



San Mateo County Behavioral Health And Recovery Services

MASTERS-LEVEL and ALCOHOL AND DRUG CERTIFICATE PROGRAM Internship Placements for 2017-2018

San Mateo Behavioral Health and Recovery Services (BHRS) is a comprehensive county behavioral health services program dedicated to serving the needs of adults with serious mental illness and/or co-occurring substance abuse concerns, as well as severely emotionally disturbed youth and their families. Services are offered to children, adolescents, and adults, and older adults in inpatient, outpatient, and outreach programs by multidisciplinary staff that includes psychologists, psychiatrists, nurse practitioners, nurses, social workers, MFTs, occupational therapists, trainees, interns and peer support positions. BHRS provides clinical training opportunities to students pursuing their masters' degree, their Alcohol and Drug Certification, or their doctorate. This packet describes internship opportunities for masters' students and Alcohol and Drug Certification students.

The Alcohol and Other Drug Services (AOD) Unit of BHRS offers substance use consultation, assessment, linkage, case management and referrals to a variety of contracted AOD treatment providers and centers. Students are eligible for an AOD internship if they are enrolled in an Alcohol and Drug Certificate Program. AOD works closely with youth involved in the juvenile justice or juvenile dependency court system, as well as a variety of adult populations including those involved in the criminal justice, child welfare, mental health, psychiatric emergency services, homeless services, and welfare to work systems.

We offer many placement opportunities. Some opportunities are with our Regional Clinics, which serve adults and youths within a geographic area. Other opportunities are with units that serve specialized populations of older adults, adults, and/or youth throughout the County. Each unit is described in more detail in this packet of information. Besides the required supervision hours, trainees have weekly didactic seminars and are included in clinical case consultations and in-service trainings.

Cultural Competency Stipends are available for those who are able to help provide services to marginalized communities within our system of Older Adult, Adult, and Youth Services and are selected to participate in our Cultural Stipend Intern Program (CSIP). Each stipend is up to \$5,000 for an intern or trainee who works 24 hours in their placement. Stipends will be pro-rated if the student works fewer hours. The stipend application will be distributed to all trainees who are offered and accept a position with BHRS for 2016/2017.

TO APPLY: Please send your resume and a letter of intent to the contact person for each site in which you are interested. It is highly recommended that students apply before **March 1st**. (Applications submitted after this date will be considered as long as there are still openings available at the sites.)

For more information, please visit our website: <http://www.smchealth.org/bhrs/internships>

For questions, please contact: BHRS-WorkforceDev@smcgov.org

Placement Opportunities in San Mateo County for MASTERS-LEVEL
and ALCOHOL AND DRUG CERTIFICATE PROGRAM Students

SERVICES FOR OLDER ADULTS

1. OLDER ADULT INTEGRATED SERVICES (OASIS) PAGE 1

SERVICES FOR ADULTS

2. CENTRAL COUNTY ADULT TEAM..... PAGE 2
3. NORTH COUNTY ADULT TEAM..... PAGE 3
4. PATHWAYS MENTAL HEALTH COURT PROGRAM..... PAGE 4
5. PUENTE CLINIC..... PAGE 5
6. SERVICE CONNECT PAGE 6
7. SOUTH COUNTY ADULT TEAM..... PAGE 7

SERVICES FOR BOTH ADULT AND YOUTH

8. COASTSIDE MENTAL HEALTH CENTER..... PAGE 8
9. EAST PALO ALTO COMMUNITY COUNSELING..... PAGE 9
10. PRENATAL TO THREE BEHAVIORAL HEALTH TEAM PAGE 10
11. PRIMARY CARE-INTERFACE TEAM PAGE 11

SERVICES FOR YOUTH

12. ADOLESCENT THERAPEUTIC DAY SCHOOL PAGE 12
13. CENTRAL COUNTY YOUTH TEAM..... PAGE 13
14. CHILD WELFARE MENTAL HEALTH TEAM PAGE 14
15. (FORENSIC) YOUTH SERVICES CENTER..... PAGE 15
16. NORTH COUNTY YOUTH TEAM..... PAGE 16
17. *SCHOOL-BASED MENTAL HEALTH PAGE 17
18. SOUTH YOUTH TEAM..... PAGE 18
19. YOUTH CASE MANAGEMENT UNIT PAGE 19
20. (AOD) YOUTH SERVICES CENTER..... PAGE 20
21. YOUTH TO ADULT TRANSITION PROGRAM (YTAC)..... PAGE 21
22. CANYON OAKS YOUTH CENTER PAGE 22

* Qualifies as a P.P.S.C. placement

LOCATION

Central County
Fieldwork
throughout County

POPULATION

Adult (Older)

OLDER ADULT SYSTEM OF INTEGRATED SERVICES (OASIS)**San Mateo County Behavioral Health and Recovery Services**

1950 Alameda De Las Pulgas
San Mateo, CA 94403
(650) 372-3255

PLACEMENT OPENINGS: Internships available for second year M.S.W. and M.F.T. students.

- Minimum 20 hours per week.
- Monday through Friday 8:30-5:00 with flexible hours and mandatory staff meeting on Thursday 8:30am to 10:00am.
- Placement from September through June with other schedules considered.
- Bilingual interns encouraged to apply.

Join a multidisciplinary team providing co-occurring and mental health care to seriously mentally ill older adults (60+) who live in the community. OASIS provides case management services and psychiatric follow-up care to these individuals at their place of residence (own home, apartment, or board and care facility). OASIS team works in collaboration with family members, significant others, other health care providers and community agencies. Interns/Trainees will have skill building opportunities including: clinical assessment, treatment planning, crisis intervention, case management, and short-term counseling/therapy.

SEND RESUME TO: Joicy Mean, LMFT

jmean@smcgov.org

CENTRAL COUNTY BEHAVIORAL HEALTH – ADULT TEAM
San Mateo County Behavioral Health and Recovery Services

1950 Alameda de las Pulgas
San Mateo, CA 94403
(650) 573-3571

PLACEMENT OPENINGS: Second year and advanced practicum placements available for M.S.W., M.F.T., & Ph.D/Psy.D practicum trainees.

First year internships may be considered for students with prior experience.

- Minimum 24 hours per week.
- Flexible schedule available Monday – Friday, with Thursday mornings required.
- Placement from September through June (M.S.W. & M.F.T.) and July to June (Ph.D./Psy.D.). Other placement schedules will be considered.
- Provide clinical services to seriously mentally ill adults in an outpatient mental health clinic.
- Bi-lingual and/or bicultural interns are encouraged to apply.

PROGRAM DESCRIPTION:

Our outpatient behavioral health clinic serves over 900 clients who reside in the Central region of San Mateo County. The program offers individual, group, family therapy, medication support, & clinical case management services within a multi-ethnic, multidisciplinary team environment. Our team is committed to providing integrated treatment to clients with psychiatric problems, substance abuse, developmental and/or medical conditions. The emphasis of treatment is culturally congruent, evidenced based with wellness & recovery focused in order to maintain hope & support the clients' goals of healthy interdependence & self-sufficiency with family & peer support.

INTERN TRAINING AND EDUCATIONAL OPPORTUNITIES:

In addition to weekly individual supervision, team meetings, staff meetings & group supervision, interns are provided a weekly Master's Seminar & Grand Rounds lectures. San Mateo County offers multiple trainings & students are required to take on-line training (Avatar, HIPPA, Locus) & attend didactic trainings. Trainees are also encouraged to participate in Health Equity Initiatives that specifically targets cultural groups.

SEND RESUME TO: John Sorrell, Ph.D. , 1950 Alameda de las Pulgas, San Mateo, CA 94403, jsorrell@smcgov.org

NORTH COUNTY MENTAL HEALTH - ADULT TEAM
San Mateo County Behavioral Health and Recovery Services

375 – 89TH STREET
Daly City, CA 94015
(650) 301-8650

PLACEMENT OPENINGS: MSW and MFT students with preference for second year students.

North County Mental Health Services is one of five regional clinics of San Mateo County Behavioral Health and Recovery Services that provides outpatient treatment and services to individuals with major psychiatric disorders. Mental Health services include medication management, time-limited individual and group therapy, rehabilitation and recovery services, crisis intervention, and clinical case management. Whenever appropriate, families and clients' support systems are involved in treatment.

The North County Mental Health Services staff is composed of a multicultural and interdisciplinary team of psychiatrists, psychiatric residents, social workers, marriage and family therapists, nurses, and peer case managers. The clinic serves a diverse group of clients with a strong focus on Latino and Filipino communities. Bilingual and Bicultural trainees are encouraged to apply.

The Training Program at North County Mental Health consists of weekly clinical seminars as well as individual, and group supervision. The seminars are taught by behavioral health professionals at the clinic and in the community who have expertise in prioritized clinical areas.

MSW Interns and MFT Trainees are involved in all of the clinic's services and activities, including assessment, individual and group therapy, case management, and crisis intervention. Interns and trainees also learn about psychopharmacology for non-medical practitioners. There will also be opportunities to work collaboratively with other agencies within San Mateo County's behavioral health system.

North County Mental Health supports research projects within the limits of confidentiality and human subject regulations and with the approval of Quality Management.

SEND RESUME TO: George Wennerberg, LCSW

gwennerberg@smcgov.org

LOCATION

Harbor Blvd,
Belmont

POPULATION

Adult

PATHWAYS MENTAL HEALTH COURT PROGRAM
San Mateo County Behavioral Health and Recovery Services

310 Harbor Boulevard, Building E
Belmont, CA, 94002

PLACEMENT OPENINGS: Second year MFT students and BBS registered MFT post-graduates

Requirements:

- 20-40 hours per week
- Monday-Friday
- Placement from September through June
- Values cultural competency and humility
- Multi-disciplinary team
- Thursday and Friday morning meetings

Training Setting: Work with seriously mentally ill adults who agree to be part of the Pathways Mental Health Court Program and abide by their probation guidelines. Provide counseling and case management services. Work collaboratively with the Court, Probation, and other community partners to promote wellness and recovery for our clients.

SEND RESUME TO: Karina Sapag, MFT

KSapag@smcgov.org

650-802-5040 or 650-921-0668

PUENTE CLINIC
San Mateo County Behavioral Health and Recovery Services

**1950 Alameda De Las Pulgas
San Mateo, CA 94403
(650) 573-3571**

PLACEMENT OPENINGS: Internship available for second year MFT students. First year students may be considered with experience.

- Minimum 16 hours per week.
- Monday through Friday 9am-5pm with flexible hours.
- Placement from September through June with other schedules considered.
- Bilingual interns encouraged to apply.
- Values cultural competency and humility.
- Wednesday afternoon staff meetings from 1 P.M.to 2.
- Thursday morning group supervision from 8:30 to 10 A.M.
- Once a month(usually the 4th week, Friday mental health collaborative meeting with GGRC from 2P.M. to 3:30

Join a specialized multidisciplinary team providing mental health services to adults with intellectual disabilities living in the community. Build skills in providing individual and group psychotherapy and case management. Work collaboratively with Golden Gate Regional Center, families, care providers, and a dynamic clinical team.

SEND RESUME TO: Jean McMaster, MA, LMFT jmcmaster@smcgov.org

LOCATION Central County
South County **POPULATION** Adult

SERVICE CONNECT
San Mateo County Behavioral Health and Recovery Services

550 Quarry Road
San Carlos, CA 94070

PLACEMENT OPENINGS: Second year MFT & MSW Trainees, MFT Interns, ASWs

- 20-24 hours per week within M-F, 8-5
- September through June (other starts/ends considered)
- Broad multi-disciplinary team
- Interns with lived justice system experience encouraged to apply

We serve adults reentering the community from jail and prison. We partner with Human Services Agency, Correctional Health, Public Health, the Sheriff's Office, Probation, and Parole.

You would practice clinical assessment, treatment planning, counseling/therapy, case management, and some crisis response as part of a behavioral health/human services team (peer support workers, alcohol and other drug assessor/case managers, social workers, marriage and family therapists, psychiatrist, and other providers).

Placement may also include service delivery through the David Lewis Community Reentry Center in East Palo Alto.

SEND RESUME TO: Scott Peyton, Supervisor mpeyton@smcgov.org 650-508-6780

South County Clinic
San Mateo County Behavioral Health and Recovery Services

802 Brewster Avenue
Redwood City, CA 94063
(650) 363-4111

PLACEMENT OPENINGS: M.F.T. and M.S.W. trainees

- 16-24+ hours weekly
- Placement runs September through June.
- Must be available:
 - Thursdays, 2:00 p.m. – 3:30 for staff meetings/clinical team meetings
- Weekly individual supervision with a L.C.S.W., or M.F.T.
- Bi-lingual Spanish Speaking candidates are encouraged to apply.

PROGRAM DESCRIPTION:

South County Clinic is one of the regional clinics within San Mateo County. The South County located in Redwood City. The South County clinic provides mental health services to multi-cultural and multilingual clients with severe mental illness and co-occurring disorders. Delivery of culturally and linguistically appropriate services is an operational mandate of this clinic. The ideal trainee candidate will possess cultural and linguistic competencies pertinent to the Latino population and will have a strong commitment to enhance those competencies during traineeship. The trainee at **the South County clinic** can expect to develop experience across the following areas:

- **Psychotherapeutic and Clinical Case Management services to adults contending with serious and persistent mental illness.**
 - Trainee will provide community outreach/consultation/collaboration, diagnostic assessments, individual/family/group interventions, brief therapy, evidence-based treatment, case management and crisis intervention in both outpatient and community settings.

Whenever appropriate, families and clients' support systems are involved in their treatment. Treatment teams are multidisciplinary and include psychiatrists, psychologist, social workers, marriage and family therapists, psychiatric nurses, residents and interns. Interns play a significant role in conducting much of the individual and group therapy at South County. Interns collaborate with clinical teams to increase competency in working within a multi-disciplinary team and to further develop clinical, assessment and case management skills.

Because Co-Occurring Disorders are an expectation, not an exception, the delivery of services incorporates Motivational Interviewing, and Stage-wise Case Management. Interns will also have the opportunity to co-lead various groups such as Wellness Recovery Action Planning, DBT Skills, Smoking Cessation, Seeking Safety, Life Skills, and Mindfulness.

SEND RESUME TO: Mariana Rocha, LCSW mrocha@smcgov.org

COASTSIDE MENTAL HEALTH CENTER
San Mateo County Behavioral Health and Recovery Services

225 S. Cabrillo Highway, Suite 200A
Half Moon Bay, CA 94019
(650) 726-6369

PLACEMENT OPENINGS: Social Work and Marriage and Family Therapist students; Psychiatric Nurse Practitioner residents; Drug and Alcohol counselor students. BBS registered post-graduates working for licensing hours are also encouraged to apply. The Coastside Mental Health Center is an outpatient community based clinic providing mental health services for emotionally disturbed youth and adults with serious mental illness living in Half Moon Bay, La Honda, or Pescadero. A large population are Latino, Spanish speaking youth and adults. This clinic also serves a good percentage of migrant farm workers.

REQUIREMENTS:

- 16 to 24 hours per week.
- Flexible schedules available Monday – Friday, with Thursdays morning required.
- Placement from September through June, other placement schedules considered.
- Bi-lingual and bi-cultural students encouraged to apply.

PLACEMENT DESCRIPTION:

- The population served is youth ages 5-18, up to 22 years old if they are certified under special education and still attending high school, and their families. These are youth who are at risk of out-of home placement and meet the criteria for San Mateo County Behavioral Health Services. Population served represents a diverse community; and a specific focus is on providing services that meet cultural and language needs of the youth and families being served. Services can be provided at the clinic, home, school, or the community. Services include assessment, crisis intervention, clinical case management, individual therapy, family therapy and groups. Services may also consist of collaborating with school staff, CPS, pediatricians, juvenile probation, etc.
- Working with seriously mentally ill adults, often with co-occurring disorders providing assessment, crisis intervention, clinical case management, individual brief therapy, and groups.
- Using Evidence Based Practice models: Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Trauma Informed, Motivational Interviewing, Problem Solving Focus, Seeking Safety, Stages of Change, Recovery Model as well as community based practices that are culturally appropriate for clients.
- Supporting entry to care through Same Day Assistance, Open Welcome Registration Clinic and Officer of the Day shifts.
- Supporting the Coastside Community Service Area by collaborating with partners in the community, strengthening the infrastructure of our community to increase access to services for individuals and their families, decreasing stigma and barriers.
- Working in a multidisciplinary team composed of Psychiatrists, Social Workers, Marriage and Family Therapists, Substance Abuse Counselors, Psychiatric Nurses, Community Workers, Family Partners.
- Cultural Competence stipends available.

SEND RESUME TO: Héctor Robles Moncada, LCSW
Ziomara Ochoa, MFT

hmoncada@smcgov.org
zochoa@smcgov.org

EAST PALO ALTO COMMUNITY COUNSELING CENTER
San Mateo County Behavioral Health and Recovery Services

2415 University Avenue, Suite 301
 East Palo Alto, CA 94303
 (650) 363-4030

PLACEMENT OPENINGS: M.F.T. and M.S.W. trainees

- 16—24 hours weekly
- Must be available:
 - Friday, 9:30 a.m. – 11:00 a.m. for clinical team meetings
 - Thursdays, 11:00 am – Noon for youth clinical meetings (if interested in having a youth caseload)
- Placement begins in September

PLACEMENT DESCRIPTION:

East Palo Alto Community Counseling Center provides mental health services to the multi-cultural and multi-lingual communities of East Palo Alto and East Menlo Park. Delivery of culturally and linguistically appropriate services is an operational mandate of this clinic. The ideal trainee candidate will possess cultural and linguistic competencies pertinent to the Latino, African-American and Pacific Islander communities of EPA and EMP and will have a strong commitment to enhance those competencies during traineeship. The trainee at **EPACCC** can expect to develop experience across the following areas:

- **Psychotherapeutic and Clinical Case Management services to adults contending with serious and persistent mental illness.**
 - Trainee will provide community outreach/consultation/collaboration, diagnostic assessments, individual/family/group interventions, evidence-based treatment and crisis intervention in both outpatient and community settings.
- **Psychotherapeutic, Clinical Case Management and Mental Health services to youth and families contending with serious emotional disturbance and/or where the youth is at risk of being removed from home or community.**
 - Trainee will provide community outreach/consultation/collaboration, diagnostic assessments, individual/family/group interventions, evidence-based treatment and crisis intervention in both outpatient and community settings.

SEND RESUME TO: Stephanie Coate, PsyD

scoate@smcgov.org

LOCATION	Central County Fieldwork throughout County	POPULATION	Adult Youth
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PRENATAL TO THREE BEHAVIORAL HEALTH TEAM
San Mateo County Behavioral Health and Recovery Services

2000 Alameda de las Pulgas
San Mateo, CA 94403
(650) 372-8540

PLACEMENT OPENINGS: Second Year M.S.W. or M.F.T. (Including Art Therapy) students. Spanish-speaking is desirable.

- 16 or more hours weekly.
- Mandatory staff meeting and mandatory training meetings one time per week on Fridays.
- Placements primarily begin in August, but can be year round.
- Must have access to car for home visits.

PLACEMENT DESCRIPTION:

- Prenatal to Three team provides Mental Health Services in the clinic and in the home to the Medi-Cal and uninsured population of .pregnant/1 year postpartum women and children up to 5 years of age. This is an early intervention program which focuses on the attachment and developmental process of infants age zero through five using a Child-Parent Psychotherapy model.
- Teen Program provides treatment to pregnant and parenting teens.
- Partners for Safe and Healthy Children (PSHC) provides services to families in San Mateo County who are involved with Child Protective Services and have at least one child 5 and under in the family. This includes collaboration with CPS social workers and other collaborative partners, and treatment of men, women, and children which focuses on substance recovery, mental illness, healing from trauma, and repairing parent-child relationships.
- Trainee caseloads can be from one program or a mixture of Pre to Three, PSHC, and Teen Program.
- Interventions includes: assessment, diagnosis, treatment of both women and their children 0-5 individual, family and group modalities.
- Pre to Three is a multidisciplinary team consisting of psychiatric social workers, marriage family therapists, community workers, adult psychiatrists, public health nurses, nutritionist and perinatal drug and alcohol specialists.
- Group and individual supervision provided.

**SEND RESUME TO: Noelle Bruton, LMFT
Hedwig de Ocampo, LMFT**

nbruton@smcgov.org
hdeocampo@smcgov.org

LOCATION

Various

POPULATION

Adult
Youth

PRIMARY CARE-INTERFACE TEAM
San Mateo County Behavioral Health and Recovery Services

2000 Alameda de las Pulgas, Suite #200
San Mateo, CA 94403
(650) 573-2630

Placement Openings: MFT or MSW students. Bi-lingual (English/Spanish) candidates encouraged to apply.

Student Internship with the Interface Team

Primary Care Interface clinicians treat patients referred to the Interface Team by their Primary Care provider. The Interface clinicians are embedded in various Primary Care clinics throughout San Mateo County.

Treatment Solution Focused Model

Mental health treatment through Primary Care Interface is brief, one to eight sessions. Interns will learn about brief mental health treatment using a Solution Focus model of therapy. Interns will have the opportunity to learn and practice this model. The textbook, "Interviewing for Solutions" support the model. Also, interns learn information and referral, screening, assessment, treatment planning, linkage to other agencies, referral to Private Provider Network and transfer to BHRS regional clinics which provide treatment for patients with a serious mental illness.

Primary Care Integration and Behavioral Health

The Interface Team was formed in 1994 when the San Mateo County Health Agency realized that the majority of antidepressant medications are prescribed by Primary Care Providers who lacked training in recognizing mental illness.

According to the National Council for Community Behavioral Healthcare, there have been ten years of discussions, papers, conferences, pilots and a few well-financed models regarding Behavioral Health (Mental Health and Substance Use Treatment)/Primary Care Integration. The recent financing and development of behavioral health services in Community Health Centers is the latest in a series of efforts to acknowledge that a large proportion of the population receive their behavioral health services in a primary care setting.

SEND RESUMES TO: Elizabeth Alvarez, LMFT

ealvarez@smcgov.org

ADOLESCENT THERAPEUTIC DAY SCHOOL PROGRAM**San Mateo County Behavioral Health and Recovery Services****1950 Alameda de las Pulgas****San Mateo, CA 94403****(650) 573-2942****PLACEMENT OPENINGS: Second year M.S.W. and M.F.T. students.**

- Placement runs from September through June
- 20 – 36 hours per week
- The program is a collaborative effort between BHRS and the local high school districts. There are three TDS sites located in San Bruno, Daly City and South San Francisco; interns work in one of these three programs.
- All students in the program qualify for special education, and have emotional and behavioral problems.
- This Day Treatment modality includes individual, family, group, and milieu.
- Collaboration with Child Protective Services, Juvenile Probation and the school districts.
- Weekly attendance at staff meetings required. The day and time is dependent on which program the student is an intern.

SEND RESUME TO: Ingall Bull, L.C.S.W.**ibull@smcgov.org**

CENTRAL COUNTY MENTAL HEALTH - YOUTH TEAM
San Mateo County Behavioral Health and Recovery Services

1950 Alameda De Las Pulgas
San Mateo, Ca 94403
650-573-2380
lciprez@smcgov.org

PLACEMENT OPENINGS: MSW and MFT students including Art Therapy and Psychology Trainees
Willing to consider first year students with qualifying experience.

HOURS:

At least 20 hours per week with one evening from 5:00 – 7:00 p.m. Must be available Wed. 9:00 a.m. to 11:00 a.m. Placement runs from August/ September through May/ June.

POPULATION SERVED:

Children and Adolescents between the ages of 6-18 and their families and or caregivers. Work with a culturally diverse population of youth and their families who are experiencing more significant and acute mental health challenges. Collaborate with schools, probation, CPS, and other systems to provide integrated care.

TREATMENT:

The Central Youth team is a multi-disciplinary team comprised of mental health therapists (MFTs and LCSWs), psychiatrists, and a family partner, to provide a wide array of treatment modalities, including individual and family therapy and comprehensive case management services for our clients/families. Groups are also offered as needed. Clinicians provide both clinic and community based services and often travel to schools or other community locations to assist their clientele. Learn about emerging trauma-informed treatment modalities.

WEEKLY SUPPORT:

Individual and Group Supervision, Multi-discipline Clinical Groups including frequent consultation with Psychiatrists, other clinicians, family partners, and supervisors. Benefit from the vast array of trainings available through the BHRS system. Learn alongside other interns who are working within a community mental health environment.

Bilingual/Bicultural experience is desirable. Spanish speaking interns will be given priority due to the language needs of our clientele, although non-Spanish speakers also encouraged to apply.

SEND RESUME TO: Luis E. Ciprez, LCSW

lciprez@smcgov.org

LOCATION Central County **POPULATION** Youth
Fieldwork
throughout County

CHILD WELFARE MENTAL HEALTH TEAM
San Mateo County Behavioral Health and Recovery Services

Crisis Counseling/Shelter Care Program
2000 Alameda de las Pulgas
San Mateo, CA 94403
(650) 372-8540

PLACEMENT OPENINGS: M.S.W./ M.F.T. students
Spanish Speaking is desirable

- 16 to 24 hours a week with flexibility to work late afternoons and some evenings.
- Staff meetings on Thursday late morning.
- Intern seminars on Tuesday early afternoon or Thursday early morning.
- Placement runs from September through June, but flexible.
- Must have access to a car.
- Team provides mental health services to youth who have been removed or are at risk for being removed from their home by Child Protective Services (CPS).
- Therapy provided primarily in the child's/youth's home or shelter care foster home.
- Specific duties may include: individual and family therapy, case management services, parenting, behavioral support as well as consultation and collaboration with CPS and pertinent providers.

SEND RESUME TO: Louise Robaina, LCSW lrobaina@smcgov.org (650) 372-8559

(FORENSIC) YOUTH SERVICES CENTER
San Mateo County Behavioral Health and Recovery Services

222 Paul Scannell Drive
San Mateo, CA 94402
(650) 312-5322

PLACEMENT OPENINGS: MFT and MSW Students, BBS registered post-graduates

- Open for second-year placements (or first-year with significant prior experience)
- Flexible # of hours per week: 20 – 40 hours.
- Hours flexibly distributed Monday – Friday.
- Must be available Wednesdays 8:30 A.M. – 2:30 P.M. (training and meetings)
- Spanish speakers encouraged to apply

PROGRAM DESCRIPTION:

Five teams engage a diverse population of youth in crisis intervention, brief counseling, long-term individual psychotherapy, family therapy, group therapy, and case management. Interns and trainees will develop skills in assessment, diagnosis, treatment planning, with multiple modes of treatment, multidisciplinary collaboration, and linkage to services. These teams strive to provide gender-responsive, culturally competent, and trauma-informed services to address co-occurring mental health needs and substance use disorders.

Choose one of five teams:

- The **Assessment Center Team** collaborates with Probation Officers and other service providers to screen youths and families referred by law enforcement in order to recommend appropriate court dispositions and create diversion contracts that include multiple services.
- The **Forensic Team** serves youth detained in the San Mateo county Juvenile Hall and applies an eclectic theoretical context.
- The **Margaret J. Kemp Girls' Camp** team serves adolescent girls and their families by working integrally with a multidisciplinary, gender-responsive program.
- Clinicians at **Camp Glenwood** collaboratively deliver individual, group, and family therapy as well as crisis response and case management to adolescent boys committed for several months in a forest location near La Honda.
- The **Community-Based Services Team** works closely with probation officers to serve disenfranchised families within their communities. The team provides linguistically and culturally competent services primarily in families' homes with some on-site work and community case management. Must have access to a car.

SEND RESUME TO: Dwight Fox

dfox@smcgov.org

Fax 650 312 5305

NORTH COUNTY MENTAL HEALTH – YOUTH TEAM
San Mateo County Behavioral Health and Recovery Services

375 – 89th Street
Daly City, CA 94015
(650) 301-8650

PLACEMENT OPENINGS: MFT and MSW Students

- Starts last week of August until last week in May
- 24 hours per week
- Must be available Thursdays 8:30 am - 1:00 pm and one evening after 5 pm
- Must have driver's license
- Bilingual and Bicultural candidates are encouraged to apply
- Cultural Competence stipends available

PROGRAM DESCRIPTION: North County Mental Health Services, one of the five regional clinics in San Mateo County, provides outpatient treatment and services to youth and their families. The target population is children and adolescents under 18 presenting with severe emotional and/or behavioral issues and with multiple risk factors including psychiatric hospitalization, out-of-home placement, substance abuse and trauma.

The North County Mental Services staff is composed of an interdisciplinary team of Psychiatric Social Workers, Marriage and Family Therapists, a Psychologist, a Psychiatrist and a Family Partner. The staff is multiracial, multicultural and multilingual.

The Training Program consists of clinical seminars and weekly supervision. The seminars are provided by working professionals with experience and competency in the field of mental health. Trainees will also have the opportunity to attend additional trainings provided by BHRS and Psychiatric Grand Rounds. Trainees may have the opportunity to work with any of the nine Health Initiatives, under the Office of Diversity and Equity, to receive further training in reducing health disparities in San Mateo County.

Trainees will provide individual, family and group therapy to youth in addition to crisis intervention and case management services. Trainees will develop clinical skills in assessment, diagnosis, treatment planning, and multiple modes of treatment, linkage to services, multidisciplinary collaboration and coordination with agencies involved. Services may be provided in a clinic, school, or community setting.

SEND RESUME TO:

Patrizia Zilahi, LMFT
Phone: (650) 301-8664

pzilahi@smcgov.org
Fax: (650) 301-8639

SCHOOL-BASED MENTAL HEALTH TEAM
San Mateo County Behavioral Health and Recovery Services

Palos Verdes School
1290 Commodore Drive West
San Bruno, CA 94066
(650) 583-1260 ext. 235
FAX (650) 872-3626

PLACEMENT OPENINGS: M.S.W., M.F.T., M.A. psychology, and M.A. Art Therapy Students.
Qualifies as a P.P.S.C. placement.

- 20 hours or more weekly.
- Available for evening hours 5:00 p.m. - 7:00 p.m., one day a week for family work. Mandatory staff and clinical meeting Wednesdays 2:30 p.m. - 4:30 p.m., and a training meeting one time per week.
- Placement runs from September through June.
- Must have access to a car.

PLACEMENT DESCRIPTION:

- The team provides comprehensive mental health services to students in the San Mateo County Special Education programs. These students have severe emotional, behavioral, developmental, language and/or physical disabilities, which compromise their ability to learn in the classroom.
- The team serves children across two age groups: elementary (ages 6-12); and secondary (ages 12-21).
- Mental Health intervention may include a mental health assessment; individual, group, family therapy, consult with education staff, milieu intervention in a special day class and/or liaison with other community agencies.
- The team is a multi-disciplinary team consisting of social workers, M.F.T.'s, child psychiatrist, parent liaison and an art therapist.
- Group and individual supervision provided.
- Interns are required to have some volunteer or paid experience working with children 1 to 18 years of age.

SEND RESUME TO: Nancy Littlefield, L.C.S.W., P.P.S.C nlittlefield@smcgov.org

SOUTH COUNTY MENTAL HEALTH - YOUTH TEAM
San Mateo County Behavioral Health and Recovery Services

727 Shasta St.
Redwood City, Ca 94063
650-599-1033

PLACEMENT OPENINGS: MSW and MFT Students including Art Therapy (will consider first year if qualify by experience).

HOURS:

16 or more hours weekly, including one evening from 5:00 – 6:30 p.m. for family work. Must be available Wednesdays 9:00 to 1:00. Placement runs from September through June.

POPULATION SERVED:

The South Youth team serves a population of 5-18 year olds with moderate to significant mental health needs. Population served represents a diverse community; and a specific focus is on providing services that meet cultural and language needs of the youth and families being served. South County has a large Latino population, with a good percentage of monolingual, Spanish-Speaking, youth and family members.

The South Community Service Area serves youth and families from San Carlos, Redwood City, Fair Oaks, Portola Valley, and Menlo Park.

TREATMENT:

The primary duties will include mental health assessments; case management; crisis management; leading groups for youths and parents; and collaborating with outside agencies and providers. Individual, family, and/or group therapy may be provided in a clinic and/or field setting; field setting may consist of school site, home site, or community based organization. Trainees will work as part of a multi-disciplinary team which includes clinicians, peer partners, psychiatrists, and others. Trainees/Interns may also be asked to conduct community outreach to help reach populations that are underserved in their regional area, and participate in San Mateo County Health Equity initiatives or other change-agent committees.

WEEKLY SUPPORT:

Individual supervision, group supervision (a possibility/not guaranteed), training seminar for master's level trainees, clinical staff meetings, and county-wide ongoing trainings and seminars.

Bilingual, Spanish Speaking preferred.

SEND RESUME TO: Jim Rutherford, MFT

jrutherford@smcgov.org

YOUTH CASE MANAGEMENT UNIT
San Mateo County Behavioral Health and Recovery Services

**1950 Alameda de las Pulgas
San Mateo, CA 94403
(650) 573-3504**

PLACEMENT OPENINGS: First and second year M.S.W. students.

- 16 to 20 hours weekly.
- Placement runs from September through June.
- Will provide intensive case management services to children and adolescents who are at risk of out-of-home placement, or who are currently placed in a residential facility. Will also coordinate Mental Health Services for youth who have been psychiatrically hospitalized.
- Will provide short or long-term psychotherapy for high risk children and adolescents.
- Will assist in assessment of children and adolescents at San Mateo Medical Center – Psychiatric Emergency Services.
- Will collaborate with all county agencies (i.e., Education, Probation, Social Services) to coordinate Mental Health services and community interventions.
- Available Tuesday 2:00 – 3:30 p.m.; weekly seminar in child/adolescent/family and other clinical areas.
- Must have access to car/transportation.
- Available Thursday 9:00 - 11:00 a.m., for staff meeting.

SEND RESUME TO: **Tim Horgan, LMFT** thorgan@smcgov.org
 Phone:(650)573-3970 **Fax: (650)349-0476**

ALCOHOL AND OTHER DRUG (AOD) YOUTH SERVICES CENTER**San Mateo County Behavioral Health and Recovery Services****222 Paul Scannell Drive
San Mateo, CA 94402
(650) 312-5322****PLACEMENT OPENINGS: ONLY for students seeking certification as Alcohol and Drug Counselors**

- 8-16 hours per week
- Hours flexibility distributed Monday-Friday 8am to 6pm
- Must be available certain Wednesdays for staff meetings and some early evenings
- Spanish speakers encouraged to apply, but not required
- Need to have car and be willing to travel to multiple sites

PROGRAM DESCRIPTION:

Join a multi-disciplinary forensic team and provide court ordered alcohol and other drug assessment, evaluation and brief intervention counseling services to incarcerated youth at the Youth Services Center. Trainees will develop skills in the 8 Core Competencies outlined in their certificate program with emphasis in screening and assessment, motivational interviewing, client engagement, treatment planning, brief counseling, case management, treatment referrals, ethics and confidentiality. The team strives to provide gender-responsive, culturally competent, and trauma-informed services to address co-occurring mental health needs and substance use disorders. Key collaborators include the Juvenile Division of the Probation Department, Correctional Health, the County Office of Education, and other community-based service providers.

SEND RESUME TO: Eliseo Amezcua, MA**camezcua@smcgov.org****Phone: (650) 372-3208****AOD applicants only.**

YOUTH TO ADULT TRANSITION PROGRAM (YTAC)
San Mateo County Behavioral Health and Recovery Services

727 Shasta Street
Redwood City, CA 94063
650-599-1071

PLACEMENT OPENINGS: Second year M.F.T. interns.

REQUIREMENTS: 16 to 20 hours weekly

Must be available Thursdays 8:30-noon for weekly seminar and staff meeting.

Placement runs from September through June

- Work with transitional age youth ages 16-25 years old
- Provide clinical case management and counseling to transitional age youth with multiple risk factors including risk of out-of-home placement, psychiatric hospitalization, history of trauma, substance abuse and/or homelessness
- Participate in multidisciplinary team meetings to provide services to emotionally disturbed youth and seriously mentally ill adults
- Provide individual, family and group psychotherapy for transitional age youth
- Evaluate young adult clients admitted to Psychiatric Emergency Department
- Collaborate with multiple service systems including Education, Probation and Social Services
- Learn and develop skills in the areas of crisis intervention, short-term counseling/therapy, assessment and evaluation, treatment planning, case management, and group therapy
- Available Thursday 8:30am-10am for weekly seminar in child/adolescent/family and other clinical areas

SEND RESUME TO:

Jason Kimbrough, M.F.T.
Phone: 650-599-1071

jkimbrough@smcgov.org
Fax: 650-369-4001

Canyon Oaks Youth Center- Co Occurring Program
San Mateo County Behavioral Health and Recovery Services

400 Edmonds Road
Redwood City, CA 94062
650-839-1810

PLACEMENT OPENINGS: MSW, MFT trainees. Will consider first year students with qualifying experience.

HOURS: 20+ hours per week, 9-5. Must be available Friday 9-12 for meeting. Placement runs Aug-June.

POPULATION SERVED: Canyon Oaks Youth Center is a 12 bed, RCL 14, Sub Acute residential treatment facility serving San Mateo County youth, ages 12 to 17 years, who are experiencing severe emotional and behavioral disturbance. Many of our clients experience co-occurring disorders and struggle with substance abuse related issues as well.

TREATMENT: The Canyon Oaks Youth Center is a multi-disciplinary team comprised of mental health professionals and residential counselors who provide direct care. Our psychosocial skills-based/therapeutic attachment model focuses on increasing each resident's ability to form and sustain more gratifying and supportive relationships within our program, the youth's family, and the greater community. Through an individualized, strength-based, and family-centered needs appraisal and service plan, our program facilitates acquisition of the skills necessary for reunification or transition to less restrictive setting/lower level of care.

The multidisciplinary team provides:

- Crisis intervention and diagnostic assessment
- CBT, psychodynamic, milieu, and developmentally-based individual, group, and family therapies
- Intensive day treatment
- Special education services
- Medication evaluation and monitoring
- Occupational therapy
- Art therapy
- Substance abuse assessment and counseling
- And case management, discharge planning, and aftercare services

This position would shadow all above modalities, but would primarily work in the co-occurring program facilitating weekly individual, family and group sessions focused on co-occurring disorders and recovery related programming.

WEEKLY SUPPORT: Individual and Group Supervision, Multi-discipline Clinical Groups including frequent consultation with Psychiatrists, other clinicians, residential counselors, and supervisors. Benefit from the vast array of trainings available through the BHRS system. Specific training on a variety of substance abuse treatment modalities and application in a mental health based program.

Bilingual/Bicultural experience is desirable. Spanish speaking interns preferred, though non-Spanish speakers also encouraged to apply. Applicants with experience in substance abuse treatment are encouraged to apply. Background check and fingerprinting required.

SEND RESUME TO: Jaclyn Pasch, LMFT

jpasch@smcgov.org