



STAR VISTA



San Mateo County 2021 Mental Health Month

Changing the Stigma: Youth Led Discussion #HopeForChange

Tuesday May 25, 6:30-8pm

Join us for a virtual youth led panel discussion among peers to help spread awareness and education around mental health and wellness.

You will be entered into a raffle upon registration, please register [HERE](#)

For event info contact:

Brenda at:

hapy@star-vista.org

View our full list of **FREE** events happening throughout the month of May at SMCHealth.org/MHM



SAN MATEO COUNTY HEALTH
BEHAVIORAL HEALTH
& RECOVERY SERVICES