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CONFIDENTIAL PATIENT INFORMATION: See California Welfare and Institutions Code Section 5328.

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San Mateo County Behavioral Health & Recovery Services

Authorization for the Verbal Release of Protected Health Information to Family, Friends, or Individuals Providing Social Support

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Name of Client _____

Date of Birth _____ Mental Health # _____

I hereby authorize SAN MATEO COUNTY MENTAL HEALTH SERVICES DIVISION to **verbally** discuss the following information obtained in the course of my psychiatric and/or drug and alcohol assessment and treatment, as indicated by my initials, to designated person(s):

_____ My general status in the program
_____ My general physical and mental health
_____ My goals in the program
_____ My medication
_____ How to support my progress in the program
_____ Special problem areas (please specify)
_____ Hospitalization

Other: _____

_____

The above indicated information may be verbally discussed only with the following designated person(s):

Name _____   Name _____

Address _____   Address _____

Phone _____   Phone _____

Relationship _____   Relationship _____

This consent is limited to the release of **verbal** information only. Release of the specified **verbal** information to any person not specified is prohibited. An additional written consent must be obtained for a proposed new use of the verbal information or for its transfer to another person.

This authorization shall be valid for a one-year period from the date it is signed, unless consent is withdrawn in writing.

_____   _____
Client Signature   Date

_____   _____
Signature of Treating Clinician   Date

_____   _____
Parent, Guardian or Authorized   Date
Representative of Client

(California law prohibits recipients of your health information from redisclosing such information except with your written authorization or as specifically required or permitted by law. If you have authorized the disclosure of your health information to someone who is not legally required to keep it confidential, it may be redisclosed and may no longer be protected.)