Mental Health Services Act (MHSA)
FY 19-20 Annual Update

Mental Health and Substance Abuse Recovery Commission (MHSARC)
December 4, 2019 / 3:30 – 5pm

www.smchealth.org/mhsa

Agenda

1. MHSA Background
2. Annual Update – Program Outcomes
3. Program Highlight
   ○ Health Ambassador Program
4. Implementation Highlights
5. Action: 30-Day Public Comment
6. Announcements
MHSA – Prop 63 (2004)

1% tax on personal income over $1 M
$29.7M annual 5-year average for San Mateo County through FY 18-19

76% Community Services & Supports (CSS)
Direct treatment and recovery services for serious mental illness or serious emotional disturbance

19% Prevention & Early Intervention (PEI)
Interventions prior to the onset of mental illness and early onset of psychotic disorders

5% Innovation (INN)
New approaches and community-driven best practices

Workforce Education and Training (WET)*
Direct treatment and recovery services for serious mental illness or serious emotional disturbance

Capital Facilities and Technology Needs (CFTN)*
Direct treatment and recovery services for serious mental illness or serious emotional disturbance

*Up to 20% of the average 5-year CSS revenue can be allocated annually to WET, CFTN and prudent reserve.

Annual Update – Program Outcomes
### Community Services and Supports

<table>
<thead>
<tr>
<th></th>
<th>Full Service Partnership</th>
<th>Outreach &amp; Engagement</th>
<th>System Development</th>
</tr>
</thead>
<tbody>
<tr>
<td>14/15:</td>
<td>477</td>
<td>6,328</td>
<td>2,523</td>
</tr>
<tr>
<td>15/16:</td>
<td>516</td>
<td>6,141</td>
<td>2,047</td>
</tr>
<tr>
<td>16/17:</td>
<td>550</td>
<td>6,073</td>
<td>2,245</td>
</tr>
<tr>
<td>17/18:</td>
<td>479</td>
<td>5,255</td>
<td>2,415</td>
</tr>
<tr>
<td>18/19: <strong>520</strong></td>
<td></td>
<td><strong>475</strong></td>
<td><strong>2,739</strong></td>
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</tbody>
</table>

*There are 447 available FSP slots across all age groups

** In FY 18/19
  - 50 AOT FSP slots were added
  - Outreach Collaboratives were moved to PEI
  - Senior Peer Counseling was expanded

### Full Service Partnerships (FSP)

(EHR data from inception, all age groups)

**FY 17/18 (N=755)**
- Hospitalization: 53% improvement (from 128 to 60 after first year in FSP)
- Psych Emergency: 31% improvement (from 175 to 121 after first year)

**FY 18/19 (N = 494)**
- Hospitalization: 49% improvement (from 166 to 85 after first year in FSP)
- Psych Emergency: 35% improvement (from 312 to 204 after first year)
## Prevention and Early Intervention (PEI)

<table>
<thead>
<tr>
<th></th>
<th>Ages 0-25</th>
<th>Early Intervention</th>
<th>Prevention</th>
<th>Recognition of Early Signs of MI</th>
<th>Stigma &amp; Discrimination Prevention</th>
<th>Access &amp; Linkage to Treatment</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>FY 15-16</strong></td>
<td>420</td>
<td>680 2,977 SMART calls</td>
<td>4,784</td>
<td>225</td>
<td>228</td>
<td>983</td>
</tr>
<tr>
<td><strong>FY 16-17</strong></td>
<td>482</td>
<td>724 2,657 SMART calls</td>
<td>4,831</td>
<td>247</td>
<td>272</td>
<td>1000</td>
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<tr>
<td><strong>FY 17-18</strong></td>
<td>338</td>
<td>1,244 2,834 SMART calls</td>
<td>4,146</td>
<td>279</td>
<td>96</td>
<td>1,347</td>
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<tr>
<td><strong>FY 18-19</strong></td>
<td>501</td>
<td>925 2,579 SMART calls</td>
<td>4,409</td>
<td>179</td>
<td>152</td>
<td>6,764</td>
</tr>
</tbody>
</table>

### Health Ambassador Program

![Health Ambassador Program](image)
MHSA Implementation Highlights

- Approval of Pride Center Extension
- Saved reverted Innovation dollars – Help@Hand (Tech Suite)
- Amended the Three-Year Plan to include Assisted Outpatient Treatment FSP’s and Board and Cares
- Established a local MHSA Operational Reserve
- Developed a Plan to Spend for One-Time Funds
- Developed new Innovation projects

FY 17-18 to 19/20 Expansions

<table>
<thead>
<tr>
<th>Component</th>
<th>Priority Expansions</th>
<th>Estimated Cost Per Fiscal Year</th>
<th>Implemented</th>
</tr>
</thead>
<tbody>
<tr>
<td>CSS</td>
<td>Expansion of supports for older adults *</td>
<td>$130,000</td>
<td>YES – Partial Senior Peer Counseling</td>
</tr>
<tr>
<td>General Systems Development</td>
<td>Mobile mental health and wellness services to expand access to Coastside</td>
<td>$450,000</td>
<td>In Progress</td>
</tr>
<tr>
<td>CSS Outreach &amp; Engagement</td>
<td>Expansion of culturally responsive outreach strategies</td>
<td>$50,000</td>
<td>YES Chinese community outreach</td>
</tr>
<tr>
<td>Prevention &amp; Early Intervention</td>
<td>Expansion of Stigma Free San Mateo, Suicide Prevention and Student Mental Health efforts*</td>
<td>$50,000</td>
<td>YES Suicide Prevention mini-grants and Stigma survey</td>
</tr>
<tr>
<td></td>
<td>Youth mental health crisis support and prevention</td>
<td>$600,000</td>
<td>In Progress</td>
</tr>
<tr>
<td></td>
<td>After-care services for early psychosis treatment</td>
<td>$230,000</td>
<td>YES PREP/BEAM After Care Services</td>
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</table>
Public Comments

• Public comment forms are available here
  • Email: mhsa@smcgov.org
  • Phone: Doris Estremera, MHSA Manager (650) 573-2889
  • Mail: 310 Harbor Blvd, Bldg E, Belmont CA 94002.
  • Optional Public Comment Form available on line at www.smcgov.org/mhsa

Vote to open a 30-day public comment period for the MHSA Annual Update, fiscal year 2019-20

Thank you!

For more information: www.smchealth.org/MHSA
Doris Estremera, MHSA Manager
(650) 573-2889 or mhsa@smcgov.org