

## Spirituality Survey-Provider version

\* 1. Are you a...

- BHRS staff member
- Community provider

\* 2. What is your age?

- 18-25
- 26-36
- 37-47
- 48-57
- 57-70
- 70+

\* 3. Are you a...

- LCSW
- MFT
- LPCC
- Psychologist
- Psychiatrist
- Administrative staff
- Case manager (not licensed)
- Other...Please Specify Below

Other (please specify)

\* 4. How do you identify your gender?

- Female
- Male
- Transgender
- Gender non-conforming
- Other...Please Specify Below

Other (please specify)

\* 5. How do you identify your sexual orientation?

- Gay/Lesbian
- Straight
- Bisexual
- Asexual
- Pansexual
- Other...Please Specify Below

Other (please specify)

\* 6. How do you identify your ethnicity/race?

- African American/Black
- American Native/Alaskan Native
- Chinese
- Filipino
- Guamanian
- Hispanic/Latino(a)
- Hmong
- Japanese
- Korean
- Middle Eastern/Arab
- Native Hawaiian
- Samoan
- Tongan
- Other Asian Ethnicity
- Other Pacific Islander
- Vietnamese
- White/European
- More than one race/ethnicity
- Other...Please specify Below

Other (please specify)

\* 7. What is your primary language?

- English
- Spanish
- Chinese
- Korean
- Japanese
- Vietnamese
- Tagalog
- Russian
- Farsi
- German
- French
- Other...Please Specify Below

Other (please specify)

\* 8. In which region do you provide services?

- Central County: San Mateo, Foster City, Belmont, Burlingame, Hillsborough
- South County: San Carlos, Redwood City, Woodside, Atherton, West Menlo Park, Portola Valley
- North County: Daly City, Pacifica, Colma, Brisbane, South San Francisco, San Bruno, Millbrae
- East Palo Alto: East Palo Alto, East Menlo Park
- Coastside: Half Moon Bay, Pescadero, La Honda
- Other region within San Mateo County Behavioral Health and Recovery services: Examples include therapeutic day schools, youth services Bureau, AOD treatment, etc

\* 9. How long have you worked in this field?

- 0-6 months
- 6 months-1 year
- 1-5 years
- 6-10 years
- 10-14 years
- 15 years+

\* 10. Do you identify with any of the following? Check the most important spiritual practice to you, and add another in the box if you identify with more than one.

- Agnostism
- Atheism
- Buddhism
- Christianity
- Earth based
- Hinduism
- Islam
- Judaism
- Native American spiritual tradition
- Nothing
- Shamanism
- Unitarian Universalism
- Other...Please Specify Below

Other (please specify)

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\* 11. Spirituality is important to me

- Strongly agree
- Agree
- Neither agree nor disagree
- Disagree
- Strongly disagree

\* 12. Do you distinguish a difference between religion and spirituality?

- Yes
- No

\* 13. Spirituality is an important aspect of wellness, recovery, and wellbeing; and should be included in mental health and substance abuse treatment

- Strongly agree
- Agree
- Neither agree nor disagree
- Disagree
- Strongly disagree

\* 14. Do you discuss spirituality with your clients during...(check all that apply)

- Assessment
- Treatment plan
- Counseling/Therapy
- Case management

\* 15. I am comfortable discussing my client's spirituality in our work together.

- Strongly Agree
- Agree
- Neither agree nor disagree
- Disagree
- Strongly disagree

\* 16. The following spiritual practices have been helpful in my clients' wellness and recovery. Please check all that apply.

- Prayer
- 12 step group
- Meditation
- Spending time in nature
- Journal writing
- Attending religious services
- Reconciliation (making amends, forgiveness, upholding cultural beliefs/practices)
- Reading sacred/spiritual texts, self help books
- Participating in talking circles
- Volunteering
- Singing
- Dancing
- Making crafts
- Attending spiritual support group
- Centering exercises
- Participating in spiritual community/social events
- Yoga
- Receiving healing/advice from medicine man or woman
- Attending a prayer vigil
- Drumming
- Participating in ritual ceremonies
- Chanting
- Participating in sweat lodge (temazcal)
- Other...Please Specify Below

Other (please specify)



\* 17. How familiar are you with the BHRS Spirituality Policy?

- Very familiar
- Somewhat familiar
- Not familiar
- I did not know there was a BHRS Spirituality Policy

\* 18. How would you rate your supervisors level of support in discussing spirituality as a part of client treatment?

- High support
- Moderate support
- Low support
- No support

\* 19. I feel as though BHRS as a whole supports me in discussing spirituality with my clients.

- High support
- Moderate support
- Neither supportive nor discouraging
- Low support
- No support

\* 20. I am encouraged to discuss spirituality with my clients by my team at my current site.

- Strongly agree
- Agree
- Neither agree nor disagree
- Disagree
- Strongly disagree

\* 21. For non-clinic staff, which aspect of your work environment supports discussions around spirituality?

- San Mateo County
- Agency
- Team/Supervisor
- Not applicable

\* 22. The BHRS office of Diversity and Equity's Spirituality Initiative provides training on how spirituality relates to behavioral health and recovery. Have you participated in these trainings?

\* 23. Have you attended professional development training or a conference regarding spirituality for your work with clients?

Yes

No

\* 24. Please check the top three tools you would need to address your client's spiritual needs as they relate to your client's recovery:

Spiritual assessment tools

Link to local spiritual and religious centers

More clarity on BHRS spirituality policy

Training on bridging the therapeutic and spiritual spheres

Billing for interventions that have spiritual components

Spirituality based group at clinic (such as the Reflection group or Meditation group)

A directory of spirituality friendly resources in the county

Other...Please Specify Below

Other (please specify)

\* 25. Have you implemented spirituality as an aspect of treatment with your clients? If you answered yes, please expand below

Yes

No

If yes, please specify how you have implemented spirituality with your clients

\* 26. What kind of training do you think would be helpful to you to integrate spirituality in your work with clients?

\* 27. Please list any resources related to spirituality and spiritual practice you would like us to know about