

**CONFIDENTIAL
PATIENT
INFORMATION:
See California
Welfare and
Institutions Code
Section 5328.**

San Mateo County Behavioral Health & Recovery Services

**Authorization for the Verbal Release of Protected
Health Information to Family, Friends, or Individuals
Providing Social Support**



Name of Client _____

Date of Birth _____ Mental Health # _____

I hereby authorize SAN MATEO COUNTY MENTAL HEALTH SERVICES DIVISION to **verbally** discuss the following information obtained in the course of my psychiatric and/or drug and alcohol assessment and treatment, as indicated by my initials, to designated person(s):

- _____ My general status in the program
- _____ My general physical and mental health
- _____ My goals in the program
- _____ My medication
- _____ How to support my progress in the program
- _____ Special problem areas (please specify)
- _____ Hospitalization

Other: _____

The above indicated information may be verbally discussed only with the following designated person(s):

Name _____	Name _____
Address _____	Address _____
Phone _____	Phone _____
Relationship _____	Relationship _____

This consent is limited to the release of **verbal** information only. Release of the specified **verbal** information to any person not specified is prohibited. An additional written consent must be obtained for a proposed new use of the verbal information or for its transfer to another person.

This authorization shall be valid for a one-year period from the date it is signed, unless consent is withdrawn in writing.

_____ Client Signature	_____ Date
_____ Signature of Treating Clinician	_____ Date
_____ Parent, Guardian or Authorized Representative of Client	_____ Date

(California law prohibits recipients of your health information from redisclosing such information except with your written authorization or as specifically required or permitted by law. If you have authorized the disclosure of your health information to someone who is not legally required to keep it confidential, it may be redisclosed and may no longer be protected.)