



SAN MATEO COUNTY HEALTH
AGING & ADULT SERVICES

Commission on Aging General Meeting Minutes

Monday, March 11, 2024 9:00 – 11:00 a.m.

Location: In Person 455 County Center Room 101, Redwood City, CA 94063

Webinar Option for Public Attendance

Members present: JoAnne Arnos; Angela Giannini; Daniela Jonguitud, David Linnell, Eileen Barsi; Irene Liana; Kathy Uhl, Twila Dependahl; Joyce Porter; Karen Coppock; Liz Taylor; Maria Bar; Marita Leth; Monika Lee; Patty Clement; Ophelie Vico and Deborah Owdom

Public Virtual Attendance: Ana M. Pulido, Erin Malone, Janet Bronson, Leah H., Marya Ouro-Gbeleou, Sandra Lang, Wesley Taoka, Christina Irving, Dao Do, Amber Shong, Miguel Martinez, Sandra Winter and 650-780-5702

In Person Public Attendance: Kevin Joyner, Supervisor Canepa’s office and Stephanie Figeira, Peninsula Volunteers, Inc

ITEM	DISCUSSION
1. Call to Order 2. Pledge of Allegiance 3. Roll Call	Meeting called to order at 9:00 a.m. by Chair Lee followed by reciting of the Pledge of Allegiance led by Commissioner Coppock. Roll call conducted and quorum was established.
4. Introduction of members of the public	Chair Lee welcomed all in attendance both in person and virtually. Attendees who wished to introduce themselves were given an opportunity to do so. Kevin Joyner from Supervisor Canepa’s Office and Stephanie Figeira from Peninsula Volunteers, Inc joined the meeting in person and introduced themselves. Janet Bronson and Sandra Lang joined the meeting virtually and introduced themselves.
5. Oral Communications	No public comment.
6. Introduction of New Commissioners	Chair Lee welcomed new commissioners, Daniela Jonguitud and David Linnell who introduced themselves following the welcoming.
7. Approval of Today’s Agenda: March 11, 2024	Commissioner Coppock motioned to approve the agenda. Second by Commissioner Porter. Motion passed.
8. Approval of Minutes: February 12, 2024	Commissioner Coppock motioned to approve the minutes. Seconded by Commissioner Liana. Motion passed. Abstained by

	Commissioner Uhl and Commissioner Linnell.
9. Update on BoS activities regarding aging items	Kevin reported that he attended the San Carlos Senior Showcase with Commissioner Barsi and Commissioner Porter, the Redwood Shores event with Commissioner Dependahl and a Menlo Park event with Supervisor Canepa. Great turnout at all events. Commissioner Dependahl added that the Redwood Shores event had been in place for two years and there is noticeable increase in activities for older adults.
10. Committee and Ad Hoc Reports	<p><u>Executive Committee</u></p> <p>Action item: Approval of CoA Letter to Board of Supervisors (Bos) regarding bus stop near Veteran’s Village in Colma</p> <p>Commissioner Coppock suggested to expand the area beyond Mission Road in Colma. Commissioner Taylor responded that she would like to keep the letter short and clear so as not to lose the focus. Commissioner Barr commented that the letter is good to go; and additional information, comments and suggestions can be added in future communications. Commissioner Arnos suggested to cc relevant veterans’ agency in the letter. Commissioner Leth commented that she is in support of the letter and is in favor to have the letter sent as is. Commissioner Linnell commented that he was a veteran and will support Commissioner Taylor to send this letter out as individuals if needed. Commissioner Clement suggested to add some more background information so that the Board will have a better understanding of where request is coming from.</p> <p>The group voted on the letter: 9 votes for; 8 votes against. Letter is approved.</p> <p>Action Item: Approval to convene an Ad Hoc CoA Strategic Planning Meeting</p> <p>Motioned by Commissioner Coppock, seconded by Commissioner Linnell.</p> <p>The group unanimously voted for convening an Ad Hoc Strategic Planning Meeting. Staff will send out survey to gather commissioners’ availabilities.</p>

	<p><u>Resource Access and Inclusion (RAI) Committee</u> Chair Lee reported the committee is busy preparing for upcoming tabling events. The color sample of the Help at Home booklet is available, and the group will pick the color. Chair Lee reported on the Buddy Program – Commissioner Barr is buddying with Commissioner Jongitud; Commissioner Porter is buddying with Commissioner Dependahl. Commissioner Linnell and Commissioner Owdom opted out of the Buddy Program.</p> <p>Commissioner Porter commented that there is a sign-up sheet being circulated and encouraged commissioners to sign up for upcoming tabling events.</p> <p><u>MISO (Middle Income Senior Opportunities) Committee</u> No meeting conducted in February; no report from MISO Committee.</p> <p><u>Transportation and Aging in Community (TAIC) Committee</u> Commissioner Liana welcomed Commissioner Uhl back and announced that she will continue to serve as the Chair of TAIC. The committee meetings have been well attended by SamTrans. During the meeting, SamTrans shared same-day paratransit service and Redi-wheels usage. SamTrans is also exploring shuttle services and will report back in the next meeting.</p> <p>Villages held a coffee connections event and SamTrans was there. SamTrans representatives talked about a lot of programs and services made available by SamTrans.</p> <p>Commissioner Uhl commented there are copies of Senior Mobility Guide and all commissioners are welcome to get a copy.</p>
<p>11. Presentations and Speakers</p>	<p>The group talked about presentation topics for upcoming General Meeting:</p> <ul style="list-style-type: none"> • April: review and approval of Commission Report to BOS • May: Adult Protective Services or Housing Resources for older adults <ul style="list-style-type: none"> ○ Commissioner Clement recommended include the percentage allocation to low income and seniors on housing resources. • June: Pride Month program

	<ul style="list-style-type: none"> • July: Mental Health • August: In Recess • September: Loneliness and isolation (tentative) • October: transportation • November: Adult Protective Services or Housing Resources for older adults <p>Commissioner Barr recommended a presentation on financial management/ Affording Aging for seniors.</p>
12. Member Reports	<p>Commissioner Uhl reported new information is available in the Senior Mobility Guide. She is sitting on the Paratransit Coordinating Council (PCC) committee and recommended to have them do a presentation and share information.</p> <p>Commissioner Dendahl reported that she is working on a course of getting mental health first aid for older adults. All commissioners are priority attendees. Tentatively the course will be held in June and will last for eight hours. The course is sponsored by mental health service, BHRS. More information about the curriculum will be available. Commissioner Clement commented she took the course and has been certified; recommended commissioners to take this course.</p> <p>Commissioner Owdom welcomed thoughts and ideas and recommendations for issues to be proposed as laws and regulations pursuant to older adults' affairs.</p>
13. Staff Report	<p>Lisa Mancini reported this is her last report at the COA meeting. She thanked the work done by Commission on Aging. New AAS Director, Lee Pullen, will start on March 25.</p> <p>Chair Lee presented flowers and card to Lisa on behalf of COA.</p>
14. Announcements	No announcements.
15. Close the CoA General Meeting	Motion to end CoA meeting was made. Public Hearing will begin after stretch break.
16. Stretch Break	There was a 10-minute stretch break.

17. Public Hearing 2024-2028 Area Plan Presentation	Presentation given by Anna Sawamura, Health Services Manager.
18. Re-Open the CoA General Meeting	The CoA General Meeting is reopened.
19. Action item: Vote for the approval of the Area Plan	Commissioner Porter motioned to approve the Area Plan. Second by Commissioner Coppock. Motion passed.
20. Adjourn	Commissioner Arnos moved to adjourn the meeting. Seconded by Commissioner Dependahl. Motion passed. Meeting adjourned at 11:00 am.



Commission on Aging

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