



SAN MATEO COUNTY HEALTH  
**AGING & ADULT SERVICES**

Commission on Aging General Meeting Minutes

Monday, October 16, 2023 9:00-11:00am

Location: In Person 455 County Center Room 101, Redwood City, CA 94063

Webinar Option for Public Attendance

Members Present: Karen Coppock; Monika Lee; Joyce Porter; Kathy Uhl; Jeffrey Austin; Maria Elena Barr; Eileen Barsi; Patty Clement; Angela Giannini; Marita Leth; Irene Liana; Liz Taylor; JoAnne Arnos

Members Excused: Ophelie Vico

Public Virtual Attendance: Alicia Soltero; Ann Keighran; Christina Irving; Cynthia Nakayama; Nancy Morioka-Douglas; Leah Hopson; Marya Ouro-Gbeleou; Sandra Winter; Wesley Taoka; Amber Shong; Kasey Jo Cullinan; Terue Shinohara; Dao Do; Francine Serafin-Dickson, Brian Schmidt

In Person Public Attendance: Stephanie Figeira; Elyse Brummer.

ITEM	DISCUSSION
1. Call to Order 2. Pledge of Allegiance 3. Roll Call	Meeting called to order by Chair Coppock at 9:00am followed by reciting of the Pledge of Allegiance led by Commissioner Austin. Roll call conducted and quorum was established.
4. Introduction of members of the public	Chair Coppock welcomed all in attendance both in person and virtually. Attendees who wished to introduce themselves were given an opportunity to do so.
5. Oral Communications	No communications were received.
6. Approval of today's agenda, October 16, 2023	Commissioner Clement motioned to approve the agenda, Commissioner Austin seconded. Motion passed.
7. Approval of Minutes, September 11, 2023	First Vice Chair Lee motioned to approve the minutes with edits. Commissioner Barr seconded. Commissioners Clement, Coppock, Giannini, Arnos and Barsi abstained. Motion passed.
8. Committee and Ad Hoc Reports  A. Executive Committee	Chair Coppock requested those who have not completed the survey sent to please do so.  Measure K Listening Session report included: support the need of seniors, for transportation, affordable housing, mental health. RFP will be released in the Fall with selected providers to begin



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services in July 2024. Thanks to all who participated in advocacy.

Looking for new commissioners to fill current 3 vacancies and some will be ending terms in 2024.

CDA monitoring identified that our board composition will need more Asian Americans and men for better representation.

Ad Hoc Nomination Committee report by Commissioner Barr. Chair Coppock and she will be contacting current Commissioners to identify their interest in serving on the Executive Committee. 50% of Commissioners will be contacted by Commissioner Barr and the other 50% will be contacted by Chair Coppock.

On December 4<sup>th</sup> at noon, the Executive Committee would like to convene an ad hoc strategic planning meeting to prepare for the January meeting.

Clarification regarding recording of meetings was shared. The CoA general meetings are recorded and available for the public. Committee meetings will not be recorded.



B. Resource Access and  
Inclusion Committee (RAI  
Committee)

Chair Lee thanked everyone who is helping with the updating of the Help@Home guide.

Commissioner Barr shared that she often is asked about nursing services and if that can be included in the guide.

Commissioner Lee replied that the guide does not include for profit services and nursing services are for profit.

Commissioner Clement shared that a section to describe how to search/select these services would be helpful.

Three additional tabling events are scheduled for October and two for November.

Committee has reviewed its work plan. Completion of tasks has progressed well.

C. Transportation and Aging in  
Community Committee (TAIC  
Committee)

Commissioner Uhl reported that the committee is working with SamTrans on the need for a bus stop in Colma for a housing facility for Veterans.

Additional work with the Paratransit Coordinating Council and the mobility ambassador is occurring.

Committee is looking at the work they can do regarding housing. They are considering to focus on support to keep older adults at home instead of housing.



<p>D. Middle Income Senior Opportunity Committee (MISO)</p>	<p>Commissioner Austin shared that the committee is focusing on their work plan. He also added that they are discussing the role faith based organizations can play in the needs of their older members.</p> <p>Chair Coppock shared that the RAIC also looked at the role of faith based agencies as part of outreach and encouraged the two committees to meet on this item.</p> <p>Commissioner Austin also announced he is working with members to review and develop new work plan goals and objectives.</p>
<p>9. Discussion on Advocacy</p>	<p>Chair Coppock reminded committees that work plans with proposed advocacy items are due. The TAIC Committee work plan is in draft form with goal of submitting in the new year. The MISO Committee is targeting to have the work plan submitted in January.</p>
<p>10. Member Reports</p>	<p>Commissioner Barr shared that she is working on the Age Friendly Task Force in San Bruno and they currently have 30 recommendations. Transportation, housing, safety and security are being brought up for inclusion.</p> <p>Commissioner Lee shared the City of San Mateo and the Age Friendly Task Force are working on having the needs of older adults included in City of San Mateo's general plan. The draft plan was updated to include a new section with categories for older adults</p> <p>Chair Coppock thought this was a wonderful success story and encouraged others to keep working on getting these accomplishments.</p> <p>Commissioner Liana shared that Center for Independence for Individuals with Disabilities (CID) held an event at the San Carlos Community Center</p> <p>Commissioner Porter shared that she is currently attending a Civics 101 class.</p>



	<p>The current class is at night which limits attendance of those who do not want to go out at night.. She is encouraging class organizers to offer the course during the day</p> <p>Commissioner Barsi shared concerns regarding parking and evictions occurring.</p> <p>Commissioner Arnos shared concerns regarding the ZOOM bombers that are beginning to log onto meetings and disrupting the meetings.</p> <p>Commissioner Uhl is a member of the Paratransit Coordinating Council and brought copies of the new SamTrans guide for all Commissioners.</p> <p>Commissioner Giannini shared the medical equipment loan program is going very well. Shared a story of an individual who was able to receive a scooter.</p> <p>Chair Coppock asked if members were interested in having a social event before the end of the year. Commissioners Clement and Taylor volunteered.</p>
11. Staff Report	<p>Anna Sawamura provided the following updates:</p> <ul style="list-style-type: none"><li>• BoS offices are getting requests for older adults seeking volunteer opportunities.</li><li>• Board and Commissions appreciation event is coming up November 7<sup>th</sup>.</li><li>• Youth Commission meeting attended with Commissioner Uhl. Liaison is considering joining committee meetings with TAIC Committee after school.</li><li>• RFP Title IIID was released. The due date is October 26, 2023.</li><li>• The CDA Monitoring was held on September 18-21. The HICAP monitoring was conducted the following week. Thanks to all staff</li></ul>



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	<p>for all the preparation and work for the monitoring.</p> <p>Lisa reported she is happy to be back. She was the interim Director for BHRS and Deputy Chief. Great to hear the advocacy work being done.</p> <p>She has been appointed to the California Commission on Aging Older Adult Behavioral Health Committee.</p> <p>She encouraged members attend the Board of Supervisors meeting to speak about the importance of older adults and the barriers and needs they have. The meeting is at 9:00am tomorrow.to speak about the barriers</p> <p>There will also be a presentation from the Commission on Disabilities at tomorrow's meeting.</p> <p>She welcomed the new providers who attended in person and virtually.</p> <p>Commissioner Porter expressed great concern over the lack of movement with CoA board candidate interviews. Lisa will be discussing this with the BoS.</p>
13. Announcements	<p>Cristina is working with the Executive Committee to discuss content for the presentation in November.</p> <p>Bidders Conference for Title IID is taking place tomorrow, October 17<sup>th</sup>. Please contact her for more information.</p>
14. Demographic Survey Results	<p>Suki Ho shared power point on the results of the survey to date. The survey is still open so for those who have not completed it, there is still time to do so.</p>
14. Stretch Break	<p>Chair Coppock announced the meeting will take a 10 minute break.</p>



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15. Presentation on Advocacy	Brian Schmidt from North Santa Clara Resource Conservation District and Francine Serafin-Dickson from Age Forward Coalition of San Mateo County provided attendees with a presentation on Advocacy.
16. Adjourn	Meeting adjourned at 11:00am.



**Commission on Aging**

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