Commission on Aging General Meeting Minutes  
Monday, May 9, 2022  9:00 – 11:00 a.m.  
Location: ZOOM Virtual Meeting Conducted due to COVID-19

Members present: JoAnne Arnos; Maria Elena Barr; Patty Clement; Karen Coppock; Christina Dimas-Kahn; Angela Giannini; Marita Leth; Michael Mau; Cherie Querol Moreno; Liz Taylor; Kathy Uhl

Members excused: Monika Lee; Walter Batara; Scott McMullin

Staff: Lisa Mancini; Anna Sawamura; Andrew Eng; Cristina Ugaitafa; Diane Madriz

Public: Ana Lopez; Artemis Rong; Benjamin McMullin; Bernie Mellot; Carmen Santoni; Christina Irving; Dao Do; Erin Malone; Fabiola Cruz; Frances Huang; Jeff Austin; Jos Bols; Kelli Jo Cullinan; Kelly Jo Cullinan; Lynne Siracusa; Miguel Martinez; Natalya Alazrie; Phillix Fong; Robert Hall; Roy Earnest; Ruth Cosey; Sandra Winters; Shawne O'Connell; Sophia Brink; Susan Houston; Terue Shinohara; Wes Taoka

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<th>ITEM</th>
<th>DISCUSSION</th>
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| 1. Call to Order  
Pledge of Allegiance  
Roll Call | Meeting called to order at 9:00 a.m. by Commissioner Coppock. Commissioner Querol-Moreno led the Pledge of Allegiance. Roll Call followed. |
| 2. Action Item: Passage of Resolution# 10182021 | Commissioner Mau motioned to approve. Seconded by Commissioner Uhl. Motion passed. |
| 3. Oral Communications | No Comments |
| 4. Approval of Today’s Agenda: May 9, 2022 | Commissioner Mau motioned to approve the agenda. Seconded by Commissioner Uhl. Motion passed. |
| 5. Approval of April 11, 2022 minutes | Commissioner Giannini motioned to approve. Seconded by Commissioner Taylor. Motion passed.  
Commissioner Dimas-Kahn Abstained |
| 6. Committee and Ad Hoc Reports | **Executive Committee**  
Commissioner Coppock reported that on May 17th she will be |
making a 10-minute presentation of CoAs annual report for the Board of Supervisors. She will also be accepting a proclamation from the Board in recognition of May as Older American’s Month. The report will be presented today and she would appreciate any input/feedback from Commissioners. She is encouraging all to attend.

The Age Friendly Bay Area Channel, led by Commissioner McMullin, recently interviewed Sandi Winters from Senior Coastsiders. She spoke about the work she is doing with Age Friendly. She encourages everyone to listen.

A few months ago, a letter was sent to the Board of Supervisors, specifically to Supervisor Canepa, to increase support for older adults in San Mateo County. The feedback received was to be more specific in terms of actual numbers and programming. The Age Forward coalition included about eight different line items with specific resource requests, both in terms of people and financial resources.

Commissioner Clement reported that she was at the meeting where Supervisor Canepa asked for specifics. After that discussion, they came back with a letter that included and exact dollar amount and number of clients to serve with a total of a $2.5 million ask. They want to encourage them to move it forward to the Board of Supervisors.

Commissioner Uhl motioned to endorse the letter. Seconded by Commissioner Mau. Motion passed.

**Resource Access Committee**
Commissioner Querol Moreno reported that the Help at Home Resource guide is currently being printed. She is requesting that all of the Commissioners help in promoting, publicizing and distributing the new booklet. Commissioner Coppock also reported that there will be online and print versions translated into Spanish and Chinese as well.

Commissioner Querol Moreno also requested that more members of the CoA be involved in their local Age Friendly initiatives.

At the retreat, there was a discussion of aligning themselves more with the third goal which is isolation and equity. The committee is planning to change the name of the committee to “Resource Access and Isolation.”
**MISO (Middle Income Senior Opportunities) Committee**

Commissioner Dimas-Kahn reported that they continue to work on their workplan. They are also working on a possible name change. Most of the committee members would like to stay with the current one.

She had a conversation with a New York Times reporter regarding a program that saves Medicare beneficiaries money on their Medicare premiums and co-pays. She brought up the hidden poor, the middle-income seniors, and the real issue that most of the states do not use the elder index. She is hoping that this information gets into the article so they can get nationwide visibility.

**Transportation Committee**

Commissioner Mau reported that at their last meeting they discussed trying to incorporate some additional goals from the Master Plan For Aging. They also discussed a possible name change. They would like to also include some aspects of housing but with Transportation being the focus of the committee.

Last week he accepted a proclamation from SamTrans for Older American’s month of May.

**7. Member Reports**

Commissioner Coppock would like Commissioners and other task force members to begin reporting about the work that they are doing with Age Friendly during the commission meetings. She is open to suggestions as to when and how often.

Commissioner Mau suggests doing it during member reports.

Commissioner Lee would like to ask the taskforce to send in a written report.

Commissioner Coppock suggested someone volunteer to compile these reports ahead of time due to their being 17 commissioners and the amount of time it would take for everyone to report out at each meeting.

Commissioner Dimas-Kahn suggested a hybrid. Having commissioners do a quick 30 second report and the RAC committee compile a written report. She also suggested to check in with the coordinators of the various cities to get the most up to date information.

Commissioner Coppock reports that she is being interviewed for the Age Friendly Belmont Taskforce. They will be having some
focus groups after hours to accommodate those people that are still working. If anyone has any suggestions on the needs or issues related to Older Adults and Belmont please let her know.

Commissioner Taylor reported that Colma was having their city-wide garage sale so she went around on her bike and passed out the Help at Home booklets. She realized that there were a lot of people that did not know about it. She is suggesting that they look for other ways of getting the word out including going to the media.

Commissioner Querol-Moreno reported that they are creating a flyer promoting the Help at Home booklet specifically for organizations and local government offices to help get the word out.

Commissioner Mau reported that Pacifica’s Age Friendly Community Coalition is hosting a workshop regarding strategies for finding affordable senior housing on May 12th from 3:00-4:30 pm at their community center.

Roy Earnest reported that Café has decided that they want to keep their website updated (www.cfafe.org). If anyone has any news about what is going on in their local Age Friendly Initiative community group, please let him know so he can put it on their website and/or Facebook page. He also created a resource for the housing workshop in Pacifica. He created a list for only affordable Senior Housing.

8. Staff Reports

Lisa Mancini reported that she has seen Covid cases increase in the county. As of now, they are not putting out any mandates. They are highly encouraging people to wear masks when they are indoors in public places as well as getting the vaccinated.

AAS is highly supporting AB 2547, that was put forward by Assemblyman Nazarian. The California Department of Aging would establish and maintain a housing subsidy program that could grant CBOs and public housing authorities money to provide subsidies to those who are homeless and those at risk of homelessness. It is similar to what they are doing with their home safe program in adult protective services.

AAS is now moving from 37th Avenue to 2000 Alameda de Las Pulgas Suite 200. Some people have already moved over. Everyone will officially be there by May 16th.
Anna Sawamura reported that last week the Age Forward Coalition had the opportunity to meet with several Bay Area and specifically, San Mateo County Assembly Members and Senators to talk about the needs of the county. The two bills that they did bring up were funding for Title IIIB supportive services which would help to support the programs that are Older American Act funded which includes programs such as transportation, adult day services and legal aid. There is about $33 million in one time only funding over a 3 year period that they are trying to advocate for.

The second item that they are really trying to advocate for is to continue support for programs that can help with food insecurity in the county. There is about $70 million that is being requested to help expand nutrition programs throughout the state. There was a lot of support that was provided during covid via Major Disaster Declaration funds but unfortunately that is coming to an end soon.

Another area they are supporting are Family Caregiver Support programs, Community based service restoration and Investing in Modernizing the Older Californians Act which is the federal funds that support the programs that the county administers. All of these are being brought to the floor.

The Older Americans Act request for proposal was released on February 23 and the deadline to submit was April 21st. The staff and members of the community have been extremely busy reviewing proposals. Hoping to be able to start meeting with providers after May 13th which is the last date of the evaluation panel meetings. Afterwards, they will be reviewing the monies that they have available, the proposals that have been ranked and then setting negotiation meetings with the providers to be able to execute contracts that can begin services from July 1st.

Contract Provider Monitorings of programs and services were postponed due to the pandemic but have resumed. Staff will be reaching out in May and June to schedule with providers. Nutrition providers will be done mostly in person and some will be done virtually and all will be completed by the end of the fiscal year.

There is new funding coming to CDA called Older Adult Recovery and Resilience funds (OARR). This is specifically to continue funding to support programs that are also focused on some of the Master Plan For Aging’s five goals. They are releasing funds differently by releasing them by program categories. Information has been received that the Legal Services Program and the Family Caregiver Support programs are slated for preliminary
There was a ten-minute stretch break.

There is new funding for the nutrition programs called the Nutrition Infrastructure Funding and all of the Area Agencies on Aging (AAA), 33 in total, are receiving a base allocation of $300,000 to help support nutrition providers in one-time purchases of vehicles or equipment that they may need in their kitchens to be able to offer them capital support. This is not something that comes often.

A new opportunity related to the Master Plan For Aging is Aging and Disability Resource Connections which is a program that will provide a place where Older Adults and Adults with Disabilities can receive Information and assistance on all the different programs available in the county which parallels some of the work that is being done at the Aging and Adult Services hotline. This is an opportunity to have a more formal connection to CID and work in partnership. It will be funded as an emerging ADRC from July 1, 2022. They will have one fiscal year to begin discussions and finding ways to work closely together.

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<th>9. Stretch Break</th>
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<td>10. Presentation</td>
<td>CoA Annual Report by Karen Coppock</td>
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<td>11. Adjourn</td>
<td>The meeting was adjourned by Chairperson Coppock at 10:51 am.</td>
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