Cultural Humility Group Agreements

- Listen as if the speaker is wise; listen to understand
- Practice “I” statements when speaking
- Okay to respectfully disagree
- Take risks
- No pressure to speak
- Be disciplined about not making assumptions
- No blaming, no shaming
- Confidentiality if stories are shared
- Courage to interrupt if something is going amiss or being left unsaid: make the invisible visible
- Voices, thoughts, ideas, experiences welcome
- Pay attention to what moves you: use oops and ouch