

CREATING DEMENTIA-FRIENDLY HOLIDAYS AND CELEBRATIONS

An education program presented by the Alzheimer's Association®



The holidays are a time when family and friends often come together. For families living with Alzheimer's and other dementias, the holidays can be challenging but with some planning and adjusted expectations, celebrations can still be happy, memorable occasions.

Learn how to cope with the holidays and stay connected while caring for someone living with dementia.

Hosted by:



Tuesday, December 16, 2025
2-3 p.m.
Zoom, join online or by phone.

Register at
bit.ly/SMCDEC25 or
scan the QR code to register.

For more information, call
800.272.3900.

ALZHEIMER'S  **ASSOCIATION®**

Visit alz.org/CRF to explore additional education programs in your area.