Confidential Patient Information:
See California Welfare and
Institutions Code Section 5328

Authorization for the Verbal Release of Protected Health Information to Family, Friends, or Individuals Providing Social Support

Name of Client ____

Date of Birth ______________________________ Mental Health # ______________

I hereby authorize SAN MATEO COUNTY MENTAL HEALTH SERVICES DIVISION to **verbally** discuss the following information obtained in the course of my psychiatric and/or drug and alcohol assessment and treatment, as indicated by my initials, to designated person(s):

_______ My general status in the program _______ My general physical/mental health

_______ My medication _______ Treatment related information _____ Hospitalization

_______ Other: ____

The above indicated information may be **verbally discussed** with the following:

Name ___________________________ Name ___________________________

Phone ___________________________ Phone ___________________________

Relationship ______________________ Relationship ______________________

❑ This consent is limited to the release of **verbal** information only. Release of the specified **verbal** information to any person not specified is prohibited. This authorization shall be valid until 3 years from the date this form was signed/authorized, unless consent is withdrawn in writing, or another date is specified. **Date of expiration** _______________

Client/Legal Representative
Signature/Name ____________________________________ **Date** _____________
Client/Legal Representative

If signed by someone other than the client, legal relationship to the client is: ____.

Witness/Clinician Signature _____________________________ **Date** _____________

(California law prohibits recipients of your health information from redisclosing such information except with your written authorization or as specifically required or permitted by law. If you have authorized the disclosure of your health information to someone who is not legally required to keep it confidential, it may be redisclosed and may no longer be protected.)