



SAN MATEO COUNTY HEALTH  
**AGING & ADULT  
SERVICES**

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Director

Aging & Adult Services  
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Commission on Aging General Meeting Agenda-**DRAFT**  
Monday, November 9, 2020 9:00 – 11:00 a.m.  
Location: ZOOM Virtual Meeting

Join Zoom Meeting

<https://smcgov.zoom.us/j/91366385593?pwd=RjF3Y212WUJPUiBPVtOMk12RDFHZz09>

Meeting ID: 913 6638 5593

Passcode: 462490

One tap mobile

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Public Participation

- \* Written public comments may be emailed to [asawamura@smcgov.org](mailto:asawamura@smcgov.org) and should include the specific agenda item on which you are commenting, or note that your comment concerns an item that is not on the agenda or is on the consent agenda.
- \* Spoken public comments will also be accepted during the meeting through ZOOM.
- \* Please see instructions for written and spoken public comments at the end of this agenda.

1. Call to Order (9:00 a.m.): Chairperson- Jean Hastie

Pledge of Allegiance – Patty Clement

Roll Call – Anna Sawamura

Introduction of members of the public

2. Oral Communications: Members of the public may address the Commission regarding Aging issues and concerns. Two minutes allotted for each presenter.

3. Approval of Today's Agenda: November 9, 2020

4. Approval of Minutes: October 19, 2020

5. Ad Hoc Nominating Committee

**Presentation of Slate of Officers for 2021  
Action Item: Election of Officers**

## 6. Committee and Ad Hoc Committee Reports

- RAC (Resource Access Committee)
- MISO (Middle Income Senior Opportunity) Committee
- Transportation Committee
- Building Relationships Ad Hoc Committee

**Action Item:** Approve Committees intent to build new and stronger relationships between the Commission on Aging and other San Mateo County entities that support older adults

Task 1: Continue to build a network and relationships with City Departments and other organizations that support San Mateo County older adults

Task 2: At an appropriate post-pandemic time, hold an event to bring CoA and this network together

- Food Insecurity/Nutrition and Emergency Supplies Ad Hoc Committee

**Action Item:** Approve Committees intent to advocate for a program similar to the Great Plates Delivered (GPD) Program when the program ends.

Task 1: Coordinate and support the distribution of Help @ Home booklets for GPD participants along with a cover letter from CoA.

**Action Item:** Approve Committees intent to explore how to better prepare older adults for emergencies.

Task 1: Help older adults to prepare for emergencies by providing a list of items to include in an emergency bag and to assist in securing donations from companies for items on the list.

- Social Isolation and Emergency Preparedness Ad Hoc Committee

**Action Item:** Approve Committees intent to support efforts to decrease social isolation including potential intergenerational opportunities to connect older adults and youth.

Task 1: Explore creating a motto from a former phrase used by AT&T, "Reach out and touch someone" as a theme for PSA's to encourage community members to remember and connect with others who may be socially isolated year-round, but especially during the Holiday Season and after.

- Technology Access Ad Hoc Committee

**Action Item:** Approve Committees intent to increase access to available equipment, programs, and internet access for older adults in San Mateo County, especially for the marginalized and the socially isolated.

Task 1: Write letters to and provide public statements at city and county-level meetings to support technology access for older adults.

Task 2: Advocate for older adults to receive support in accessing and learning how to use technology.

7. Member Reports

One minute per Commissioner for updates and announcements.

8. Staff Report:

- Anna Sawamura, Staff to the CoA, AAS Program Services Manager

9. Stretch Break (10 minutes)

10. Presentation on Office of Emergency Services – Jeff Norris

11. Announcements: **The CoA will not meet in December. The next CoA Meeting is January 11, 2021. Happy Holidays!**

12. Adjourn

**Instructions for Public Comment During Videoconference Meetings**

During videoconference meetings of the Commission on Aging, members of the public may address the Commission members as follows:

**\*Written Comments:**

Written public comments may be emailed in advance of the meeting. Please read the following instructions carefully:

1. Your written comment should be emailed to [asawamura@smcgov.org](mailto:asawamura@smcgov.org)
2. Your email should include the specific agenda item on which you are commenting, or note that your comment concerns an item that is not on the agenda or is on the consent agenda.
3. Members of the public are limited to one comment per agenda item.
4. The length of the emailed comment should be commensurate with the two minutes customarily allowed for verbal comments, which is approximately 250-300 words.
5. If your emailed comment is received at least 24 hours prior to the meeting, it will be provided to the Commission members and made publicly available on the Commission website along with the agenda. We cannot guarantee that e-mails received less than 24 hours before the meeting will be read during the meeting but such emails will still be included in the administrative record of the meeting.

**\* Spoken Comments:**

Spoken public comments will be accepted during the meeting through Zoom. Please read the following instructions carefully:

1. The November 9th Commission on Aging General Meeting may be accessed through Zoom online at <https://smcgov.zoom.us/j/91366385593?pwd=RjF3Y212WUJPUiBPVtOMk12RDFHZz09>
2. The meeting may also be accessed via telephone by calling in: 1 669 900 6833, meeting Meeting ID: 913 6638 5593 Passcode: 462490
3. We request that you identify yourself by name as this will be visible online and will be used to notify you that it is your turn to speak. If dialing in by phone, please identify yourself to the Commission.
4. When the staff liaison calls for the item on which you wish to speak, please wait until you are called upon to speak. Staff will unmute speakers in turn.
5. When called, please limit your remarks to the time limit allotted.



**Commission on Aging**

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