



SAN MATEO COUNTY HEALTH  
**AGING & ADULT SERVICES**

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 Director

Aging & Adult Services  
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Commission on Aging General Meeting Minutes - **DRAFT**

Monday, October 19, 2020 9:00 – 11:00 a.m.

Location: ZOOM Virtual Meeting Conducted due to COVID-19

Members present: JoAnne Arnos; Maria Elena Barr; Walter Batara; Karen Coppock; Angela Giannini; Jean Hastie; Christina Dimas-Kahn; Joan Kilroe; Monika Lee; Marita Leth; Michael Mau; Scott McMullin; Cherie Querol Moreno; Liz Taylor.

Members excused: Elsa Agasid; Patty Clement

Staff: Anna Sawamura; Andrew Eng; Cristina Ugaitafa; Diane Madriz

Public: Sandra Lang; Bernie Mellott; Ann O'Brien Keighran; Angela Hey; Wes Taoka; Evelina Chang; Terue Shinohara; Dao Do; Sandra Winter; Becky Flanagan

ITEM	DISCUSSION
1. Call to Order; Pledge of Allegiance; Roll Call	Meeting called to order at 9:03 a.m. by Chairperson Hastie. Commissioner Taylor led the Pledge of Allegiance. Roll Call followed.
2. Oral Communications	<p>Ann O'Brien Keighran announced that Supervisor Canepa and District 5 are planning to hold an Age Friendly Celebration via ZOOM on November 12<sup>th</sup> from 5:30-6:30. More details will follow. Please save the date.</p> <p>Angela Hey shared a youtube link on how to compile a "go" bag: <a href="https://youtu.be/bjIGZILwvg8">https://youtu.be/bjIGZILwvg8</a></p> <p>Evelina Chang with Legal Aid announced that they are holding an IHSS Town Hall meeting on November 29<sup>th</sup> from 11:00am-1:00pm.</p>
3. Approval of Today's Agenda: October 19, 2020	Commissioner Mau motioned to approve the agenda with edits. Commissioner Coppock seconded the motion. Motion passed.
4. Approval of September 14, 2020 minutes	Motion to approve the minutes with edits was made by Commissioner Mau. Commissioner Querol Moreno seconded the motion. Motion passed.
5. Committee and Ad Hoc Reports	<u>Resource Access Committee (RAC)</u> : Chairperson Hastie is currently convening RAC meetings for Commissioner Agasid as she continues her work as an "essential worker." The committee is working on identifying new ways to outreach

during COVID-19. The ad hoc Building Relationship committee is joining the RAC to begin developing and increasing connections with cities in the County.

Ad Hoc Building Relationships Committee:

Commissioner Lee will be leading efforts of the RAC to build new and stronger relationships between the Commission on Aging and other SMC entities that support older adults. Members and the public shared names of city officials for Commissioner Lee to contact to begin developing relationships:

Millbrae – Vice Mayor Ann Schneider

San Carlos – Mayor Ron Collins

South San Francisco – Mayor Rich Garbarino

Middle Income Senior Opportunity (MISO) Committee:

Commissioner Dimas Kahn reported the committee is encouraged by the impact of the Great Plates Delivered Program on older adults throughout the County. Food insecurity is a huge issue especially for the middle income seniors who are continuing to face challenges in keeping up with the County's cost of living. The committee would like to have the ad hoc food insecurity and emergency supplies committee join them. They plan to work on advocating for a similar program to the Great Plates Delivered (GPD) Program when GPD end. They also would like to explore how to better prepare older adults for emergencies.

Transportation: Commissioner Mau held a meeting on October 8<sup>th</sup> with Committee members to discuss current state of transportation. Due to COVID-19, transportation throughout the County has been severely impacted with ridership down as group transportation rides are not being offered. Suggestion was made for the committee to possibly refocus efforts on emergency preparedness.

Social Isolation and Emergency Preparedness:

Chairperson Hastie reported for Commissioner Clement on the work of this committee. With COVID-19, social isolation is an increasing issue. The committee discussed creating a motto and came up with the former AT&T marketing phrase, "reach out and touch someone." They are researching to see if this is a phrase they can use. They would like to pursue advocating for supporting intergenerational connections between older adults and youth to connect and prevent social isolation. They

	<p>also discussed supporting the distribution of the CoA brochures to be distributed to seniors receiving meals.</p> <p><u>Technology Access:</u>  Commissioner Coppock reported that the ad hoc committee discussions focused on increasing available equipment, programs and internet access for older adults in San Mateo County, especially for the marginalized and the socially isolated. The County is supporting internet access and computer equipment for youth but older adults are not visibly included. 2/3 of older adults have access to technology but only 1/3 of low income older adults are able to use technology. The committee did research and found a program, “Older Adults Technology Services” located on the East Coast as well as “Appy Hour” which is a program offered by Peninsula Family Services. The committee would like to help bridge the digital divide by advocating and supporting and increasing the number of existing programs to help older adults.</p>
<p>6. Staff Reports</p>	<p>Director Lisa Mancini provided the following County situational awareness data:</p> <ul style="list-style-type: none"> <li>• 10,810 COVID Positive Tests</li> <li>• 32 new cases were reported over the weekend</li> <li>• 157 total deaths were reported</li> <li>• 21 are hospitalized</li> <li>• 7 are in ICU</li> <li>• 11 ICU beds are available County wide</li> <li>• 186 homeless are being housed for their health and safety</li> </ul> <p>The Great Plates Delivered (GPD) Program continues to provide meals for older adults County wide: 2,530 older adults were provided meals today from 64 restaurants. \$16.3 million went towards supporting the restaurant economy.</p> <p>A new survey is being planned to identify the needs of GPD program recipients when the program ends.</p> <p>Anna Sawamura provided the following data of services being provided by the CBOs:</p> <ul style="list-style-type: none"> <li>• Information and Referral: 1071 inbound calls and 1769 outbound calls were made</li> <li>• Nutrition: 1,572 older adults received 33,374 meals</li> <li>• Adult Day Care: 374 inbound calls and 3,823 outbound calls to clients were made</li> </ul>

	<ul style="list-style-type: none"> <li>Family Caregiver Support Program: 222 inbound calls and 1,395 outbound calls to clients were made</li> </ul>
7. Member Reports	<p>Commissioner Arnos conducted outreach to older adults at the Pacifica Community Center. She handed out 61 Help@Home booklets to those coming to the center for Grab and Go meals. Pictures were shared. Chairperson Hastie thanked her for continuing in her efforts to connect with programs in the community and letting them know the Commission is here to support them.</p> <p>Commissioner Dimas-Kahn announced that Medicare Open Enrollment period began last week and ends on December 7<sup>th</sup>. The HICAP program is providing virtual presentations via TEAMS and ZOOM to assist older adults. People can register by going to the San Mateo County Library website.</p> <p>Commissioner Coppock commended the County and everyone who completed the Census. She shared that San Mateo County had the highest count!</p> <p>Commissioner Querol Moreno announced that Peninsula Family Services is holding monthly “Appy Hours” to assist older adults with technology. A session is being held today from 12:00pm. <b>For more information, please contact Arlene Aquino, <a href="mailto:aaquino@peninsulafamilyservice.org">aaquino@peninsulafamilyservice.org</a></b></p> <p>Chairperson Hastie encouraged everyone to consider attending the next New Beginning Coalition meeting. Cristina Ugaitafa announced the next meeting is being held on November 17<sup>th</sup> from 9:00-10:30am and a presentation on the Digital Divide will be made.</p>
8. Stretch Break	There was a ten-minute stretch break.
9. Presentation on CoA Procedural Rules and Roles of Commissioners	Tara Heumann, County Counsel for CoA, provided a presentation for Commissioners. Q&A followed.
10. Adjourn	Commissioner Querol Moreno made the motion to adjourn. Commissioner Kilroe seconded the motion. The meeting ended at 10:50am.



**Commission on Aging**

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