



Commission on Aging (CoA) - Executive Committee Meeting Minutes

Tuesday, September 2, 2025, 12:00-1:00pm

Meeting location: 2000 Alameda de las Pulgas, Room 209

Executive Committee Members Present: Irene Liana, David Linnell

Executive Committee Member Excused: Monika Lee

Commissioners in Attendance: Twila Dependahl, Deborah Owdom

Public in Attendance: None Present

Staff: Anna Sawamura, Melissa Sanchez

Discussion Items	Notes / Discussion / Next Steps
1. Call to order	The meeting was called to order by 1 st Vice Chair Liana at 12:00 pm.
2. Public Comment	No public comments made.
3. Review and approve Sept. 2 nd Executive Agenda	2 nd Vice Chair Linnell approved. 1 st Vice Chair Liana seconded. Motion approved.
4. Review and approve July 7 th Exec. Meeting Minutes	1 st Chair Liana motioned to approve the minutes. 2 nd Vice Chair Linnell abstained. Motion approved.
5. Review and approve July 14 th General Meeting Minutes	1 st Vice Chair Liana motioned to approve with edits. 2 nd Vice Chair Linnell abstained. Motion approved.
6. Review Committee Minutes, Work Plans, and Discuss Committee Issues	<p>Information, Resources and Community Engagement Committee:</p> <p>The report was reviewed and no items for discussion.</p> <p>Social Isolation and Transportation Committee</p> <p>Discussion took place regarding the request to send a letter to Supervisor Canepa. Item will be included on the General Meeting agenda under the Executive Committee for a letter to</p>

	<p>be sent on behalf of the full commission.</p> <p>Aging Readiness and Family Caregiver Support Committee:</p> <p>Commissioner Dependahl attended in person and provided an update on the work being done and the committee's goal of requesting information on aging readiness be included in the next Help @ Home update. The initial goal was to finalize the information at the July 28th meeting. Work continues and September's meeting is now the date to finalize. Discussion took place on whether updates will be made in time.</p> <p>Ad Hoc Committees and Committee Requests:</p> <p>Commissioner Owdom attended in-person to share the status of work being done by the Ad Hoc Help@Home committee. She has sent emails to all commissioners requesting the updates be submitted to her by September 8th. She has received updates from some but not all commissioners and will be providing a list of those still needing to submit at the general meeting.</p>
7. Presentations / Speakers	<p>The September meeting presenters are from the following commissions: Commission on Disabilities, Commission on the Status of Women, and Veterans Commission. Anna Sawamura is working on confirming a presentation on the county's legislative agenda and elder abuse for the months of October and November.</p>
8. BoS Relations / Annual Report / Advocacy	<p>There were no items discussed.</p>
9. Review and approve September 8th General Meeting Agenda	<p>Motion to approve with addition of agenda items by 1st Vice Chair Liana. Seconded by 2nd Vice Chair Linnell. Motion approved.</p>

10. Announcements / Member Reports	Discussion took place regarding reports provided by committees during the general meeting. The executive committee will add this item as an agenda item for the October meeting.
11. Adjourn	2 nd Vice Chair Linnell motioned to adjourn. 1 st Vice Chair Liana seconded the motion. Motion passed. Meeting adjourned at 12:53 pm.

Next CoA GENERAL MEETING: September 8, 2025

Next CoA EXECUTIVE MEETING: October 6, 2025



Commission on Aging

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<http://smchealth.org/CoA>

24-hour line to report abuse (800) 675-TIES (8437)

Health System Chief • Colleen Chawla

Board of Supervisors • Jackie Speier • David Canepa • Noelia Corzo • Ray Mueller • Lisa Gauthier