



SAN MATEO COUNTY HEALTH
AGING & ADULT SERVICES

Commission on Aging General Meeting Minutes
 Monday, September 12, 2022 9:00 – 11:00 a.m.
 Location: ZOOM Virtual Meeting Conducted due to COVID-19

Members present: JoAnne Arnos; Eileen Barsi; Patty Clement; Karen Coppock; Angela Giannini; Monika Lee; Marita Leth; Irene Liana; Joyce Porter; Cherie Querol Moreno; Liz Taylor; Kathy Uhl

Member absent: Jeffrey Austin

Members excused: Maria Elena Barr and Christina Dimas-Kahn

Staff: Nina Rhee; Anna Sawamura; Andrew Eng; Cristina Ugaitafa; Cassie Villar; Diane Madriz and Suki Ho

Public: Ann O'Brien; Benjamin McMullan; Bernie Mellott; Beth Phipps; Christina Irving; Cynthia Nakayama; Danielle Brewer; DCCSC; Deborah Owdom; Emily Chum; Erin Malone; HICAP San Mateo; Hope Nakamura; Mandy Ly; Phillix Fong; Robert Hall; Robert Zadek; Roy Earnest; Sandra Winter; Terue Shinohara; Sophia Brink; Wes Taoka and Winnie Yu

ITEM	DISCUSSION
1. Call to Order Pledge of Allegiance Roll Call	Meeting called to order at 9:00 a.m. by Chair Coppock. Chair Coppock led the Pledge of Allegiance. Acknowledgement of the 21 st anniversary of the 9-11 event. Roll Call followed.
2. Action Item: Passage of resolution 10182021	Commissioner Lee motioned to approve. Seconded by Commissioner Uhl. Motion passed.
3. Introduction of New Commissioners	Chair Coppock introduced four new Commissioners: Jeffrey Austin, Eileen Barsi, Irene Liana and Joyce Porter.
4. Announcement of Commissioner Resignations/Recruitment Efforts	<p>Chair Coppock announced Scott McMullin and Michael Mau's resignations. Meeting attendees were invited to send her notes she will compile into a good bye card for each of them.</p> <p>Chair Coppock noted that there are two vacancies which can be filled from the existing eligibility list upon Board of Supervisors' approval.</p>

5. Introduction of members of the public	23 public participants. Chair Coppock encouraged members of the public to put their name and institution in the chat function.
6. Oral Communications	Robert Zadek, Board Member of Senior Coastsiders made a comment, highlighting work Seniors Coastsiders is doing for older adults within the community.
7. Approval of Today's Agenda	Commissioner Taylor motioned to approve the agenda. Second by Commissioner Arnos. Motion passed.
8. Approval of Minutes: July 11, 2022	<p>Commissioner Querol Moreno raised that Kasey Jo's name was misspelled.</p> <p>Commissioner Querol Moreno motioned to approve with the amendments. Seconded by Commissioner Lee. Motion passed.</p>
9. Committee and Ad Hoc Reports	<p><u>Executive Committee</u> Chair Coppock reported the Buddy Program is coming up. Anna Sawamura will be sending out more information regarding the program. Commissioners are encouraged to sign up for the program.</p> <p>The Executive Committee is reviewing the Work Plans submitted by each committee. There are some overlapping contents. Committee Chairs have already connected to see how the work plans can align. Chair Coppock encouraged committees to add milestones with concrete outcomes and metrics in their work plans.</p> <p>Chair Coppock encouraged Commissioners to join the Executive Committee given that the Statewide General Election is coming up in November.</p> <p>Commissioner Arnos asked how commissioners can get access to meeting recordings. Anna Sawamura replied meetings are recorded for the purpose of note taking. Individuals who are interested in listening to the recordings are welcome to reach out. Meeting information and discussion are also available in minutes and notes.</p> <p><u>Resource Access and Inclusion (RAI) Committee</u> Commissioner Lee reported that the minutes for the July RAI Committee Meeting has been submitted.</p> <p>Shoutout to Commissioner Taylor for helping out with tabling events. Shoutout to Commissioner Arnos for providing contacts within the community.</p>

	<p>Commissioner Lee reported that there is interim update for the COA brochure and suggested that another one can be done when the Commission is fully staffed. Chair Coppock suggested to take a group photo in November and put it in the brochure.</p> <p><u>MISO (Middle Income Senior Opportunities) Committee</u> Anna Sawamura reported on behalf of Commissioner Dimas-Kahn. MISO Committee is continuing to work on their Work Plans submitted to Executive Committee back in July. The scheduled meeting with Senator Becker and his staff has been postponed.</p> <p><u>Transportation and Aging in Community Committee</u> Commissioner Lee reported that Commissioner Uhl will be the Chair for this Committee.</p> <p>Commissioner Uhl reported that the committee meeting focused on discussing SamTrans and Redi Coast. The meeting also covered some good transportation policies in Europe which could be a reference for this Committee.</p>
<p>10. Discussion on Advocacy</p>	<p>Chair Coppock reported that a meeting was held on August 8, 2022 during which the Commissioners had a refresher on the Master Plan for Aging.</p> <p>Commissioners discussed different ways to initiate “Advocacy”, including having an “Ad Hoc Committee,” adding “advocacy element” into the Work Plans, coordinating with community organizations that are already active on advocacy work. It was agreed to have each Committee identify a plan for how they want to include advocacy in their work and to bring that to Executive Committee for discussion.</p>
<p>11. California Senior Legislature -Vacancy</p>	<p>Anna Sawamura reported John Pointer reached out and is in the process of getting candidates serving for 2023. We can have up to two representatives from San Mateo. Anna Sawamura will send out information as it becomes available.</p>
<p>12. Member Reports</p>	<p>Commissioner Lee reported that Age Friendly will have a celebration on September 16, 2022. Both Commissioner Lee and Commissioner Taylor will be representing COA.</p> <p>Commissioner Taylor suggested to have a meet and greet session in October for new Commissioners to ask questions. Anna Sawamura responded that meetings for October and November are already scheduled but December can be a good time.</p>

	<p>Commissioner Giannini reported that she will be meeting with San Carlos mayor regarding a candlelight vigil being held for those impacted by the recent domestic violence attack. She also announced that October is breast Cancer Awareness Month.</p>
<p>14. Staff Report</p>	<p>Anna Sawamura reported that Lisa Mancini has been assigned as the Interim Director for Behavioral Health and Recovery Services. Nina Rhee will be the Interim Director for Aging and Adult Services.</p> <p>Anna Sawamura introduced Cassie Villar, Community Program Specialist, who will be sharing a table with COA at the Senior Showcase event.</p> <p>Meeting with Providers will be held on September 13, 2022. Outcome will be shared after the meeting.</p> <p>Heat wave resource list has been sent out to providers and Commissioners.</p> <p>COVID Bivalent booster is available in San Mateo County. Funding support for providers who help scheduling COVID vaccine appointments and provide transportation support will end on September 30, 2022. Public is encouraged to utilize this service.</p>
<p>15. Stretch Break</p>	<p>There was a 10-minute stretch break.</p>
<p>16. Self Help for the Elderly Presentation</p>	<p>Presentation by Emily Chum, Director of Social Services with Self Help for the Elderly.</p>
<p>17. Announcements</p>	<p>Terue Shinohara announced that Kimochi, Inc. will be having a workshop on senior fire and safety on September 13, 2022 and a disaster preparedness talk on October 30, 2022.</p> <p>Cristina Ugaitafa announced that the next New Beginning Coalition meeting will be held on September 20, 2022 and next week is Fall Prevention Awareness week.</p> <p>Commissioner Arnos reminded the group that next COA general meeting will not be held on regular schedule due to Columbus Day/Indigenous Peoples' Day Holiday. The meeting will be held on October 17, 2022.</p>



Commission on Aging

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