



## Behavioral Health Commission

Unadopted Minutes

Wednesday, March 6, 2024

Hybrid Meeting – College of San Mateo and Online

**COMMISSION MEMBERS PRESENT:** Sheila Brar, Frieda Edgette, Michael Lim, Paul Nichols, Ryan Lopez, Daniel Keohane, Bill Silverfarb, Yoko Ng, Victoria Yu (Millbrae Location), Leticia Bido (Millbrae Location), Jean Perry (Millbrae Location)

**STAFF:** Jei Africa, Chantae Rochester, Kristie Lui, Doris Estremera, Maria Lorente-Foresti, Sofia Recalde, Charo Martinez

**COMMISSION MEMBERS ABSENT:**

**Excused:** Chris Rasmussen, Kristina Bell, Allen Bustos

**Un-excused:** None

**OTHERS PRESENT (in-person):** None

**OTHERS PRESENT (online):**

Ammi, Billie Jean, Charo Martinez, Chris Hoover, Gina Olinger-Giani, Jo, Jonathon, Robert Taylor, Rubi Garcia, Sue Cortopassi, Sydney Hoff, Twila Dependahl, William E, Lanajean Vecchione

**CALL TO ORDER**

The meeting was called to order at 3:36 p.m. by Vice Chair Sheila Brar

**INTRODUCTIONS**

Commissioners introduced themselves.

**APPROVAL OF TODAY'S AGENDA**

Approval of the Agenda with the following change:

- The changes to the agenda were the location of the meeting
- Adjournment name need to match Call to Order name
- Attendees add Bill Silverfarb because he was present
  - ▶ **M/S/C** Keohane/Nichols

**APPROVAL OF MINUTES**

Approval of the minutes from the following meetings:

- February 7, 2024, Behavioral Health Commission Meeting
- February 7, 2024, Executive Committee Meeting
  - ▶ **M/S/C** Keohane/Nichols

**Correspondence, Announcements, and Public Comment**

Michael Lim

- Behavior Research Foundation doing a presentation on 3/12 “Protection of Suicide Related Emergencies Amongst Children Using Real World Data”
- Event “Centering Wellness Mindfulness and Self-care in Primary Intervention” from UCLA on 3/21 at 1PM
- Publication from CA Healthcare Foundation “Behavioral Health Treatment of Beds and Housing in California”

Frieda Edgette

- Event on 4/12 6 p.m. - 7p.m. at San Mateo Public Library; Youth Harmony, mental health concert, curated by the San Mateo County youth and cultural ambassadors

Robert Taylor

- NAMI’s 50<sup>th</sup> Anniversary Gala is April 27, 2024 at South San Francisco Library Banquet Hall

## **NEW BUSINESS**

**Action Item:** *Vote to Open 30-Day Public Comment Period for the Fiscal year 2024-2025 Mental Health Services Act (MHSA) Annual Update*

► **M/S/C** Edgette/Keohane

## **PRESENTATION**

Mental Health Services Act Annual Update / Communication Workgroup Report

Presenter:

Doris Estremera (she/her), Program Services Manager II, Behavioral Health & Recovery Services, Office of Diversity and Equity (ODE)

Please see attached presentations.

30-day public comment is now open. You can access the full report [here](#).

As a reminder, all reference materials can be found on the MHSA website, [www.smchealth.org/MHSA](http://www.smchealth.org/MHSA), under the “Announcements” tab. I also linked them below:

1. [FY 2024-25 MHSA Annual Update](#) (direct link)
2. [Executive Summary](#) (direct link)

## **Public Comment on Presentations**

See attached.

## **Standing Committee Reports**

Committee for Children & Youth Services

Reported by Freida Edgette

- 2/15 - We had first Youth Pathways at San Mateo Alcove consisting of a panel of young people ranging from domestic violence to eating disorder recover and sharing their experience. Hopefully this will eventually be a travelling pop-up panel.
- Share survey in chat for crisis care continuum. Share your feedback and your experience through 3/15.
- United for Youth workgroup working on filling data gap. Looking forward to sharing outcomes.

Next meeting is Wednesday, April 17, 2024, at 4:00 p.m.

Hybrid meeting:

In-person at 2000 Alameda de las Pulgas, Room 201, San Mateo

Virtual: [Zoom](#) or dial 669-444-9171 Meeting ID: 990 0971 9684

## Committee for Adult Services

Reported by Yoko Ng

- Met 2/21; toured brand new affordable housing apartment in Redwood City, Arroyo Green, currently at 100% capacity; overall great apartment.
- Future projects including working on annual report and mission statement for first quarter agenda

Next meeting is Wednesday, April 17, 2024, at 11:00 a.m.

Hybrid meeting:

In-person at 2000 Alameda de las Pulgas, Room 201, San Mateo

Virtual: [Zoom](#) or dial 669- 900- 6833 Meeting ID: 983 9161 3998

## Committee for Older Adult Services

Reported by Jean Perry

- Met 3/6; continued conversation around loneliness and supports for loneliness including innovation project, Get Appy Hour, NAMI Warmline, Institute on Aging Warmline
- Our county continues to have particularly high rates of suicide compared to other counties.
- Upcoming project, Pearls Program, will train peers to support individuals who are having depressive symptoms.

Next meeting is Wednesday, April 3, 2024, at 11:00 a.m.

Hybrid meeting:

In-person at 2000 Alameda de las Pulgas, Room 201, San Mateo

Virtual: [Zoom](#) or dial 669-900-6833 Meeting ID: 944 8158 6160

## Committee for Alcohol and Other Drug Services

Reported by Paul Nichols

- Met 2/14; presentation from In-Custody MET team. Team is in the jails focused on opioid misuse disorder, treating inmates with symptoms of withdrawal.

Next meeting is Wednesday, March 13, 2024 at 4:00 p.m.

Via Teams

## Mental Health Services Act

Reported by Leticia Bido

- Met 2/8; Shared highlights on MHSA workgroup survey; while no clear priorities there were some themes
- Discussed Prop 1 and its impacts, workforce capacity and opportunities for peers, sustaining client engagement; advocacy and recovery-oriented services.
- Presentation from OASIS (older adult system of integrated services)

Next meeting is Thursday, May 2, 2024 at 3:00 p.m.

Location: TBD

## **Liaison, Task Force and Ad Hoc Committees**

Suicide Prevention Committee

Reported by Yoko Ng:

- Did not meet in March
- Next meeting is Tuesday, April 2, 2024 1:30PM-3:30PM via Zoom

Virtual: [Zoom](#) or dial 669-900-6833 Meeting ID: 410 362 485

Legislative Committee

Reported by Sheila Brar

- No updates

## New Member Committee Reported by Sheila Brar

- No updates

## Site Visits Committee Reported by Paul Nichols

- The idea is we learn more about how we can be an ally, how we can help those 're trying to establish a schedule and a protocol for doing actual site visits. It's not in the vein of doing an inspection or investigation or anything like that. It's more just so that we can learn more about different programs and programs, what they need, what we, how we can facilitate that. And so you know, we'll be reaching out to you to find out.

## QIC Committee Reported by Jean Peary

- Met 2/28; Reviewed policies regarding activities to clinical staff by pharmaceutical representatives to kind of make a barrier, so that they were not biased in their prescribing of drugs, and there were also a policy about surgery for treatment of psychiatric conditions. And then there was a third policy about supervision of medication. and so with the individual measure. Members of the QIC will be voting on those policies in the next weeks.

## Director's Report

See attached slides.

- Focused on Youth Services this month; Ziomara Ochoa who is leading this work is very interested in this continuum of care specifically related to crisis
- Starting today Ziomara Ochoa will focus on human centered design to look at what would be the youth crisis of care continuing.
- Working with Telecare closely on logistics/ communication / outreach of 911 vs community-mobile crisis intervention.
- Prop 1: speculating that only 50% of ballots have been filled out statewide; Will take till April 12<sup>th</sup> before results are certified. Sofia Recalde specifically working to understand fiscally the impact if prop 1 passes.
- Next month: SUD focus for the newsletter

Past issues of the Directors Update can be found [here](#).

## **Public Comment on the Director's Report**

Response to questions:

- State Mandate for mobile crisis team is to provide 24/7/365 coverage. Start-up may be from 3PM-11PM but the full team in August will be 24/7/365.
- Learning from 911's geomapping capability. Ideally the 5 mobile crisis teams will be roving teams.
- StarVista isn't ready to present on the model yet since it is a start-up, but July may be a good time for them to present on their model to educate the public.
- If interested, we can invite Chief Barberini, the lead of the CWRT pilots from the law enforcement perspective to hear about data from the pilot program.
- When CARE Court rolls out, there will be no additional funding. We were able to get some funding to match it, but we know that many services will be billable by MediCal.

**Old Business**

No old business to report.

**Meeting Adjourned:**

The meeting adjourned at 5:25 p.m.  
by Vice-Commissioner Sheila Brar

**Next MHSARC Meeting:**

April 3, 2024, from 3:30-5:30 p.m.  
College of San Mateo, 1700 Hillsdale Blvd.  
College Center, Building 10, Room 468

**Next Executive Committee Meeting:**

Wednesday, April 3, 2024, at 5:30 p.m.  
College of San Mateo  
College Center, Building 10, Room 468

PLEASE BE SURE TO CONTACT CHANTAE ROCHESTER AT 650.573.2544 IF YOU ARE UNABLE TO ATTEND EITHER THE BHC OR EXECUTIVE COMMITTEE MEETING.

In compliance with the American with Disabilities Act (ADA), auxiliary aids and services for this meeting will be provided upon request when given three-day notice. Please call 650.573.2544.