

Free Essential Caregiving Skills Workshops for San Mateo County IHSS Providers!

July 2018



Infection Control (English): Learn universal precautions and how to create a safe and healthy environment for you and your client.

When: Wednesday, July 25, 2018

Time: 5:30p – 8:30p

Nutrition (English): Learn nutrition basics, tips for shopping and preparing food for older adults and individuals living with chronic health conditions.

When: Monday, July 30, 2018

Time: 1:30p – 4:30p

Workshops Location:

**San Mateo County Health System Building
225 37th Avenue, San Mateo, Room 100**

To Register for Workshops:

Call Stacy Goldsby (650) 578-7146

¡Talleres en Español a partir en Agosto!

Para más información, llame Stacy Goldsby (650) 578-7146

中文翻译吗？請致電 (650) 573-3565 與李太聯絡

smchealth.org/paworkshops

