

有效的溝通策略

An education program presented by the Alzheimer's Association®



溝通不僅僅只是說話與聆聽，它還包括了經由態度、音調、表情與肢體語言所傳達及接受的訊息。隨著阿滋海默症及相關失智症患者病情的發展，他們使用語言的能力也將失去，家人及朋友們需要新的方法與他們保持聯繫。歡迎你加入我們，一起來探討阿滋海默症患者如何與他人溝通、一起來學習如何解讀失智症患者用口頭與行為傳達的訊息，以及幫助你在疾病不同階段與患者保持聯繫的方法。

需要註冊，註冊後您會收到一條個人參加視訊講座的鏈接：

3月28日，星期二，下午3-4 點 (普通話授課)

網上註冊：tinyurl.com/ECCMar28

4月12日，星期三，下午 1-2 點 (廣東話授課)

網上註冊：tinyurl.com/ECCApr12

更多詳情請聯絡歐小榮：電郵 xou@alz.org 或致電 408.372.9926



San Mateo County Public Authority
for In-Home Supportive Services



ALZHEIMER'S  ASSOCIATION®

Visit alz.org/CRF to explore additional education programs in your area.

EFFECTIVE COMMUNICATION STRATEGIES

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Communication is more than just talking and listening — it's also about sending and receiving messages through attitude, tone of voice, and body language. As the disease progresses, individuals living with Alzheimer's or other dementias lose the ability to use words, but families can find new ways to connect. Join us to explore how communication changes when someone is living with Alzheimer's, learn how to interpret the verbal and behavioral communication, and identify strategies to help you connect and communicate at each stage of the disease.

Registration is required. A unique zoom link will be sent to you upon registration.

**Tuesday 3/28, 3-4 p.m. PDT
(Presentation in Mandarin)**

Registration online:
tinyurl.com/ECCMar28

**Wednesday, 4/12, 1 - 2 pm PDT
(Presentation in Cantonese)**

Registration online:
tinyurl.com/ECCApr12

Contact Xiaorong Ou for details:
xou@alz.org or 408.372.9926

Hosted by:



San Mateo County Public Authority
for In-Home Supportive Services



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