pm	Presentation	Presentation of Draft Flyer and Web Page for Suicide Prevention Resources
June 4	1:30-3:00pm	Workgroup	Suicide Death and Attempt Data (By SMC Office of Epidemiology and Evaluation)
July 2	1:30-3:00pm	Workgroup	Suicide Prevention Month Planning
August 6	1:30-3:00pm	Workgroup	Suicide Prevention Month Planning
September 3 (In-Person)	2:00-3:00pm	In-Person Gathering	Suicide Prevention Month Group Photo and Outreach Materials at 310 Harbor Blvd, Building E, Belmont Suicide Prevention Resource Promotion
October 1	1:30-3:00pm	Workgroup	Suicide Prevention Month Debrief Suicide Attempt & Ideation Data (By SMC Office of Epidemiology and Evaluation)
November 5	1:30-3:00pm	Presentation	Suicide Death Review Annual Update (By SMC Coroner's Office)
December 3	1:30-3:00pm	Presentation	Suicide Prevention Committee Year-In-Review Committee Appreciation

1. Meeting details above are subject to change. Please refer to the latest email reminders for updated information.

2. Unless otherwise noted, SPC meetings fall on the first Tuesday of the month 1:30-3:00pm.

3. This column includes meeting topics that align with the below goals of the Suicide Prevention Roadmap.

GOAL 1: Enhance Visible Leadership and Networked Partnerships

GOAL 2: Increase Development and Coordination of Suicide Prevention Resources

GOAL 3: Advance Data Monitoring and Evaluation

To get involved or for more information about suicide prevention in SMC, visit <u>SMCHealth.org/SuicidePrevention</u> or contact SPC Co-Chairs:

Sylvia Tang, MPP (She/Her/Hers) | 650-208-5799 | stang@smcgov.org

Taylor Georgina Coutts, ASW (She/Her/Hers) | 650-727-7184 (text okay) | taylor.coutts@star-vista.org

If you or someone you know is in suicidal crisis or emotional distress, you can reach out for 24/7 free confidential crisis support: <u>Call</u> 650-579-0350 or 988 | <u>Text</u> "BAY" to 741741 or 988 | <u>Visit</u> sanmateocrisis.org