

## Sexually Transmitted Infection (STI)/HIV Quarterly Report

San Mateo County (SMC) Health, STI/HIV Program

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**Table 1** STI Cases Reported Among County of San Mateo Residents byQuarter (Jul 1 - Sep 30) and Year to Date for 2021 and 2020

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	2021		2020	
	3rd Qtr	YTD	3rd Qtr	YTD
Chlamydia trachomatis (CT)	556	1,735	485	1,509
Male	245	738	213	700
Female	311	992	272	804
Transgender/Other/Unknown	0	5	0	5
Lymphogranuloma Venereum	0	0	0	1
Gonorrhea (GC) <sup>1</sup>	185	594	180	596
Male	133	433	132	452
Female	51	157	46	141
Transgender/Other/Unknown	1	4	2	3
Urine	97	303	86	268
Genitourinary	18	76	25	65
Rectal	40	126	41	147
Pharyngeal	49	148	40	180
Unknown/Missing	3	27	17	33
DGI <sup>2</sup>	0	4	0	1
Early Syphilis (total) <sup>3</sup>	36	107	50	164
Male	29	88	40	140
Female	6	17	8	21
Transgender/Other/Unknown	1	2	2	3
Syphilis (total)	65	170	72	208
Primary	8	20	8	27
Secondary	9	35	11	47
Early Latent	19	52	31	90
Late Latent	28	61	22	44
Congenital	1	2	0	0
Neurosyphilis <sup>4</sup>	0	4	0	1

YTD: Year to Date. <sup>1</sup>Clinical sites for gonorrhea are non-exclusive (individual patient may have multiple sites tested). <sup>2</sup>Disseminated Gonococcal Infection. <sup>3</sup>Early Syphilis is defined as primary, secondary, and early latent. <sup>4</sup>Cases not included in the total as neurosyphilis is a sequelae and not a stage; the neurosyphilis cases are captured under other syphilis stages.

- To date, CT increased 5% in men and 23% in women compared to this time last year. GC decreased 4% in men and increased 11% in women compared to this time last year.
- Total syphilis cases decreased 18% and early syphilis decreased 35% compared to this time last year. As of October 2021, for all syphilis stages, 37 syphilis cases (22%) were female. There were 17 female early syphilis cases and 20 late latent cases. SMC has had 2 congenital syphilis cases in 2021.
- SMC Health specimens tested for HIV increased 29% compared to last year. To date in 2021 HIV positive prevalence is higher than the first three quarters of 2020 (0.8% versus 0.7%).

**Table 2** HIV testing through the San Mateo County Health by Quarter (Jul 1 - Sep 30) and Year to Date for 2021 and  $2020^1$ 

	2021		2020	
	3rd Qtr	YTD	3rd Qtr	YTD
Total Specimens Tested for HIV	2,091	6,024	1,742	4,672
SMC-STI Clinic	58	58	0	155
STI/HIV Program Outreach <sup>2</sup>	0	0	0	73
Other County Clinics <sup>3</sup>	2,033	5,966	1,742	4,444
Total HIV Antibody Positive Tests	13	47	7	31
SMC-STI Clinic	1	0	0	1
STI/HIV Program Outreach <sup>2</sup>	0	0	0	0
Other County Clinics <sup>3</sup>	12	47	7	30
Total New HIV Cases	1	13	1	5

<sup>1</sup>The HIV antibody positives do not reflect the true burden of disease. Some patients may be repeat testers. <sup>2</sup>Includes data from Testing on Demand and other STI/HIV program outreach. <sup>3</sup>Includes all HIV testing (oral and blood) at San Mateo Medical Center (SMMC), SMMC Satellite Clinics, SMC Public Health (PH) Clinics, and PH Subcontractors. Beginning Aug 2015, a 4th generation HIV screening test was implemented. HIV positive cases may not yet be confirmed by HIV-1/HIV-2 differentiation immunoassay.

## SMC Cases of Disseminated Gonococcal Infection (DGI)



Beginning in 2020, SMC & CA have seen increases in DGI cases which occurs when

Neisseria gonorrhoeae (GC) invades bloodstream & spreads to distant body sites. Signs include septic arthritis, polyarthralgia, tenosynovitis, petechial/pustular skin lesions, or bacteremia.

- Obtain a social history that includes a sexual and drug use history, as well as housing status, for patients reporting joint pain.
- If DGI is suspected, obtain nucleic acid amplification test (NAAT) and culture specimens from urogenital and extragenital (e.g., pharyngeal and rectal) mucosal sites & NAAT and culture specimens from disseminated sites of infection (e.g., skin, synovial fluid, blood, cerebrospinal fluid).
- Test all N. gonorrhoeae isolates from DGI cases for antimicrobial susceptibility, which requires culture
- For arthritis-dermatitis: Ceftriaxone 1 gm intravenously/ intramuscularly (IV/IM) every 24 hours for a course of at least 7 d. If CT infection not excluded, treat with doxycycline 100 mg BID x 7 d.
- If/when switch to oral regimen, ensure cefixime 800 mg po BID, NOT ciprofloxacin or doxycycline
- Report DGI cases to SMC Public Health within 24 hrs; Test/treat sexual partners in last 60 d of index patient symptom onset <u>https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Disseminated-Gonococcal-Infection.aspx</u>

Sources: CalREDIE, San Mateo County Harvest Laboratory. Notes: STI data as of 10/19/21. Totals for past quarters may change due to delays in reporting from labs and providers and when methodology is updated. Data from the San Mateo County STI/HIV program.