



SAN MATEO COUNTY HEALTH
AGING & ADULT SERVICES

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Commission on Aging General Meeting Minutes
 Monday, November 9, 2020 9:00 – 11:00 a.m.
 Location: ZOOM Virtual Meeting Conducted due to COVID-19

Members present: JoAnne Arnos; Maria Elena Barr; Walter Batara; Patty Clement; Karen Coppock; Angela Giannini; Jean Hastie; Christina Dimas-Kahn; Joan Kilroe; Monika Lee; Marita Leth; Michael Mau; Scott McMullin; Cherie Querol Moreno; Liz Taylor; Kathy Uhl.

Members excused: Elsa Agasid

Staff: Anna Sawamura; Andrew Eng; Cristina Ugaitafa; Diane Madriz

Public: Sandra Lang; Bernie Mellott; Ann O'Brien Keighran; Angela Hey; Wes Taoka; Evelina Chang; Susan Houston; Terue Shinohara; Christina Irving; Dao Do; Sandra Winter; Becky Flanagan

ITEM	DISCUSSION
1. Call to Order; Pledge of Allegiance; Roll Call	Meeting called to order at 9:00 a.m. by Chair Hastie. Commissioner Batara led the Pledge of Allegiance. Roll Call followed.
2. Oral Communications	<p>Chair Hastie welcomed Kathy Uhl as our newest Commissioner. Commissioner Uhl is a resident of Burlingame and was formerly the Executive Director at Independent Living Resource Center in San Francisco. Commissioner Uhl thanked Chair Hastie and expressed her excitement at joining and becoming an active member in advocating for older adults and people with disabilities in the County.</p> <p>Sandra Lang expressed her support of the action items being considered by the Commission and is especially supportive of the need for increased access to technology for older adults. In particular, she feels low income seniors are most in need of receiving help.</p> <p>Ann O'Brien Keighran announced that Supervisor Canepa and District 5 are holding an Age Friendly Celebration via ZOOM on November 12th from 5:30-6:30. 5 cities are certified with the 6th city preparing to submit their application. An overview of each</p>

	<p>cities age friendly projects will be presented. All Commissioners are invited to attend.</p> <p>Chair Hastie asked Ann if any information was available regarding an upcoming webinar on Racial Inequality. Ann announced that the Peninsula Conflict Resolution Center had received Measure K funds to support the webinar. It is being held on November 19th. Ann will forward the invitation to Anna who will send to Commissioners.</p> <p>Susan Houston from Peninsula Family Services announced that the “Got Wheels” program has received funding from SAMTrans to expand the program to older adults in North County from Burlingame to Daly City excluding Pacifica. Those 70 years of age and older can receive 6 rides per month for \$5.</p>
<p>3. Approval of Today’s Agenda: November 9, 2020</p>	<p>Commissioner Coppock motioned to approve the agenda with edits. Commissioner Kilroe seconded the motion. Commissioner Clement abstained. Motion passed.</p>
<p>4. Approval of October 19, 2020 minutes</p>	<p>Motion to approve the minutes with edits was made by Commissioner Coppock. Commissioner Dimas-Kahn seconded the motion. Commissioner Clement abstained. Motion passed.</p>
<p>5. Presentation of Slate of Officers for 2021</p> <p>Action Item: Election of Officers</p>	<p>Commissioner McMullin presented the slate of officers for 2021 on behalf of the Ad Hoc Election Committee comprised of Commissioners McMullin, Lee, and Barr:</p> <p>Chairperson: Jean Hastie 1st Vice Chair: Patty Clement 2nd Vice Chair: Karen Coppock</p> <p>Anna asked if any Commissioners would like to nominate any additional members for consideration. No additional nominations were made. A roll call vote for each officer took place:</p> <p>Chairperson: Jean Hastie 16 votes 1st Vice Chair: Patty Clement 16 votes 2nd Vice Chair: Karen Coppock 16 votes</p> <p>The slate of officers presented was voted on and passed.</p>
<p>6. Committee and Ad Hoc Reports</p>	<p><u>Resource Access Committee and Building Relationships Ad Hoc Committee</u></p> <p>Chair Hastie asked Commissioner Lee to present the action items for consideration. Commissioner Lee presented the following:</p>

Action Item: Approve Committees intent to build new and stronger relationships between the Commission on Aging and other San Mateo County entities that support older adults
Task 1: Continue to build a network and relationships with City Departments and other organizations that support San Mateo County older adults

Task 2: At an appropriate post-pandemic time, hold an event to bring CoA and this network together

Commissioner Lee made the motion to accept the action item and tasks. Commissioner Kilroe seconded the motion. The motion passed.

The Middle Income Senior Opportunities (MISO) Committee

Commissioner Dimas Kahn identified food insecurity/nutrition and the need for emergency supplies as items the MISO committee plans to add to their work plan in 2021. The following action items are being presented:

Action Item: Approve Committees intent to advocate for a program similar to the Great Plates Delivered (GPD) Program when the program ends.

Task 1: Coordinate and support the distribution of Help at Home booklets for GPD participants along with a cover letter from CoA.

Action Item: Approve Committees intent to explore how to better prepare older adults for emergencies.

Task 1: Help older adults to prepare for emergencies by providing a list of items to include in an emergency bag and to assist in securing donations from companies for items on the list.

Commissioner Dimas-Kahn made the motion to accept the action items and tasks. Commissioner Lee seconded the motion. The motion passed.

The Transportation Committee

Commissioner Mau announced the committee will be meeting on November 12th. Committee members are participating on the ad hoc committees being convened and support the items being presented today.

Social Isolation and Emergency Preparedness Ad Hoc Committee

Commissioner Clement presented the following action items:

	<p>Action Item: Approve Committees intent to support efforts to decrease social isolation including potential intergenerational opportunities to connect older adults and youth.</p> <p>Task 1: Explore creating a motto from a former phrase used by AT&T, “Reach out and touch someone” as a theme for PSA’s to encourage community members to remember and connect with others who may be socially isolated year-round, but especially during the Holiday Season and after.</p> <p>Commissioner Clement made the motion to accept the action item and task. Commissioner McMullin seconded the motion. The motion passed</p> <p><u>Technology Access Ad Hoc Committee</u></p> <p>Commissioner Coppock presented the following action items:</p> <p>Action Item: Approve Committees intent to increase access to available equipment, programs, and internet access for older adults in San Mateo County, especially for the marginalized and the socially isolated.</p> <p>Task 1: Write letters to and provide public statements at city and county-level meetings to support technology access for older adults.</p> <p>Task 2: Advocate for older adults to receive support in accessing and learning how to use technology.</p> <p>Commissioner Coppock made the motion to accept the action item and tasks. Commissioner Clement seconded the motion. The motion passed.</p>
7. Member Reports	<p>Commissioner Arnos reported she will be outreaching to the Pacifica Community Center. Approximately 102 Help at Home resource guides will be distributed to home delivered meal recipients in November.</p> <p>Commissioner Leth announced that a pilot study on Half Moon Bay/Coastside transportation was condented in the summer.</p>

	<p>Study results are being reviewed and SAMTrans is planning to implement the following improvements: 1. Adding benches at frequently used bus stops 2. Adding bus stops 3. Adding digital bus schedules at bus stops 4. Making crosswalks safer for pedestrians in high visibility areas.</p> <p>Commissioner Taylor announced she has posted the Help at Home resource guides on Nextdoor in Northern San Mateo County.</p> <p>Commissioner Hastie requested information on how Commissioners could request Help at Home resource guides. Anna announced that based on quantity, the guides could be mailed or available for pick-up. Quantities are limited but anyone interested in receiving hard copies can contact Lindsey Joyner.</p>
7. Staff Report	<p>Anna Sawamura provided the following data of services being provided by the CBOs:</p> <ul style="list-style-type: none"> • Information and Referral: 1126 inbound calls and 1954 outbound calls were made • Nutrition: 1,588 older adults received 34000 meals • Adult Day Care: 672 inbound calls and 2,774 outbound calls to clients were made • Family Caregiver Support Program: 240 inbound calls and 911 outbound calls to caregivers were made • In September the Ombudsman program provided 225 consultations to facilities and 92 consultations to individuals <p>On behalf of Lisa Mancini, Anna announced that a special Board of Supervisors meeting was held to approve the purchase of a hotel in Redwood Shores that will provide 95 units of affordable senior housing for low income seniors. A Request for Proposal will be released for an entity to become the service provider at the housing site.</p>
8. Stretch Break	There was a ten-minute stretch break.
9. Presentation on the Office of Emergency Services	Ann Keighran introduced Jeff Norris from the Office of Emergency Services who provided a presentation on the services provided with a focus on SMC alert. Q and A followed.
10. Adjourn	Commissioner Batara made the motion to adjourn. Commissioner Barr seconded the motion. The meeting ended at 10:56 am.



Commission on Aging

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