



The History

With the closure of Developmental Centers, the State of California has continued its efforts to move individuals with developmental disabilities from institutional settings and integrate them back into the community. This has challenged local communities to identify and develop services that promote integration and support the special needs of their residents.

Through a partnership between San Mateo County Behavioral Health and Recovery Services, Golden Gate Regional Center and the Health Plan of San Mateo, a specialty clinic has been created to meet the complex mental health and behavioral needs of the residents of San Mateo County with intellectual disabilities.

From this collaborative effort the Puente Clinic was born.



The Puente Clinic

1950 Alameda De Las Pulgas
San Mateo, CA 94403
(650) 372-6117 Phone
(650) 572-9347 Fax

Questions? E-mail us at:
jmcmaster@smcgov.org



Puente Clinic



A specialty clinic sponsored by Behavioral Health & Recovery Services, Golden Gate Regional Center and Health Plan of San Mateo serving the special mental health needs of adults with intellectual disabilities.

Email: jmcmaster@smcgov.org

Services Offered

The Puente Clinic offers mental health services for adults with intellectual disabilities by bridging resources from San Mateo County Behavioral Health & Recovery Services (BHRS), Golden Gate Regional Center (GGRC) and Health Plan of San Mateo (HPSM).

One-time Consultation

One time appointment with a Puente MFT and/or Psychiatrist for consultation.

Care Assist

Care Assist brings all treating staff together to discuss and/or consult on challenging cases.

Continuing Care

Comprehensive mental health treatment including medication management. For continuing care, clients need to meet priority criteria. Priority criteria are:

- Recently returned to the community from Developmental Center
- Recently returned to the community from locked or delayed egress facility
- At-risk for admission to higher level of care
- Requires in-home services as clinically determined
- Frequent psychiatric Emergency Services contact
- Complex diagnostic issues or polypharmacy

Staff

Jean McMaster, LMFT

Jean worked at Golden Gate Regional Center for three years where she provided mental health services for adults with intellectual disabilities. She has specialized training in the application of Cognitive Behavioral Therapy for people with intellectual disabilities.

Jennifer Pien-Wong, M.D.

Dr. Pien-Wong attended medical school at Northwestern University in Chicago, IL and completed her psychiatric residency at Stanford. She is a Board Certified Adult Psychiatrist who is committed to working with special needs populations.

Nabeela Rahman, M.D.

Dr. Rahman attended medical school at Ross University School of Medicine in the Commonwealth of Dominica, West Indies. She completed her residency in psychiatry at San Mateo County. She enjoys working with adults with intellectual disabilities and under-served populations.

Sara Sherman-Levine RN, MSN, FNP, NP-c

Sara completed her master degree in nursing at SFSU in 1998 and earned her Family Nurse Practitioner certificate in 2014. She has extensive experience managing the neurological care of children with complex intellectual disabilities at Stanford Children's Hospital as well as providing primary care to adolescents in San Mateo county.

Hung Ming Chu, M.D.

Dr. Chu is the Deputy Medical Director for BHRS and oversees the Puente Clinic.

Referral Process

Adults with intellectual disabilities may be referred to the Puente Clinic by a BHRS clinician or GGRC Case Manager.

Clinicians/Case Managers will need to submit via fax or email a completed Puente Clinic referral form on the client's behalf. GGRC referrals require a signed release to share information with BHRS and need to include a supervisor's signature.. BHRS clinicians, please coordinate your referral with the GGRC case manager.

Puente staff will respond to the referring clinician if additional information is needed.

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