

Sexually Transmitted Infection (STI) /HIV Quarterly Report

San Mateo County (SMC) Health, STI/HIV Program

Vivian Levy MD, STI Controller * Scott Morrow MD, MPH, MBA, Health Officer · Asa Ohsaki, MPH Epidemiologist

Table 1 STI Cases Reported Among County of San Mateo Residents by Quarter (Jan 1 - Dec 31) and Year to Date for 2023 and 2022

Quarter (Jan 1 - Dec 31) and Year to Date for 2023 and 2022			
		2023	2022
		1st Qtr/YTD	1st Qtr/YTD
Chlamydia trachomatis (CT)	Total	702	585
	Male	334	264
	Female	361	319
	Transgender/Other/Unknown ¹	7	2
Lymphogranuloma Venereum (LGV)		0	1
Gonorrhea (GC)	Total	245	218
	Male	195	180
	Female	46	37
	Transgender/Other/Unknown1	4	1
GC Clinical Site ²	Urine	100	105
	Genitourinary	29	15
	Rectal	67	68
	Pharyngeal	90	71
	Unknown/Missing	7	4
	DGI ³	0	1
Syphilis	Total	80	73
	Female	18	11
Early Syphilis ⁴	Total	42	45
	Male	33	39
	Female	7	4
	Transgender/Other/Unknown1	2	2
Syphilis by Stage	Primary	9	6
	Secondary	11	11
	Early Latent	22	28
	Late Latent	38	28
	Congenital	0	2
	Neurosyphilis ⁵	1	3

YTD: Year to Date. ¹Due to data limitations and confidentiality concerns, transgender women, transgender men, and gender diverse persons are combined ²Clinical sites for gonorrhea are non-exclusive (individual patient may have multiple sites tested). ³Disseminated Gonococcal Infection. ⁴Early Syphilis is defined as primary, secondary, and early latent. ⁵Cases not included in the total as neurosyphilis is a sequelae and not a stage; the neurosyphilis cases are captured under other syphilis stages.

- Total syphilis cases increased by 7% and early syphilis decreased 7% compared to this time last year. 18 syphilis cases (23%) were female in 2023 compared to 11 (15%) in 2022.
- CT increased 27% in men and 13% in women compared to this time last year. GC increased 8% in men and 24% in women compared to last year.
- Specimens tested for HIV increased 25% compared to last year. To date in 2023, HIV positive prevalence is lower than 2022 (0.8% versus 1.6%).

Table 2 HIV testing through the San Mateo County Health by Quarter (Jan 1 - Mar 31) and Year to Date for 2023 and 2022¹

	2023	2022	
	1st Qtr/YTD	1st Qtr/YTD	
Total Specimens Tested for HIV	2,539	2,034	
SMC-STI Clinic	47	26	
STI/HIV Program Outreach ²	56	58	
Other County Clinics ³	2,436	1,950	
Total HIV Antibody Positive	21	34	
SMC-STI Clinic	1	2	
STI/HIV Program Outreach ²	0	0	
Other County Clinics ³	20	32	
Total New HIV Cases	5	10	

¹The HIV antibody positives do not reflect the true burden of disease. Some patients may be repeat testers. ²Testing-on-Demand and STI/HIV Program HIV Rapid Tests. ³Includes all HIV testing (oral and blood) at San Mateo Medical Center (SMMC), SMMC Satellite Clinics, SMC Public Health (PH) Clinics, and PH Subcontractors. Beginning Aug 2015, a 4th generation HIV screening test was implemented. HIV positive cases may not yet be confirmed by HIV-1/HIV-2 differentiation immunoassay.

LGBTQ+ Communities: Get Healthy and Ready for Summer 2023 Celebrations



- Clinicians should discuss the types of sex patients are having to offer testing, prevention, and vaccines, including mpox
- •Patients should know their HIV status. Find <u>STI testing</u> near you
- •For HIV negative patients, discuss HIV PrEP
- •Test for STIs, including mpox. The Bay Area & other parts of the US are currently seeing a resurgence of mpox cases
- •Test for viral hepatitis, & vaccinate for hepatitis A and hepatitis B
- •Give the 2 dose <u>mpox vaccine</u>. The best protection against mpox is 2 weeks after the 2nd vaccine so plan ahead. Learn more about local mpox vaccine resources
- Learn about other strategies to <u>prevent mpox</u> and <u>stay</u> healthy for the summer