

San Mateo County (SMC) Suicide Prevention Committee (SPC) Meeting Schedule¹ 2023

Virtual Location

Until further notice, we plan to meet virtually. You can join by:

1. Web Browser: <https://zoom.us/j/410362485> (Meeting ID: 410 362 485)
2. Phone (one-tap): +16699006833,,410362485# (San Jose)
3. Phone (dial-in): +1 669 900 6833 US (San Jose) Meeting ID: 410 362 485

| Date² (Tuesdays) | Time² | Type³ | Details |
|--|-------------------------|-------------------------|---|
| January 17 | 1:30-3:00pm | Coalition | Suicide Prevention Roadmap - 2023 Priorities |
| February 7 | 1:30-3:00pm | Coalition | Suicide Data – Part 1 (By SMC Office of Epidemiology and Evaluation Karen Pfister) |
| March 7 | 1:30-3:00pm | Workgroup | Goal 2 Workgroup Meeting – Logic Model and Power Map |
| April 4 | 1:30-3:00pm | Coalition | Suicide Data – Part 2 (By SMC Office of Epidemiology and Evaluation Aracely Tamayo and Deidre Patterson) |
| May 2 | 1:30-3:00pm | Coalition | Safe Messaging Training (By Stan Collins, Suicide Prevention Specialist, Know the Signs, CalMHTA Technical Assistance Team) |
| June 6 | 1:30-3:00pm | Workgroup | Workgroup – Suicide Prevention Month Planning |
| July 18 | 1:30-3:00pm | Workgroup | Workgroup – Suicide Prevention Month Planning |
| August 1 | 1:30-3:00pm | Coalition/ Workgroup | September Suicide Prevention Month/Week Toolkit (By CalMHTA) Workgroup – Suicide Prevention Month Planning |
| September 5 (In-Person) | 2:000-3:00pm | Coalition | Suicide Prevention Month Group Photo and Outreach Materials at 310 Harbor Blvd, Building E, Belmont |
| October 3 | 1:30-3:00pm | Workgroup | Suicide Prevention Month Debrief Coroner’s Office Presentation Prep |
| November 7 | 1:30-3:00pm | Coalition | Suicide Death Review Annual Update (By SMC Coroner’s Office) |
| December 5 | 1:30-3:00pm | Coalition | Suicide Prevention Committee Year-In-Review |

1. Meeting details above are subject to change. Please refer to the latest email reminders for updated information.

2. Unless otherwise noted, SPC meetings fall on the first Tuesday of the month 1:30-3:00pm.

3. There are two types of meetings - coalition and workgroup. Coalition meetings include information sharing. Workgroup meetings include action on 2-3 priorities of the year. Top 2023 priority is Goal 2 of Roadmap which is to “Increase Development and Coordination of Suicide Prevention Resources.”

To get involved or for more information about suicide prevention in San Mateo County, visit SMCHealth.org/SuicidePrevention or contact SPC Co-Chairs:

Sylvia Tang (stang@smcgov.org | 650-208-5799)

If you or someone you know is in suicidal crisis or emotional distress, you can reach out for 24/7 free confidential crisis support:

- **Call 650-579-0350 or 988**
- **Text “BAY” to 741741 or 988**
- **Visit sanmateocrisis.org**



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