



Behavioral Health Commission

Unadopted Minutes

Wednesday, February 1, 2023

Zoom Meeting

BOARD MEMBERS PRESENT: Chris Rasmussen, Chelsea Bonini, Frieda Edgette, Jean Perry, Katelyn Chang, Leticia Bido, Michael Lim, Noelia Corzo, Paul Nichols, Sheila Brar

STAFF: Chantae Rochester, Lisa Mancini, Clara Boyden, Doris Estremera, Lee Harrison, Sylvia Tang, Maria Lorente-Foresti, Gina Quiney

BOARD MEMBERS ABSENT:

Excused: Candice Hawley, Kristina Bell, Hudson Fox

Un-excused:

OTHERS PRESENT (signed in): Chris, Erica Horn, Myra Taher, Pat Willard, Susan Cortopassi, Jordan Anderson, Clara Jaeckel, Candice Muntz, Chris Hoover, Juda Tolmasoff, John Butler

CALL TO ORDER

The meeting was called to order at 3:32 p.m. by Chris Rasmussen

INTRODUCTIONS

Commission members introduced themselves

APPROVAL OF TODAY'S AGENDA

Approval of the Agenda

▶ **M/S/C** Brar/Lim

APPROVAL OF MINUTES

Approval of minutes from the January 4, 2023, meeting.

▶ **M/S/C** Edgette/Bido

Approval of minutes from the January 11, 2023, Executive Committee Meeting

▶ **M/S/C** Edgette/Bido

Correspondence, Announcements, and Public Comment

Sheila Brar

There's an online presentation happening on February 7, at 7:00 p.m. titled Mythbusting Diet Culture and Eating Disorders. The presentation is for parents on how to support and intervene with their children and the myths and misconceptions of eating disorders.

Michael Lim

I have my usual three announcements; I will put all the links in the chat.

1. Mental Health Stigma Roundtable Discussion Series, by the Office of Mental Health at New York State on February 9, from 11:00-12:30 PST
 - a. The Role of the Media in Reducing Stigma
2. WISE U is offering a Medi-Cal Peer Support Specialist Certification Training
 - a. It is a two- week training, completely online
 - b. Starting April 10
3. Webinar recording on “Substance Use: Practical Parenting and Keeping Kids Safe”
 - a. Featuring Los Gatos High School Principal, Kevin Buchanan

Jean Perry

The input session for the Mental Health Services Act (MHSA) have begun. There are 20 sessions already scheduled, if a group that you are involved in is not on the list, it is possible to schedule an input group. WE want anyone who want to, to have access so I will put the link the chat.

Pat Willard

I want welcome Supervisor Corzo. I've sent you a couple of emails asking you meet with me and my colleague regarding mobile mental health crisis response. I want to talk to you and understand your thoughts on the matter.

Erica Horn, Executive Director

California Clubhouse is fully accredited by Clubhouse International.

STANDING COMMITTEES

A. Committee for Children & Youth

Reported by Frieda Edgette and Katelyn Chang

Next meeting will be held on February 15, 2023, at 4:00 p.m.

Via Zoom

B. Committee for Adults

Reported by Yoko Ng

Next meeting will be held on February 15, 2023, at 10:30 a.m.

Via Teams

C. Committee for Older Adults

Reported by Jean Perry

The next meeting will be held on March 1, 2023, at 11:00 a.m.

2000 Alameda de las Pulgas, Suite 200, Conference room 209
San Mateo

D. Committee for Alcohol and Other Drug Services

Reported by Paul Nichols

The next meeting will be held on February 14, 2023, at 1:00 p.m.

Via Teams

E. Mental Health Services Act Steering Committee

Reported by Leticia Bido and Jean Perry

The next meeting will be held on February 2, 2023, at 3:00 p.m.

Via Zoom

Director's Report

Reported by Lisa Mancini, Interim Director

Half Moon Bay

I want to acknowledge the tragic event that occurred in Half Moon Bay (HMB). I want to share our incredible the behavioral health and recover staff just immediately became engaged and worked with many other county departments, many of our non-profits. We had 15 of our crisis response staff team on site working with the victims and family members.

We learned that we do have a shortage of Mandarin speaking staff, something will work on moving forward.

Commission Retreat

Thank you for including me at the retreat on Saturday. I enjoyed being with you in-person and hearing your accomplishments and your goals.

BHRS Director

Dr. Jei Africa will be the new Director of BHRS. Jei worked for the BHRS five years ago before leaving to become the Director of Behavioral Health for Marine County. We do not have a start date for Jei at this time but will let you know as soon as we have more information.

Please see the [latest issue](#) of the *Director's Update*

Past issues can be found [here](#).

Public Comment

Michael Lim

We haven't forgotten about that community. Part of what MHSA did this past year was to come up with some innovation projects and one of our proposals is currently in the works, it's the mobile support unit for the farm workers on the coast. I just want to say that you are not forgotten.

Noelia Corzo

My gratitude to the county staff that were supporting the survivors and the families of the victims in HMB. I was able to work along side them and see them in action. It's hard to support people in a time of crisis, it also has an impact on staff. Lis, thank you to you and your team.

I will share that we will be working on legislation in an ordinance to address gun violence in our county and I welcome any ideas on how to strengthen that in relation to the work we do here.

Pat Willard

With respect to having cultural linguistic fluency, the county needs a robust peer certification program. When you run short of staff, certified peers are the next place to go

so I think it should be standard operating procedure to when you get to a point when you realize you don't have enough staff to connect with your clients or those you are helping, you call the peers.

Liaison, Task Force and Ad Hoc Committees

Suicide Prevention Committee

Reported by Yoko Ng

Our last meeting was held on January 17, at 1:30 p.m.

We discussed the 2023 Suicide Prevention committee priorities and survey.

The next Suicide Prevention Committee Meeting is Tuesday, February 7, at 1:30 – 3:00 p.m. via Zoom. The meeting will focus on suicide data presented by the San Mateo County Health Office of Epidemiology and Evaluation.

Old Business

Commission Retreat Report-out

Frieda Edgette

It was lovely meeting everyone in person. We spent time connecting as humans and reflecting on the past year and then we spent time anchoring our intentions and priorities for the coming year. Those really relate to advocacy, strategic partnerships that are intended to build capacity and fill out this commission, especially client seats. Partnership with other commissions as well as our ongoing commitment to increasing public awareness and participation.

Paul Nichols

I came away knowing that my fellow commissioners are truly dedicated and truly passionate and caring people. I personally came away with a few things I would like to both in terms of the AOD Committee and the commission which is recruit more members.

Chris Rasmussen

We had our annual retreat this past Saturday, we met in person to do some strategic planning for the year, set our goals and to review the past year's accomplishments. I want to thank everybody for their commitment and their passion for serving on this commission.

New Business

Action Item: *Vote to approve and submit to the Board of Supervisors the Resolution on Eating Disorders Awareness Week*

► **M/S/C** Edgette/Rasmussen

Presentation

Juvenile Justice & Delinquency Prevention Committee

Juvenile Detention Facilities: Annual Inspection Report

Presented by: Johanna Rasmussen and Paul Bocanegra

Please see attached presentation.

PUBLIC COMMENT

Yoko Ng

It's all great points and I'm thinking it's hard to have family members join because it's difficult I think case management is also key.

A: The staff at the Youth Services Campus are very professional and they go out of their way to work with the kids and the kids are lucky to have them. We just don't have enough of them, and the need is so great. Increasing funding is essential.

Chelsea Bonini

I want to express my appreciation for Johanna and Paul to come and present to the Commission on the needs and ongoing advocacy of the JJDPC is doing for the kids. I consider the JJDPC a partner in every other role that I'm in on the Commission on Disabilities, this Commission, and the Board of Education because we're talking about the same population of kids. One of the reasons I do these things, that I'm even on the Board of Education is because most, about 50-70%, of students have diagnosed mental health issues. The liaison positions that we were talking about at our retreat and all the connections, we can't operate in silos, we're in this work together. We're on the same team for these kids.

Frieda Edgette

Thank you for this higher purpose and calling for transforming your own experience into a force of healing that also empowers others. Johanna, thank you for your steadfast commitment.

Michael Lim

Thank you for exposing our audience to the work and challenges of the JJDPC. One of the things our commission is planning to start this year is to have liaisons on other boards/commissions with the same interest to allow for collaboration so look for more participation from BHC. I'm currently working on a huge project with Voices on the justice involved part of the community. California is going to be the first State in the Union to expand medical coverage to the justice involved community, giving them 90 days before they are released to access to medical services. I would like to work with you doing some advocacy development work with people with lived experience in that area.

Supervisor Noelia Corzo

I would like to request that you send the PowerPoint Presentation to Chantae so that we have a reference. I'm hoping to tour the Youth Services Campus as soon as I am able. I'm committed to getting some of these needs met in a better way.

A: Thank you. We're grateful for your support and we'd love to accompany you on that tour. I could try to get releases of information signed so that you could speak with some of the kids, many are from your district and I'm sure they would love to hear from you.

Meeting Adjourned:

The meeting was adjourned at 4:50 p.m. by Chris Rasmussen

Hall of Fame Awards

Congratulations to the 2023 Hall of Fame Honorees

Charlotte Rosario
Elaina Wolfe
Rocio Cornejo Panameno

Next MHSARC Meeting: March 1, 2023, from **3:30-5:00 p.m.**
Redwood Shores Library
399 Marine Parkway, Redwood City

Next Executive Committee Meeting: Wednesday, March 20, 2023, at 5:00 p.m.
2000 Alameda de las Pulgas, Atrium Room
San Mateo

PLEASE BE SURE TO CONTACT CHANTAE ROCHESTER AT 650.573.2544 IF YOU ARE UNABLE TO ATTEND EITHER THE BHC OR EXECUTIVE COMMITTEE MEETING.

In compliance with the American with Disabilities Act (ADA), auxiliary aids and services for this meeting will be provided upon request when given three-day notice. Please call 650.573.2544.