

San Mateo County Behavioral Health and Recovery Services
AAT/AAA SESSION PREPARATION CHECKLIST*

ITEM	NOTES
Grooming – Coat must be clean, brushed, flea and tick free	
Nails – Trimmed and filed	
Eyes and Ears – Clean and Odor Free	
Teeth – Breath smells normal	
ID for pet – Identifying Therapy Dog Scarf, Vest or Tag	
Animal’s Vaccination Records	
Plastic Bags for animal waste	
Paper towels, antibacterial waterless towelettes, disinfectant cleaner	
Sticky roll brush	
Water dish and bottle	
Treats (if applicable)	
Grooming tools – brush	
Toys – clean and disinfected	
Leashes and collars for visits (as indicated)	
Bed/Crate/Baby-Gate – To restrict pet to approved area	

*Adapted from Visit Preparation Checklist – Delta Society - 2007