SMCHealth.org/Suicide-Prevention-Month

2021

BE SENSITIVE BE BRAVE for SUICIDE PREVENTION

Is a foundational workshop in suicide prevention that teaches how to act as eyes and ears for suicidal distress and connect individuals with appropriate services. Workshop participants will learn to recognize suicide risk, how to ask individuals if they are thinking about suicide, and connect them with help.

WHO: ages 12-18 years

WHEN: Saturday September

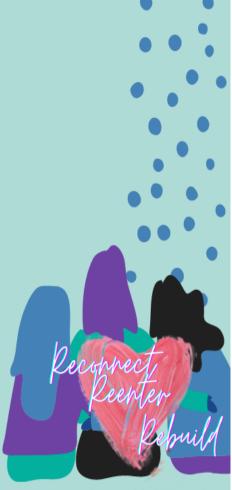
25, 4-6:30 pm

WHERE: 975 Sneath Lane (in

the gym) San Bruno, CA 94006

REGISTER:

https://www.eventbrite.com/e/be-sensitive-be-brave-bsbb-training-and-panel-for-youth-ages-12-18-tickets-170686266217



StarVista Crisis Hotline 650-579-0350 Crisis Text Line Text "Bay" to 741-741

This event is hosted by Millbrae Leos Club, Church of Jesus Christ of Latter Day Saints and Office of Diversity and Equity (ODE) of San Mateo County Behavioral Health and Recovery Services (BHRS)