

# San Mateo County (SMC) Suicide Prevention Committee (SPC) Meeting Schedule<sup>1</sup> 2023

## Virtual Location

Until further notice, we plan to meet virtually. You can join by:

1. Web Browser: <https://zoom.us/j/410362485> (Meeting ID: 410 362 485)
2. Phone (one-tap): +16699006833,,410362485# (San Jose)
3. Phone (dial-in): +1 669 900 6833 US (San Jose) Meeting ID: 410 362 485

Date <sup>2</sup> (Tuesdays)	Time <sup>2</sup>	Type <sup>3</sup>	Details
January 17	1:30-3:00pm	Coalition	Suicide Prevention Roadmap - 2023 Priorities
February 7	1:30-3:00pm	Coalition	Suicide Data (By SMC Office of Epidemiology and Evaluation)
March 7	1:30-3:00pm	TBD	TBD: Safe Messaging Training or Workgroup Meeting
April 4	1:30-3:00pm	TBD	TBD: Safe Messaging Training or Workgroup Meeting
May 2	1:30-3:00pm	TBD	TBD
June 6	1:30-3:00pm	TBD	TBD
July 18	1:30-3:00pm	TBD	TBD
August 1	1:30-3:00pm	Coalition	September Suicide Prevention Month Activation Kit – Introduction and Outreach Plan (By Stan Collins, Each Mind Matters)
September 5 (In-Person)	1:30-3:00pm	Coalition	Suicide Prevention Month Group Photo and Outreach Materials at 310 Harbor Blvd, Building E, Belmont
October 3	1:30-3:00pm	TBD	TBD
November 7	1:30-3:00pm	Coalition	Suicide Death Review Annual Update (By SMC Coroner's Office)
December 5	1:30-3:00pm	Coalition	Suicide Prevention Committee Year-In-Review

1. Meeting details above are subject to change. Please refer to the latest email reminders for updated information.

2. Unless otherwise noted, SPC meetings fall on the first Tuesday of the month 1:30-3:00pm.

3. There are two types of meetings - coalition and workgroup. Coalition meetings include information sharing. Workgroup meetings include action on 2-3 priorities of the year.

**To get involved or for more information about suicide prevention in San Mateo County, visit [SMCHealth.org/SuicidePrevention](https://SMCHealth.org/SuicidePrevention) or contact SPC Co-Chairs:**

Sylvia Tang ([stang@smcgov.org](mailto:stang@smcgov.org) | 650-578-7165) and Zena Andreani ([zena.andreani@star-vista.org](mailto:zena.andreani@star-vista.org) | 650-339-5803)

*If you or someone you know is in suicidal crisis or emotional distress, you can reach out for 24/7 free confidential crisis support:*

- **Call 650-579-0350 or 988**
- **Text "BAY" to 741741 or 988**
- **Visit [sanmateocrisis.org](https://sanmateocrisis.org)**



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