

MEDICATIONS FOR ALCOHOL AND OPIOID USE

What is Medication Assisted Treatment?



Medication Assisted Treatment (MAT) is medicine and support from a counselor to help relieve cravings and symptoms of withdrawal.

Medicine is available for alcohol and opioids (heroin, fentanyl or pain pills).

A person can take these medications for as long as needed.

3 Medicines for Opioid Use Disorder

Methadone is given once a day at a clinic.

Buprenorphine (Suboxone, Zubsolv, Bunavail, Sublocade, and Probuphine) can be taken at home or at a clinic. A medical provider must be seen regularly to get the medicine. Different buprenorphine products are available.

Naltrexone (Vivitrol) is available as an injection given once a month by a medical provider.

Your medical provider will help decide which medicine best fits your needs.

What medicines can I get for opioid use disorder?



What medicines can I get for alcohol use disorder?



5 Medicines for Alcohol Use Disorder

- **Naltrexone**
- **Acamprosate**
- **Disulfiram**
- **Topiramate**
- **Gabapentin**

These medicines are pills taken at home and given by a medical provider's office. Naltrexone is also available as a once a month injection (Vivitrol).

Your medical provider will help decide which medicine best fits your needs.

SEE BACK PAGE

What are the steps to get started?



1. Meet with medical provider and counselor (recommended) to talk about your drinking or use of opioids. Anything you talk about will not be shared with others unless you allow it.
2. Decide with medical provider which medication is right for you. Start by taking a little medication and then more until it is the right amount for you.
3. Keep taking the medicine and get counseling for as long as it is helping you and decided by your medical providers.

How do I get medication?



1. **If you live in San Mateo County, call the ACCESS Call Center at 1-800-686-0101.**

Pick the language you speak and pick option 4 for "mental health and substance use." It is important that YOU call or give permission to allow family or friends to speak for you.

2. **Give your name, birthday and phone number or email address.**
3. **If you have insurance give this information.**
You do not need to have insurance to get help.
4. **You will be connected to speak to a trained person who will ask you more questions to help you find the right type of care.**

Anything you tell this person on the phone will not be shared unless you allow it.

If you are having a medical emergency, including withdrawal, go to your nearest hospital emergency department.

The Integrated Medication Assisted Team (IMAT) at the ER is available to help.



**SAN MATEO
COUNTY HEALTH**
All together better.

You have the right to receive services in the language you speak. If you are not happy with the care or services you receive, please call: 1-800-388-5189.

This project was supported by the San Mateo County Health Care for the Homeless/Farmworker Health program, utilizing funding received from the Federal Health Resources and Services Administration under the Health Center Program authorized under Section 330 of the Public Health Act.