



SAN MATEO COUNTY HEALTH
AGING & ADULT SERVICES

Lisa Mancini
 Director

Aging & Adult Services
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Commission on Aging General Meeting Minutes
 Monday, April 11, 2022 9:00 – 11:00 a.m.
 Location: ZOOM Virtual Meeting Conducted due to COVID-19

Members present: JoAnne Arnos; Maria Elena Barr; Patty Clement; Karen Coppock; Angela Giannini; Marita Leth; Michael Mau; Scott McMullin; Cherie Querol Moreno; Liz Taylor; Kathy Uhl

Members absent: Jean Hastie; Walter Batara; Christina Dimas-Kahn; Monika Lee

Staff: Lisa Mancini; Anna Sawamura; Andrew Eng; Cristina Ugaitafa; Diane Madriz

Public: Alex Tan; Ana Lopez; Ann Cooney; Artemis Rong; Benjamin McMullin; Bernie Mellot; Beth Phips; Cynthia Nakayama; Erin Malone; Fabiola Cruz; Frances Huang; Ilze Duarte; Jerron Harding; Kamilah Najieb-Wachob; Natalya Alazraie; Phillix Fong; Robert Hall; Ryan Kawamoto; Sandra Lang; Sandra Winters; Shawne O’Connell; Terue Shinohara; Wes Taoka

ITEM	DISCUSSION
1. Call to Order Pledge of Allegiance Roll Call	Meeting called to order at 9:00 a.m. by Commissioner Coppock. Commissioner Barr led the Pledge of Allegiance. Roll Call followed.
2. Action Item: Passage of resolution 10182021	Commissioner Mau motioned to approve. Seconded by Commissioner McMullin. Motion passed.
3. Oral Communications	No Comments
4. Approval of Today’s Agenda: April 11, 2022	Chairperson Coppock requested the addition of the action item to appoint Monika Lee to represent the Commission on Aging on the Housing and Development Committee. Commissioner Taylor motioned to approve the agenda with this addition. Seconded by Commissioner Querol Moreno. Motion passed.
5. Approval of March 14, 2022 minutes	Commissioner Barr motioned to approve. Seconded by Commissioner Uhl. Motion passed.

<p>6. Committee and Ad Hoc Reports</p>	<p><u>Executive Committee</u> Commissioner Coppock presented the action item to appoint Commissioner Lee to the Housing and Community Development committee. Commissioner McMullin made the motion. Commissioner Arnos seconded the motion. Motion passed.</p> <p>Commissioner Coppock reported on the planned presentation schedule for the remainder of the year. In May, she will be presenting CoA’s Annual report. In June there will be a presentation from the LGBTQ commission. In July a representative from SamTrans will talk about services available for older adults. In September a presentation on Anti-Asian sentiments is planned. Self Help for the Elderly has received funding to address this issue in both San Francisco and San Mateo Counties. In October, we will be having an overview of all the programs that are funded through aging and adult services. In November, the MISO group is scheduling a presentation. In January the RAC will start off the year with a rebuilding relationship gathering.</p> <p><u>Resource Access Committee</u> Anna Sawamura reported that the Help at Home guide has been finalized. Staff are working on translations of the guide into Chinese and Spanish. Commissioner Lee plans to attend the RAC meeting where the committee plans to work on RAC work plans as discussed at the board retreat.</p> <p><u>MISO (Middle Income Senior Opportunities) Committee</u> Commissioner Barr reported that they are working on aligning themselves to the master plan and one of the issues being discussed is “affording aging.” They are also concentrating on bridging the technological divide. Anna Sawamura reported that another topic of discussion was supporting universal basic income to cover costs like food, housing and medical care. Research on how it’s working in other counties is being considered.</p> <p><u>Transportation Committee</u> Commissioner Mau reported that notes from the last meeting have been circulated via email. The next transportation committee meeting will be this Thursday at 3 pm. One topic of discussion as a follow up to the retreat is the possibility of the expansion or addition of new goals. They are considering renaming the committee to include other goals from the Master Plan for Aging.</p>
<p>7. Member Reports</p>	<p>Commissioner McMullin reported that one thing they have found to be a common thread in all of the committees is that communication is key. They could have all the services in the</p>

	<p>world but if they don't know about it then it doesn't matter. He was fortunate enough to be approached by a tv station in Mountain View, KMVT 15, to do a regular program on the Village services. He asked to expand it to all services for Older Adults in the Bay Area and they approved so he names it Age Friendly Bay Area. It's a monthly series of interviews which started in January. The first interview was with Diana Miller who is the Age Friendly guru for Santa Clara County and works for Aging and Adult Service. The second interview in February was with Susan Houston with Peninsula Family Service. The third was with the Executive director of Village Movement California. The next one will be with Sandi Winter representing Senior Coastsiders. While he has a plan for most of the year, there are still openings. He is requesting suggestions on specific programs or leaders in the community who are engaged in Senior Services.</p> <p>Commissioner Coppock wanted to thank everyone for a successful retreat. She requested committees complete workplans by June with the goal of presenting them at the June or July meeting. After workplans are developed each committee will be asked to provide quarterly updates.</p>
8. Staff Reports	<p>Lisa Mancini wanted to congratulate the Commission on a successful retreat.</p> <p>She heard earlier in the meeting that the Commissioners would be interested in hearing more and learning about the kinds of services that Aging and Adult Services is offering and would be willing to update everyone in her monthly staff report. She also heard that they want to learn more about the legislation especially in California, and she can also include updates in her report. She can share what she receives from the California Association of Area Agencies on Aging as well as local initiatives.</p> <p>The curve keeps moving up in the vaccinations and booster shots that the county is providing. A second booster has been authorized for those 65 and older and also for those who are 50 and older with underlying health conditions. There have been a lot of questions regarding when you should get your second booster and whether you should wait. The recommendation is to consult your primary care physician.</p> <p>Commissioner Coppock would like more information on AB 2583, the Alzheimer's and Dementia policy training bill.</p> <p>Lisa Mancini will check in on this and see what the county is planning on doing with this bill.</p>

	<p>Anna Sawamura reported that there may be some changes to the virtual CoA and committee meetings. On the state level, on April 1, the current state of emergency allowing them to meet virtually is ending. Each of the counties will need to start making decisions on when they need to change their meeting structure. She did meet on the county level with other Board and Commission members regarding when they would be required on the county level to begin changing the meeting structure and that is still being looked at. President Horsley is wanting to move back to in person meetings but at this time, there is no official requirement to change how these meetings are conducted. They are being as flexible as possible right now understanding that these meetings have been held virtually for well over two years now and that changing back to in person meetings will present different types of challenges. They have also seen that meeting virtually has really been able to not only increase participation, but it's also been a much easier way for people to be able to connect and communicate. They will need to start looking at in person meetings at least on the general meeting level but thinks that if recommendations are made for committees to continue meeting virtually it would very much be an option. Before the pandemic, it was required if people were not going to be meeting in person and connecting in other ways, you would be required to post and allow the public or others to join the meeting. That is no longer the case.</p> <p>The Request for Proposals was released on February 23rd with the deadline to submit: April 21st for services to begin on July 1st. She thanked those commissioners that volunteered to be on the evaluation panel. Review meetings will be virtual.</p> <p>Advocacy that was done by National Meals on Wheels resulted in successfully securing additional funding for nutrition infrastructure grants. For the first time in a long time, providers can receive funding to help them with possibly purchasing more vehicles for home delivered meals. Kitchen equipment can also be purchased. Aging and Adult Services will submit a request for proposal to request infrastructure support when the funding is released.</p>
9. Stretch Break	There was a ten-minute stretch break.
10. Presentation	Senior Planet: "Aging with Attitude", Presentation on Technology Services by Ryan Kawamoto
11. Adjourn	The meeting adjourned by Chairperson Coppock at 10:55 am.



Commission on Aging

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