

## **STD/HIV Quarterly Report**

San Mateo County Health System, STD/HIV Program

www.smchealth.org/std • STD Clinic: 650.573.2385 • Provider STD Reporting: 650.573.2346 650.573.2919 (fax) Issue No. 49 • Quarter 4: Jul 1 - Sep 30, 2018

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**Table 1** STD Cases Reported Among County of San Mateo Residents by Quarter (Jul 1 - Sep 30) and Year to Date for 2018 and 2017

|                                     | 2018    |       | 2017    |       |
|-------------------------------------|---------|-------|---------|-------|
|                                     | 3rd Qtr | YTD   | 3rd Qtr | YTD   |
| Chlamydia trachomatis (CT)          | 762     | 2,287 | 725     | 2,164 |
| Male                                | 317     | 930   | 302     | 910   |
| Female                              | 443     | 1354  | 423     | 1252  |
| Unknown / Transgender               | 2       | 3     | 0       | 2     |
| Lymphogranuloma Venereum            | 0       | 1     | 0       | 1     |
| Gonorrhea (GC)                      | 176     | 522   | 201     | 578   |
| Male                                | 147     | 414   | 140     | 428   |
| Female                              | 26      | 100   | 60      | 147   |
| Unknown / Transgender               | 3       | 8     | 1       | 3     |
| Urine                               | 70      | 192   | 91      | 246   |
| Genitourinary                       | 14      | 69    | 31      | 105   |
| Rectal and/or Pharyngeal            | 79      | 232   | 69      | 203   |
| Unknown/Missing                     | 13      | 29    | 10      | 24    |
| Early Syphilis (total) <sup>1</sup> | 35      | 104   | 28      | 84    |
| Male                                | 33      | 98    | 25      | 81    |
| Female                              | 2       | 3     | 2       | 2     |
| Transgender/Unknown                 | 0       | 3     | 1       | 1     |
| Syphilis (total)                    | 58      | 159   | 48      | 130   |
| Primary                             | 9       | 19    | 10      | 21    |
| Secondary                           | 13      | 39    | 7       | 20    |
| Early Latent                        | 13      | 46    | 11      | 43    |
| Late Latent                         | 23      | 55    | 20      | 46    |
| Congenital                          | 0       | 0     | 0       | 0     |
| Neurosyphilis <sup>2</sup>          | 0       | 1     | 1       | 2     |

YTD: Year to Date. <sup>1</sup>Early Syphilis is defined as primary, secondary, and early latent <sup>2</sup>Cases not included in the total as neurosyphilis is a sequelae and not a stage; the neurosyphilis cases are captured under other syphilis stages.

- CT increased 8% in women and 2% in men compared to this time last year.
- GC cases decreased 32% in women and 3% in men compared to this time last year. The proportion of rectal & pharyngeal specimens tested increased for GC cases from 35% in 2017 to 44% in 2018.
- Early syphilis cases, of which 94% occurred in men this year, increased 24% compared to this time last year.
- Health System HIV positive prevalence is 0.7% in 2018, an increase from 2017 (0.6%). New HIV cases identified at county clinics increased this year (0.8%) compared to 0.7% in 2017.

**Table 2** HIV testing through the San Mateo County Health System by Quarter (Jul 1 - Sep 30) and Year to Date for 2018 and 2017<sup>1</sup>

|                                       | 20 <sup>-</sup> | 18    | 2017    |       |
|---------------------------------------|-----------------|-------|---------|-------|
|                                       | 3rd Qtr         | YTD   | 3rd Qtr | YTD   |
| Total Specimens Tested for HIV        | 1,930           | 5,941 | 2,041   | 6,410 |
| SMC-STD Clinic                        | 180             | 568   | 170     | 710   |
| STD/HIV Program Outreach <sup>2</sup> | 135             | 448   | 225     | 624   |
| Other County Clinics <sup>3</sup>     | 1,615           | 4,925 | 1,646   | 5,076 |
| Total HIV Antibody Positive           | 10              | 44    | 10      | 40    |
| SMC-STD Clinic                        | 1               | 4     | 0       | 1     |
| STD/HIV Program Outreach <sup>2</sup> | 0               | 1     | 1       | 3     |
| Other County Clinics <sup>3</sup>     | 9               | 39    | 9       | 36    |

<sup>1</sup>The HIV antibody positives do not reflect the true burden of disease. Some patients may be repeat testers. <sup>2</sup>Includes data from Testing on Demand and other STD/HIV program outreach. <sup>3</sup>Includes all HIV testing (oral and blood) at San Mateo Medical Center (SMMC), SMMC Satellite Clinics, SMC Public Health (PH) Clinics, and PH Subcontractors. Beginning Aug 2015, a 4th generation HIV screening test was implemented. HIV positive cases may not yet be confirmed by HIV-1/HIV-2 differentiation immunoassay.



## Laying a Foundation for Getting to Zero

San Mateo County is working to get the number of new HIV infections to zero using guidance from California's Getting To Zero plan. Late HIV tester measure highlighted below.

https://www.cdph.ca.gov/Programs/CID/DOA/CDPH Document Library/IP 2016 ExecSum.pdf.pdf

**Objective 4:** Decrease the percentage of persons with new HIV diagnoses in California that are diagnosed with AIDS within 12 months of diagnosis (i.e., late diagnosis) to less than 17 percent

Newly Reported HIV Cases Among County Residents and Percentage of Late Testers by Year of Diagnosis, San Mateo County, 2013-2017<sup>1</sup>

|                           | 2013 | 2014 | 2015 | 2016 | 2017 |
|---------------------------|------|------|------|------|------|
| HIV Cases                 | 51   | 69   | 65   | 58   | 62   |
| Late Testers <sup>1</sup> | 31%  | 22%  | 26%  | 24%  | 16%  |

<sup>1</sup>Late testers are defined as cases who had their first positive HIV test within one year of receiving an AIDS diagnosis. CDPH, Office of AIDS, eHARS June 30, 2018.