

September is
Suicide Prevention Month

Calendar of Events



Thursday, September 10, 2026 | 9:00 AM–12:00 PM

Mission Follows You Home: Veteran & First Responder Mental Health Forum

Central Peninsula Church, 1005 Shell Blvd, Foster City, CA

Thursday, September 17, 2026 | 6:00 PM–8:00 PM

**One New Heartbeat Presents Suicide Awareness Month
Aging Adults & the Mental Health Crisis**

Zoom Meeting ID: 881 6208 0580 | Passcode: 102808

Tuesday, September 22, 2026 | 6:30 PM–8:05 PM

NAMI SMC Speaker Event: Judge Michael Wendler

Register to receive in-person and Zoom location details.

Tuesday, September 29, 2026 | 11:30 AM–1:00 PM

**Seeing Through Stigma Panel –
Suicide Prevention Month Special**

Heart and Soul, Inc. Drop-In Center, 1633 Old Bayshore Hwy, Suite 160, Burlingame, CA
Zoom Meeting ID: 82720647565 | No Passcode Required



**SAN MATEO
COUNTY HEALTH**
All together better.

For pre-registration, updates and details,
visit SMCHealth.org/SuicidePreventionMonth

