








Vim li cas koj thiaj txhawj xeeb txog tus kab mob West Nile virus no?

-  Tus kab mob West Nile virus no muaj peevxwm ua rau koj thiab koj tsev neeg muaj mob.
-  Tus kab mob West Nile virus no yog kis los ntawm yoov tshaj cum.
-  Koj tau tus mob West Nile virus no los ntawm yoov tshaj cum tom.
-  Tom qab 3-15 hnuv uas yoov tom koj tas koj yuav muaj mob.
-  Cov neeg tau tus mob no yuav hnov mob li tau khauv thuas. Lawv yuav:
 - Ua npaws
 - Dias taub hau
 - Mob ib ce
 - Ua pob raws tej tawv nqaij
-  Cov neeg tau tus mob West Nile virus no yuav muaj mob nyhav thiab tuag.
-  Cov neeg tau mob nyhav no feem coob yog cov hnuv nyoog 50 xyoo thiab laus dua xwb, tab sis sawvdaws yuav tau ceev faj cov yoov no thiab txav kom deb.

Hu rau koj tus kws kho mob lossis lub tsev kho mob yog koj muaj lus nug.

Yog xav paub kom tseeb, hu rau:
California Lub Tsev Soj Ntsuam Xyuas
Kev Mob Nkeeg
www.westnile.ca.gov

Qhov Chaw Soj Ntsuam Xyuas Kev Tiv
Thaiv Kab Mob
www.cdc.gov/westnile/



HMONG VERSION

TIV THAIV YOOV TOM !



**THAIV KOJ TUS KHEEJ THIAB
KOJ TSEV NEEG KOM TXHOB
TAU TUS KAB MOB
WEST NILE VIRUS NO.**

Xav paub tshaj no:
www.westnile.ca.gov
1-877-WNV-BIRD lossis
1-877-968-2473

Koj yuav ua li cas?

Zam kom yoov tshaj cum txhob tom.

Yoov tshaj cum tom neeg thaum sawv ntxov ntxov thiab yav yuav tsaus ntuj.



Ob teev tom qab hnuv poob lawm yog lub caij yoov tom heev tshaj.



Yog koj tawm mus sab nraud, yuav tau hnav ris ntev thiab tsho ntev.

Dua li no, siv cov tshuaj tsuag yoov uas muaj DEET xyaw. Tsuag tshuaj rau tej tawv nqaij uas tsis muaj khaub ncaws npog.

Cov tshuaj xyaw DEET no thiaj ua rau yoov tsis tom koj.



Yoog raws kev qhia hauv no kom zoo.

Saib xyuas koj lub tsev kom zoo!



Yoov tshaj cum nteg qe thiab huam vam hauv cov dej ua teev tseg.

7 hnuv nkaus xwb lub qe yoov tshaj cum daug thiab dhau mus ua ib tug yoov tshaj cum laus lawm.

Tshem txhob pub muaj dej teev tseg ze koj lub tsev.

Nchuav cov dej hauv tej thoob dej, hauv tej log tshob qub qub, tej tais rau paj ntoos thiab khoom ua si rau me nyuam povtseg kom tas.



Hloov dej tsis so rau tej tais haus dej rau tsiaj thiab chaws noog da dej.

Muab ntxaij vij tsam thaiv koj cov qhov rooj qhov rais kom zoo.

Cov ntxaij no yuav ua rau yoov tshaj cum nkag tsis tau los tsev.

Qhia rau koj cov phooj ywg thiab tej zej zog!



Tamsim no cov kab mob West Nile Virus no tshwm muaj nyob thoob plaws hauv California.

Thaum pom muaj noog tuag koj yuav paub tias tus kab mob West Nile virus no twb



muaj nyob ze ntawm thaj tsam koj nyob no lawm.



Tus kab mob West Nile virus no muaj peevxwm ua rau cov uab lag, noog dub loj thiab noog xiav mob nyhav thiab tuag taus.

Tus kab mob West Nile virus no yuav kis tsis tau rau koj thaum koj kov ib tug noog uas tuag lawm.



Lub Xeev teev cov noog tuag cia kom thiaj paub tias tus kab mob no huam mus txog qhovtwg lawm.

Mus qhia txog noog tuag rau ntawn

www.westnile.ca.gov

lossis hu tus xov tooj hu-dawb

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