



Prop. 1 – Behavioral Health Services Act (BHSA) Transition Taskforce

Meeting #3 – August 7, 2025



SAN MATEO COUNTY HEALTH

**BEHAVIORAL HEALTH
& RECOVERY SERVICES**

Welcome & Introductions

- Please share your name, pronouns, and affiliation in the chat



Taskforce Meetings

4 x 90-minute hybrid meetings, every other month (12 hours total time commitment)

Meeting #1 4/3/2025

- Introduction to Prop 1 – BH Transformation
- Community Program Planning (CPP) Framework

Meeting #2 6/5/2025

- Prop. 1 - BHSA Overview
- BHSA Planning and Program Requirements



Meeting #3 8/7/2025

- Community Input Session with the Transition Taskforce

Meeting #4 10/2/2025

- Themes from Community Input Sessions & Survey
- The Behavioral Health Continuum of Care

** Visit www.smchealth.org/mhsa, under the “Announcement” tab for most up-to-date information*

Agenda & Objectives

Agenda

1. Welcome & Logistics
2. General Public Comments
3. Input Session Overview
4. Input Session Breakouts
5. General Q & A
6. Adjourn

Objectives

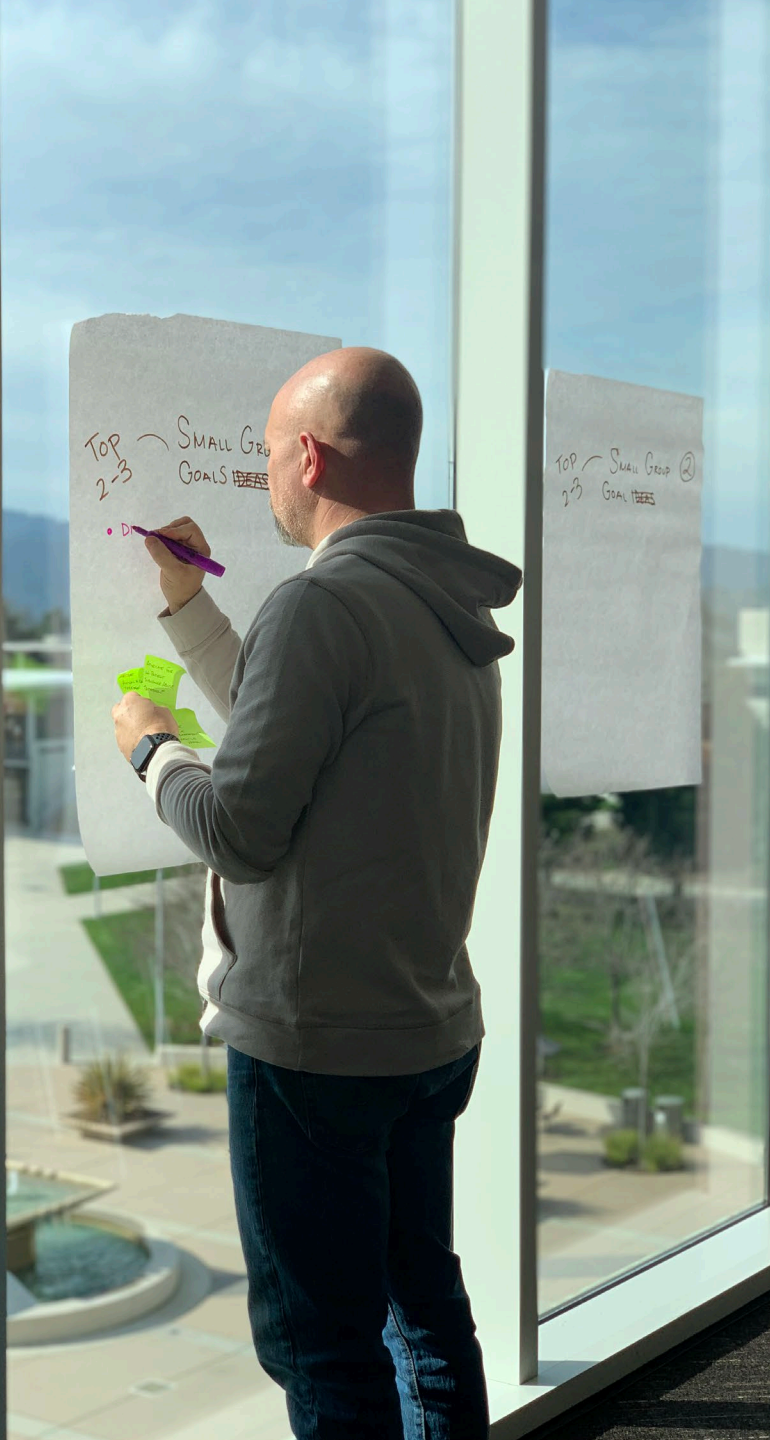
- Review the state required Priority Goals that will guide the input session discussions
- Facilitate space for BHSA Transition Taskforce members to provide input on strategies to address gaps across the Priority Goals

Glossary of Key Terms

- **Serious mental illness (SMI) and/or Substance use disorder (SUD)** are mental health challenges and/or recurrent use of alcohol and/or drugs resulting in serious functional impairment, which substantially interferes with major life activities.
- **Specialty Mental Health Services (SMHS) and Drug Medi-Cal Organized Delivery System (DMC-ODS)** primarily provided by County Behavioral Health Plans are intensive mental health and SUD services provided to clients that meet medical necessity criteria.
- **Non-Specialty Mental Health Services (NSMHS)** primarily provided by Managed Care Plans focus on individuals with mild to moderate needs, County Behavioral Health Plans also provide NSMHS through early intervention strategies.
- **Penetration Rates** are the percentage of Medi-Cal eligible individuals who receive specific behavioral health services and can indicate how effectively a program or system reaches and serves its intended population.
- **Co-occurring capacity** focuses on the ability of providers to address mental health and substance use disorders; integrated services provides care concurrently, rather than being referred to separate programs or services.
- **Continuum of care** is a comprehensive range of health and support services to individuals ensuring seamless transitions between different levels of need.
- **Evidence-based practices (EBPs)** have documented (e.g., peer-reviewed studies, and publications) effectiveness on improving behavioral health. **Community-defined evidence practices (CDEPs)** are an alternative or complement to EBPs, that offers culturally anchored interventions.
- **Medi-Cal billing** is the process of submitting claims to California's Medicaid program, Medi-Cal, for reimbursement of services provided.

A few logistics...

- Agenda, handouts, slides: www.smchealth.org/MHSA, under “Announcements” tab
- Stipends for clients and family members participating
 - Via chat (private message) - please provide your email
- Poll – Demographics



Participation Guidelines

- Question/comment opportunity after each agenda item
 - Enter questions in the chat box as we go
 - “Raise Hand” option
- Share your unique perspective and experience
- Share the airtime
- Practice both/and thinking - consider others’ ideas along with your personal interests
- Be brief and meaningful



General Public Comments (10 min)



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How to Give Public Comment



- Online Form:
 - www.surveymonkey.com/r/MHSAPublicComment
- Email: mhsa@smcgov.org
 - optional [form](#) can be downloaded from www.smchealth.org/MHSA, under "Announcements" tab
- Phone message: (650) 573-2889

*Quick Tips – How to Give Public Comment at a public meeting

BHSA Community Input Sessions Overview



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State Required Priority Goals

⊕ ↑ Access to Care



⚖️ ↓ Justice-Involvement



🏠 ↓ Homelessness



👤 ↓ Removal of Children From Home

🧠 ↓ Institutionalization

🔒 ↓ Untreated Behavioral Health Conditions

↑ Social Connection



Community Input Session Topics

Visit www.smchealth.org/mhsa, for the most up-to-date information

Prop. 1 - Behavioral Health Services Act (BHSA) Community Input Sessions

Join behavioral health staff, providers, clients and families to provide input.

Share your input at a Community Input Session this summer where we will review San Mateo County's status on each of the required Prop. 1 Priority Goals and discuss strategies to address identified needs.

Group	Priority Goal (all sessions will discuss Access to Care + add'l topic)	Date	Time	Meeting Information
Diversity and Equity Council	Untreated Behavioral Health Conditions	8/1/2025	11:00am - 12:00pm	Zoom link Meeting ID: 840 4489 5737 Passcode: DEC BHRS
Children and Youth System of Care (CYSOC)	Removal of Children from Home	8/4/2025	3:30pm - 4:30pm	<i>Closed Session</i>
Lived Experience Education Workgroup (LEEW)	Institutionalization	8/5/2025	3:30pm - 4:30pm	<i>Closed Session</i>
BHSA Transition Taskforce	Homelessness, Justice Involvement, Social Connection	8/7/2025	3:00pm - 4:30pm	Zoom link
North County Outreach Collaborative	Access to Care – Early Interventions	8/8/2025	9:30am - 10:30am	<i>TBD</i>
East Palo Alto Community Service Area	Access to Care – Early Interventions	8/28/2025	1:00pm - 2:00pm	<i>TBD</i>
<u>Coastside Collaborative</u>	Institutionalization	8/18/2025	4:00pm - 5:00pm	Zoom link Meeting ID: 952 6730 6599 Passcode: <u>Coastside</u>
Housing Operations and Policy (HOP) Committee	Homelessness	8/14/2025	9:00am - 10:00am	Zoom link
Peer Providers	Untreated Behavioral Health Conditions	8/12/2025	4:30pm - 5:30pm	Zoom link
Contractors Association	Untreated Behavioral Health Conditions	8/21/2025	9:00am - 10:00am	<i>Closed Session</i>
Alcohol and Other Drug (AOD) Providers	<i>TBD</i>	9/4/2025	10:30am - 11:30am	<i>Closed Session</i>
Behavioral Health Commission (BHC) AOD Committee	Homelessness	9/10/2025	4:00pm - 5:00pm	Teams link Mtg ID: 299 707 975 332 Passcode: cw79zA3m
BHC Adult Recovery Committee	Justice Involvement	9/17/2025	10:30am - 11:30am	Zoom link
BHC Older Adult Committee	Institutionalization	9/17/2025	1:00pm - 2:00pm	Zoom link
BHC Youth Committee	<i>TBD</i>	<i>TBD</i>		

**Please check back regularly for most up-to-date information – last updated 7/28/25*

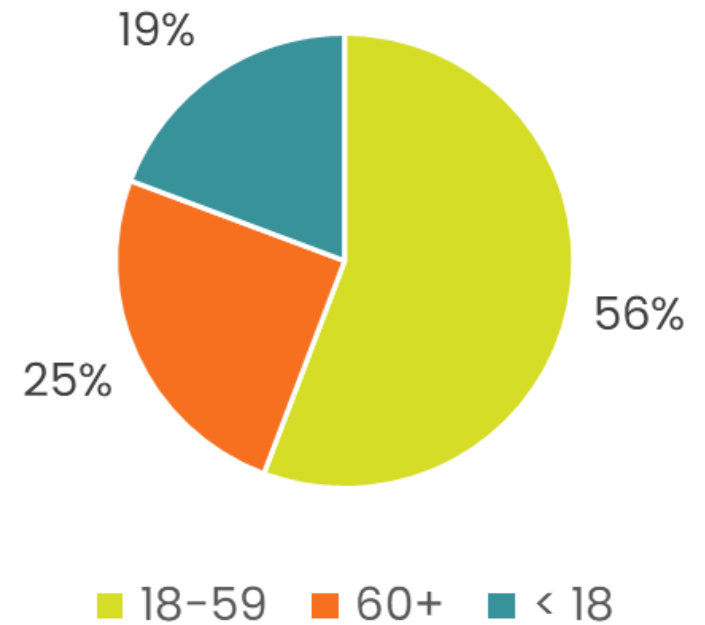
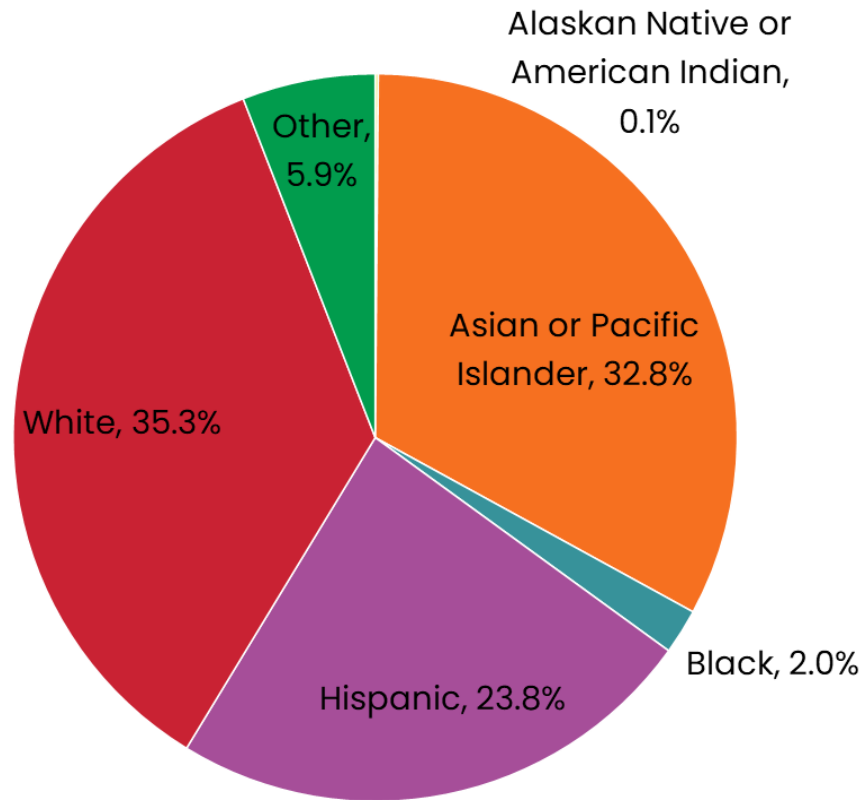
Input Session Breakouts



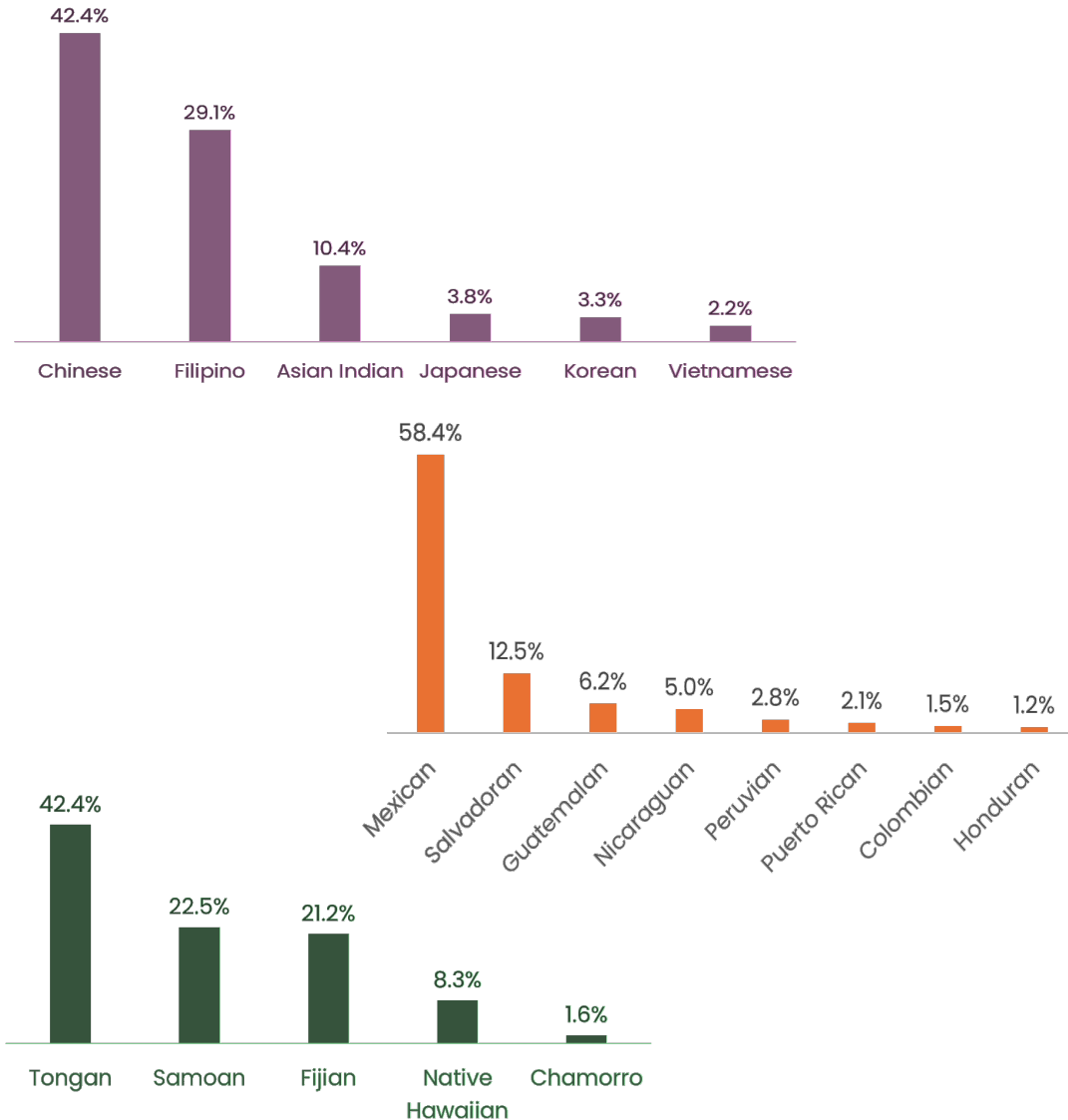
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San Mateo County Demographic Overview



Race/Ethnicity Overview: San Mateo County



- San Mateo County is an ***ethnically diverse community*** mostly split in thirds between Asian, White, and Latino/a/x communities.
- When we talk about Asian communities, we are talking largely about **Chinese**, **Filipino/a/x**, and **Asian Indian** ethnicities.
- Our Latino/a/x community largely corresponds to **Mexican** and **Central American** ethnicities.
- In San Mateo County, Pacific Islander communities are largely **Tongan**, **Samoan**, and **Fijian** ethnicities.

Why does this matter?

Behavioral health outcome analyses will employ an equity-oriented approach and allow us to identify disparities in outcomes by specific demographics (age, race*).

**While the race categories have been determined by the state, when we talk about San Mateo County consider the specific makeup of ethnic communities.*

Breakout Options:

- Each breakout session will start with short data overview and followed by facilitated discussion to brainstorm strategies.

Room #1

**Access to
Care**

Room #2

**Social
Connection**

Room #3

**Justice
Involvement**

In Person

**Social
Connection /
Homelessness**

Access To Care



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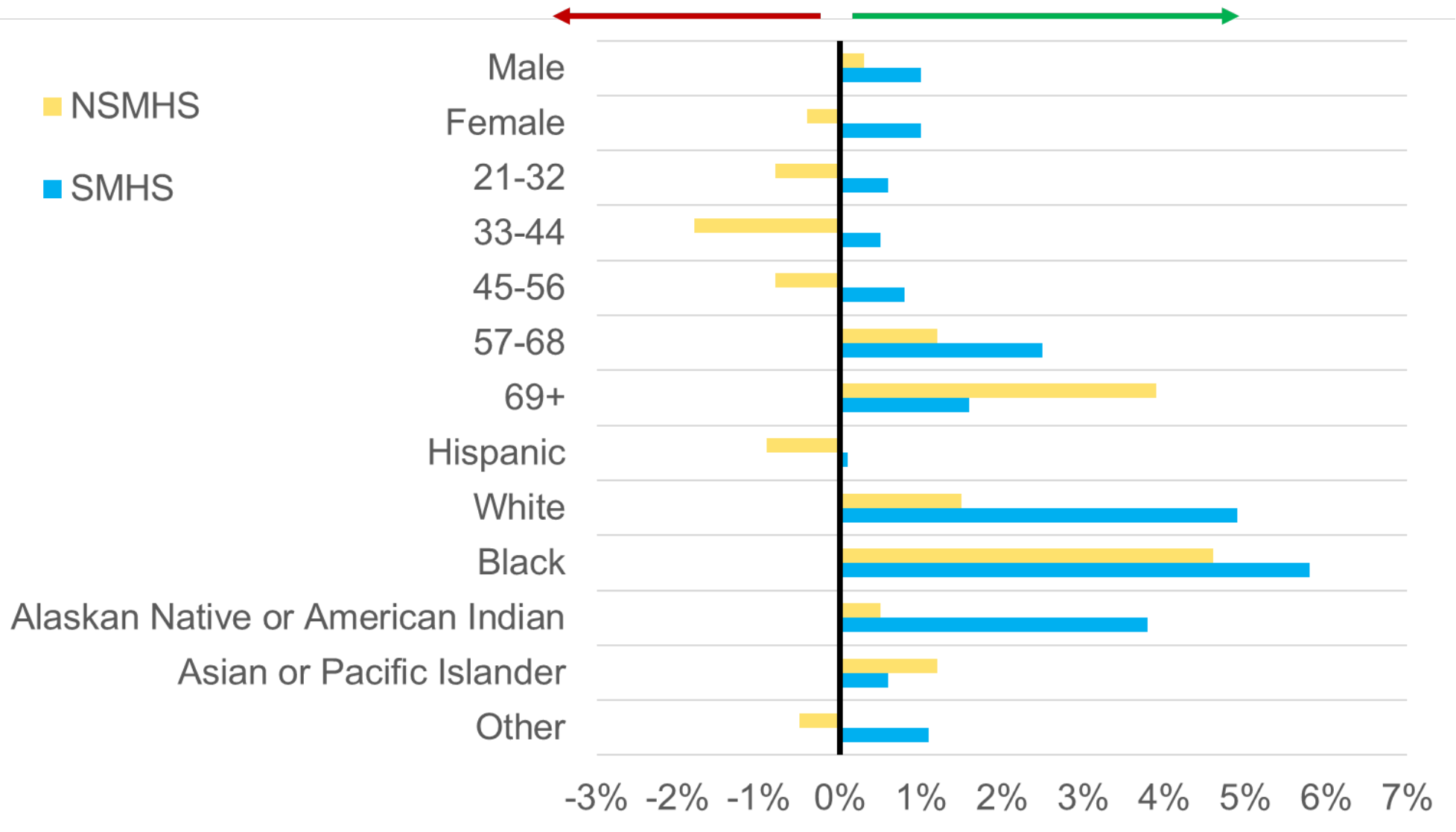
Definition & Rationale

Access to care is defined as the timely and appropriate use of health services to achieve the best possible health outcomes, inclusive of all modalities. Improving Californians' access to care is necessary for improving outcomes. Compliance with provider availability as outlined in network adequacy requirements, strategies for navigating the complex care delivery system, and improving wait times for appointments will enable Californians to better access the right care at the right time.

Understanding Adult Access to Services

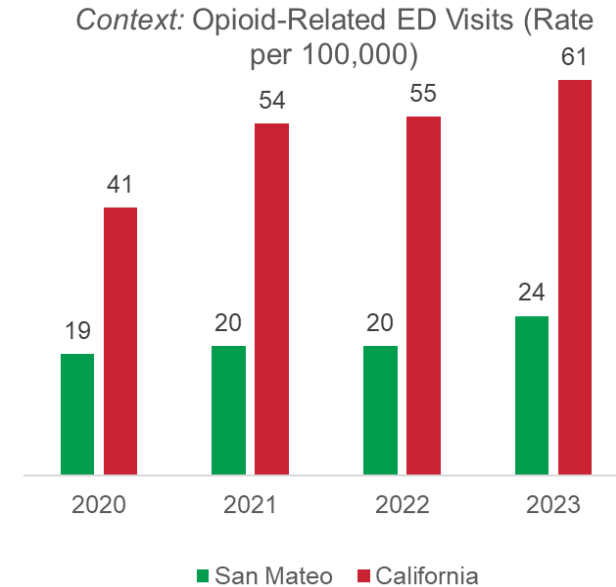
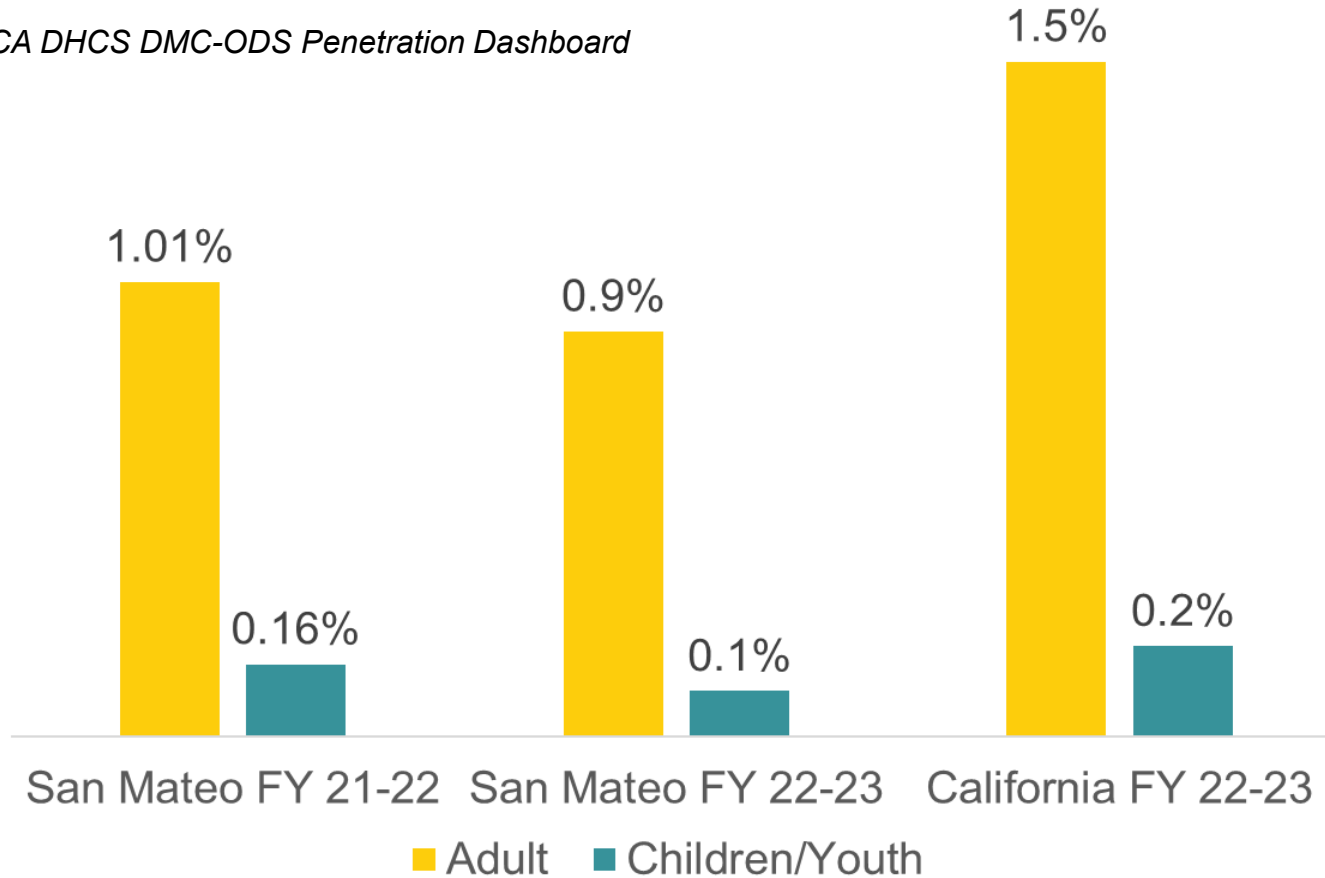
1. San Mateo County has **higher penetration rates** for Specialty Mental Health Services
 2. San Mateo County has **lower penetration rates** for Non-Specialty Mental Health Services
- *Notably, data shows that younger adults, women, and Latino/a/x community members have lower rates of access.*

San Mateo Adult Mental Health Services Penetration Rates Relative to California Statewide Rates



San Mateo Adult DMC-ODS* Penetration Rates

CA DHCS DMC-ODS Penetration Dashboard



CA Overdose Surveillance Dashboard

DMC-ODS penetration rates have decreased from FY 21-22 to FY 22-23, despite an increase in Opioid-Related Emergency Department visits

* See glossary of terms

Understanding Youth Access to Services

1. San Mateo County has **lower penetration rates** for Specialty Mental Health Services***
2. San Mateo County has **higher penetration rates*** for Non-Specialty Mental Health Services**

These two data points could be related! *It may be that the high access to Non-Specialty Mental Health Services is substituting or preventing access of higher intensity Specialty Mental Health Services.*



Input Session Questions

1. Based on the data shared, your knowledge, observations and experiences in the community...
 - a) What is needed (strategies) to improve community outcomes?
 - Is there work to sustain/expand or new work needed?
 - b) What partnerships are needed to support the strategies?



Homelessness



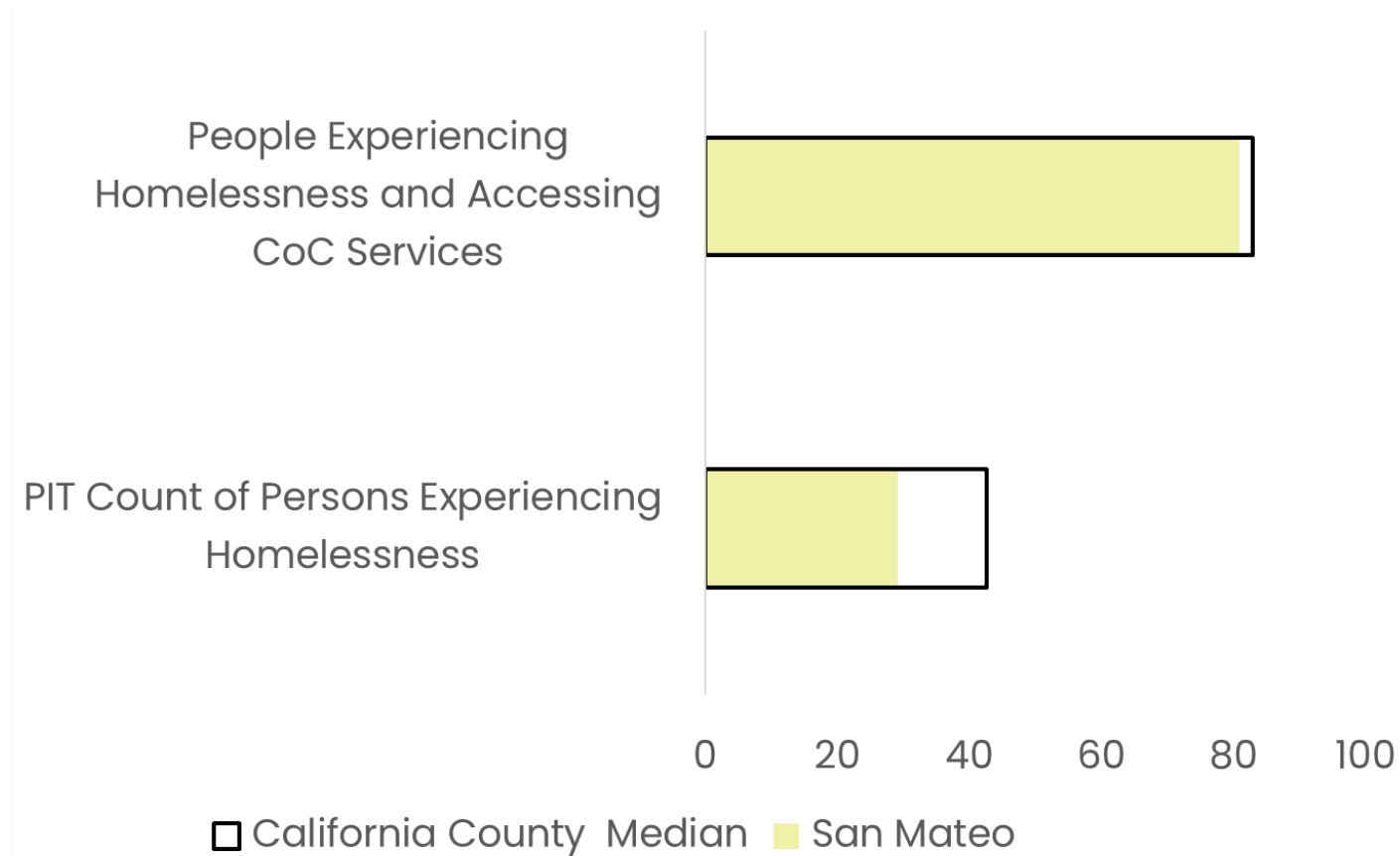
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Definition & Rationale

Homelessness is defined below in Section 7.C.4.1.1 of the Housing Interventions chapter. Addressing the increase in statewide homelessness is crucial to ensuring unhoused individuals living with significant behavioral health needs receive regular access to behavioral health treatment and safe and stable housing where they can recover.

San Mateo County has fewer persons identified as Homeless in the Point In Time (PIT) data but comparable to other Counties of persons accessing Continuum of Care (CoC) Services





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Justice Involvement



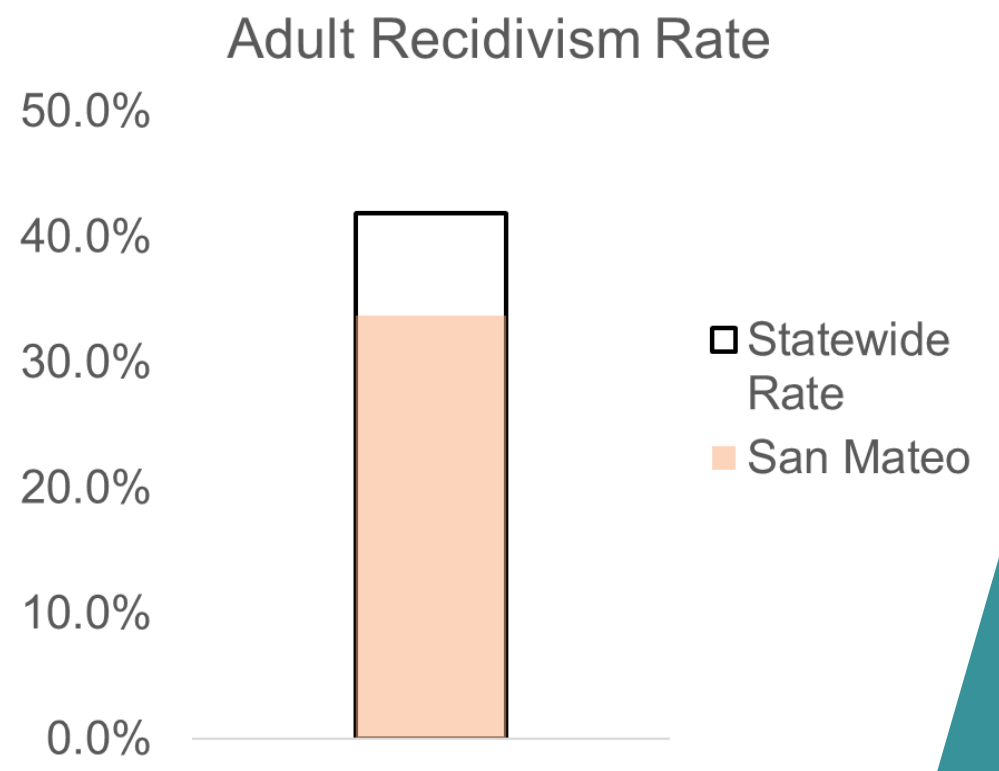
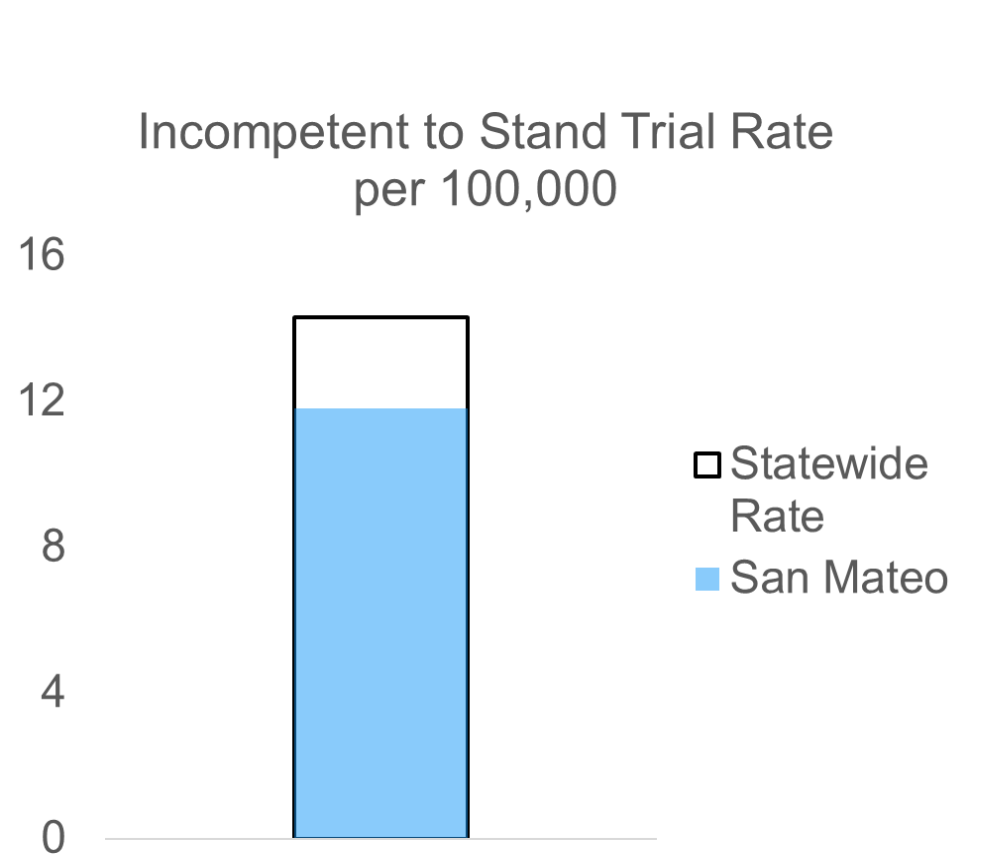
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Definition & Rationale

Reducing justice involvement refers to reducing adults and youth living with behavioral health needs who are involved in the justice system - including those who have been arrested, are living in, who are under community supervision, or who have transitioned from a state prison, county jail, youth correctional facility, or other state, local, or federal carcel settings where they have been in custody of law enforcement authorities. More than 50 percent of incarcerated individuals are living with a behavioral health condition. Promoting coordinated systems of care between the legal system and behavioral health plans and providers can have an impact on reducing justice involvement and improving outcomes for those who are justice-involved.

San Mateo rate of arrests is comparable to California, but other key measures *outperform the state average*



Latino/a/x rate of arrests has been steadily increasing in the past years.



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Social Connection



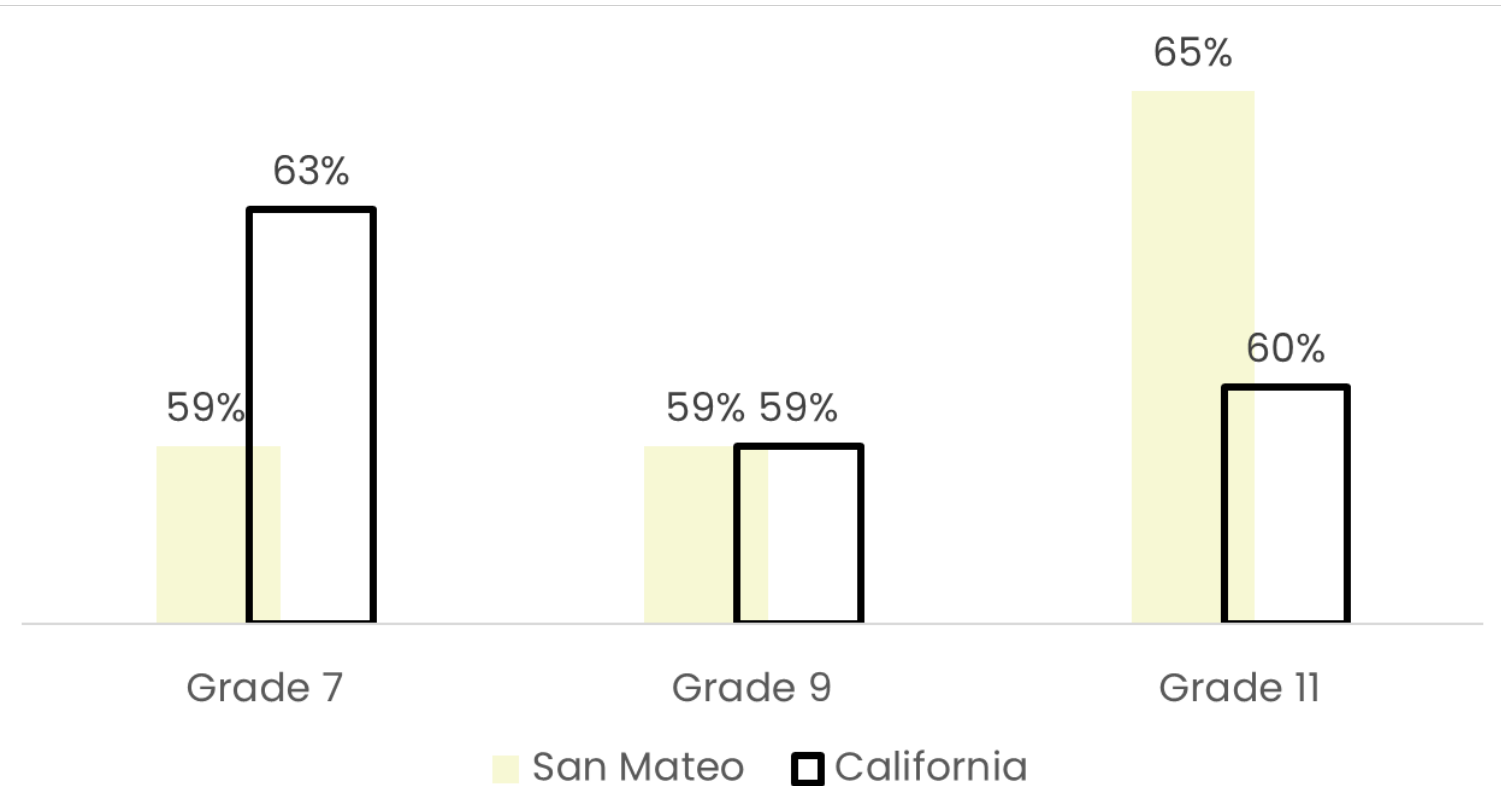
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Definition & Rationale

Social connection refers to the degree to which an individual has the number, quality, and variety of relationships that they want to feel and have belonging, support, and care. Establishing and maintaining supportive relationships is vital for preventing and managing significant behavioral health needs along with other behavioral health conditions associated with loneliness and isolation

In San Mateo County, 7th graders are less likely to report a caring adult relationship in school.

- *Latino/a/x students consistently report among the lowest rates of % Caring Adult Relationship*





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Next Steps



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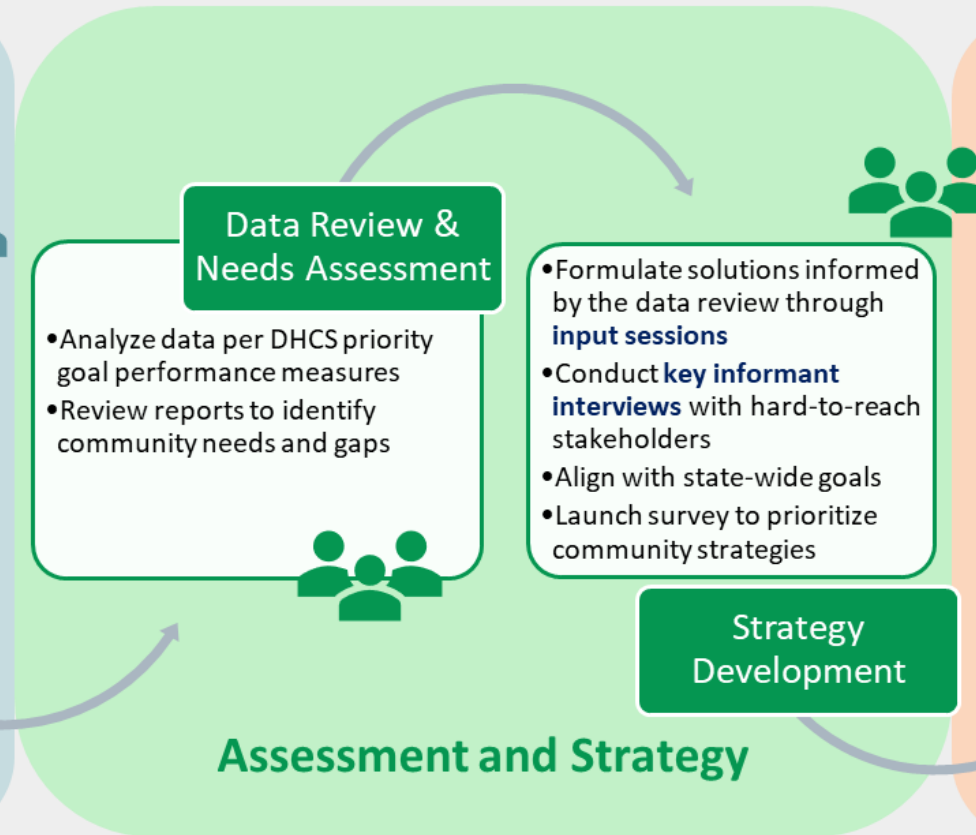
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Community Program Planning (CPP) Framework

January – April 2025

March – September 2025

October 2025-June 2026



Looking forward

Continue to work with all partners across the **Behavioral Health Continuum of Care**

Ongoing improvement of the CPP Process to engage across **all service categories**

Additional Input Activities



- **Key Informant Interviews**
- **Community Survey (Fall 2025)**

Questions?



Thank You!

- **Subscribe** to stay up-to-date and receive opportunities to get involved in MHSA and Prop.1 planning: www.smchealth.org/MHSA
- **Contact:** mhsa@smcgov.org
- **Let us know how we can improve:**
https://www.surveymonkey.com/r/BHSA_Transition



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