



SAN MATEO COUNTY HEALTH
AGING & ADULT SERVICES

Commission on Aging General Meeting Minutes

Monday, April 8, 2024, 9:00 – 11:00 a.m.

Location: In Person 455 County Center Room 101, Redwood City, CA 94063

Webinar Option for Public Attendance

Members present: Angela Giannini; David Linnell, Irene Liana; Kathy Uhl, Twila Dependahl; Joyce Porter; Liz Taylor; Maria Barr; Marita Leth; Monika Lee; Ophelie Vico and Deborah Owdom

Members excused: JoAnne Arnos; Karen Coppock and Eileen Barsi

Members absent: Patty Clement and Daniela Jonguitud

Public Virtual Attendance: Christina Irving, Hope Ivory, Cynthia Nakayama, Terue Shinohara, Wesley Taoka, Sandra Winter, Erin Malone, Dao Do, Kasey Jo Cullinan, Marya Ouro-Gbeleou, Sandra Lang, Ruth Cossey

In Person Public Attendance: Kevin Joyner, Supervisor Canepa’s office, Stephanie Figeira, Peninsula Volunteers, Inc. and Elyse Brummer, Ombudsman Services of SMC, Inc.

ITEM	DISCUSSION
1. Call to Order 2. Pledge of Allegiance 3. Roll Call	Meeting called to order at 9:00 a.m. by Chair Lee followed by reciting of the Pledge of Allegiance led by Commissioner Barr. Roll call conducted and quorum was established.
4. Introduction of members of the public	Chair Lee welcomed all in attendance both in person and virtually. Attendees who wished to introduce themselves were given an opportunity to do so. Kevin Joyner from Supervisor Canepa’s Office, Elyse Brummer from Ombudsman Services of SMC and Stephanie Figeira from Peninsula Volunteers, Inc joined the meeting in person and introduced themselves.
5. Oral Communications	No public comment.
6. Approval of Today’s Agenda: April 8, 2024	Commissioner Uhl motioned to approve the agenda. Seconded by Commissioner Linnell. Motion passed.
7. Approval of Minutes: March 11, 2024	Commissioner Barr motioned to approve the minutes with the following edits: <ul style="list-style-type: none"> • The Redwood Shores event has been in place for three

	<p>years instead of two</p> <ul style="list-style-type: none"> July presentation topic is Mental Health <p>Seconded by Commissioner Uhl. Motion passed.</p>
<p>8. Update on BoS activities regarding aging items</p>	<p>Kevin reported that Supervisor Canepa is planning an Age Friendly event in September and is in the process of securing a location and will share more details when they are available.</p>
<p>9. Committee and Ad Hoc Reports</p>	<p><u>Executive Committee</u></p> <p>Action Item: Submittal of Letter to Supervisor Canepa requesting funding to cover tabling/outreach expenses.</p> <ul style="list-style-type: none"> Chair Lee shared the background and purpose of the letter to request support in covering expenses related to tabling and outreach activities of the Commission. The amount requested is \$4,000. Commissioner Barr asked if \$4,000 was the ask or is the amount being allocated already. Chair Lee responded that it was the ask. The money will be used for about six events as well as for the expense of printing materials. Motion to approve by Commissioner Porter. Seconded by Commissioner Uhl. Motion passed. <p>Action Item: Approval to convene new standing committees based on Ad Hoc Strategic Planning Session recommendations.</p> <ul style="list-style-type: none"> Chair Lee shared the summary of the Ad hoc meeting discussion. The document was included in the board packet. The recommended areas for committees to cover follow: Information and Resources, Social Isolation and Transportation, Aging Readiness and Family Caregiver Support. Discussion followed: <ul style="list-style-type: none"> Commissioner Barr asked which of the committees will focus on “Affording Aging.” Chair Lee responded that “Aging Readiness” will cover “Affording Aging”. Each committee will discuss what specific areas to focus work on. Commissioner Vico asked if the committee will be sticking to the existing meeting schedule. Chair Lee responded meeting schedule will be discussed by members of each committee.

	<p>Commissioner Porter motioned to approve the new standing committees. Commissioner Linnell seconded the motion. Motion approved.</p> <p>Action Item: Approval to convene Ad Hoc Nominating Committee to identify Commissioner for 2nd Vice Chair</p> <ul style="list-style-type: none"> • Chair Lee announced Commissioner Porter is resigning from Commission on Aging and a nominating committee is needed for coordinating an election to fill the 2nd Vice Chair position. • Motioned by Chair Lee. Seconded by Commissioner Liana. • Unanimously approved • Commissioner Barr and Commissioner Taylor volunteered to be on the nominating committee. <p><u>Resource Access and Inclusion (RAI) Committee</u> Chair Lee shared updates on the Help@Home booklet. There is a delay on the printing due to printing error. Standards of communications subcommittee was established. The group will be looking for commissioners to fill the vacancy upon Commissioner Porter’s resignation.</p> <p><u>MISO (Middle Income Senior Opportunities) Committee</u> No meeting conducted in March, no report from MISO Committee.</p> <p><u>Transportation and Aging in Community (TAIC) Committee</u> Commissioner Liana reported that the group continues to have support from SamTrans. SamTrans distributed 5,000 Senior Mobility Guides. Veteran’s Village breakfast was well attended where SamTrans conducted a survey on how the attendees travel.</p> <p>The group reviewed the TAIC work plan and goals. They will continue discussions in upcoming meetings.</p> <p>The letter to the Board of Supervisors regarding the Colma bus stop was delivered and received a positive response. Commissioner Taylor thanked the group for working on the letter.</p> <p>Commissioner Dependahl attended a senior event in Redwood City where a survey was conducted on the transportation needs of older adults.</p>
<p>10. Presentations and Speakers</p>	<p>The group discussed presentation topics for upcoming General Meetings with the following schedule of topics:</p>

	<ul style="list-style-type: none"> • May: Adult Protective Services • June: Pride Month program • July: Mental Health • August: Recess Month • September: Loneliness and Isolation • October: Transportation • November: Housing Resources for older adults
<p>11. Member Reports</p>	<p>Commissioner Porter reported there are two Pride events in June and a South San Francisco event in April; and encouraged commissioners to volunteer to table.</p> <p>Commissioner Barr reported City of San Bruno is pending to be certified as an AgeFriendly city.</p> <p>Commissioner Giannini reported the Sheriff's Office offered to help in distributing Help@Home guides, so she dropped some off at their office.</p> <p>Commissioner Dependahl shared July will be the month for training on mental health and first aid for older adults..</p> <p>Commissioner Lee reported she attended a Peninsula Family Service event and shared that the location is a great space for non-profit agencies to conduct meetings rent free: Chan Zuckerberg Initiative Community Space in Redwood City.</p>
<p>12. Staff Report</p>	<p>Lee Pullen introduced himself to the group and shared his background and work experience. He thanked COA and staff for all their hard work and efforts to support older adults and adults with disabilities.</p> <p>Anna Sawamura announced the County Boards and Commissions site will be updated regarding the upcoming opening of a Commission appointment upon Commissioner Porter's last day scheduled for April 30th.</p> <p>The Area Plan has been submitted for BOS review and approval. Upon approval, the Area Plan will be submitted to the California Department of Aging for review and approval.</p> <p>The one time only funds were allocated to providers who are currently overserving or have requested additional funding support to meet projected increases in services through June 30, 2024.</p>

	<p>A request for proposal will be released for funds that are part of the Modernization of Older Californians Act. Staff are working on releasing the RFP soon with services to begin in the Fall. The allocation is:</p> <ul style="list-style-type: none"> • \$2.8M for Nutrition Services • \$1.178M for Supportive Service
13. Announcements	<p>Christina Irving shared that the Caregiver Collaborative is having an event on April 18th from 3pm to 5pm at Sports Basement in Redwood City. The event is a screening of a short documentary: "Caregiver A Love Story," followed by discussion with family caregivers.</p>
14. Stretch Break	<p>There was a 10-minute stretch break.</p>
15. COA Annual Report Presentation	<p>Presentation given by Monika Lee, Chair of Commission on Aging</p>
16. Discussion on strategic planning session recommendations and implementation	<p>Chair Lee recommended co-chairs for each committee to support and provide coverage as needed to conduct meetings. Suggested all commissioners review the three areas and identify as least one committee to join. She would also like Commissioners to express if they would like to be a lead of one of the committees.</p> <p>Committees may change the name and meeting schedule. Each committee should come up with a two-year work plan. Decisions/questions should be directed to Monika and Anna prior to the May General Meeting.</p> <p>Thursday, April 11 is the TAIC meeting. Commissioner Liana and Chair Lee encouraged commissioners who are interested in the new area of "social isolation and transportation" to join the TAIC meeting.</p>
17. Adjourn	<p>Commissioner Uhl moved to adjourn the meeting. Seconded by Commissioner Linnell. Motion passed.</p> <p>Meeting adjourned at 11:00 am.</p>



Commission on Aging

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