

# SAN MATEO COUNTY SOCIAL SERVICES & SUPPORT



SAN MATEO  
COUNTY HEALTH  
All together better.



1

## FOOD & GROCERIES

- [Second Harvest of Silicon Valley](#), Bing Center in San Carlos: (650) 610-0800 \*\*\*
- [CalFresh/EBT Online](#) (800) 223-8383
- [WIC San Mateo](#) (650) 573-2168
- Great Plates Delivered: [Home Meal for Seniors](#) (800) 675-8437
- [Ecumenical Hunger Project](#) (650) 323-7781
- [Mom's Meals](#) for disabled and older adults covered under Medicare and Medi-Cal. (650) 616-2060.



2

## HEALTH SERVICES & INSURANCE

- If you need insurance/food stamps: Human Services Agency (800) 223-8383
- If you have a job & don't have insurance: [SMC Health Coverage Unit](#) (650) 616-2002. If you don't have a job & don't have insurance: [Access and Care for Everyone \(ACE\)](#) (650) 616-2002
- If you need to talk to a nurse urgently: [Health Plan of San Mateo](#) (833) 846-8773 \*\*\*
- If you have general concerns about your health: [New Patient Connection Center](#) (650) 372-3200 \*\*\*
- San Mateo County accessible health clinics
  - [Ravenswood, East Palo Alto](#) (650) 330-7400 \*\*\*
  - [North East Medical Services, Daly City](#) (415) 391-9686 \*\*\*
  - [Mobile Clinic](#) (650) 573-2786 \*\*\*
  - [South San Francisco Clinic](#) (650) 877-7070 \*\*\*



3

## FINANCIAL SUPPORT

- For immigrants: [Immigrant Families Fund](#) funds \$500 to families who were left out of the federal government's relief effort/coronavirus stimulus check.
- San Mateo County [Emergency Financial Assistance](#) & [COVID-19 Emergency Financial Assistance](#) helps with housing costs, utility deposits, car repairs, transportation assistance, and medical expenses.



4

## HOUSING SUPPORT

- Eviction & immigrant support: [The Legal Aid Society San Mateo County](#) (650) 558-0915
- Homeless services: [Samaritan House](#): (650) 347-3648 \*\*\*
- Domestic violence:
  - To find a shelter: [W.O.M.A.N., Inc](#) (877) 384-3578 \*\*\*
  - [Community Overcoming Relationship Abuse \(CORA\)](#): (800) 300-1080 \*\*\*
  - [Victim Services Division](#): (650) 599-7479
  - [North American Islamic Shelter for the Abused](#): (888) 275-6472
- Mental health & substance use disorder:
  - [SMC Substance Use Treatment Services](#): (800) 686-0101
  - [National Suicide Prevention Lifeline](#): (800) 273-8255 \*\*\*

\*\*\* Resources that are accessible and available in short turn around time. Please expect an average of 1-3 days but can also take longer to access.

# SAN MATEO COUNTY COMMUNITY ORGANIZATIONS

Please find your city below and contact the organization if you need support in the following: food, emergency housing assistance, emergency utility assistance, shelter, rent assistance applications, and other basic needs. Organizations that can deliver food are highlighted in blue.

<p><b>COATSIDe HOPE</b></p> <p>(650) 726-9071 99 Ave Alhambra, El Granada</p> <p>M - TH 9 AM - 12 PM, 1 PM - 5 PM, F 1 PM - 5 PM</p> <p>Cities Served: El Granada, Half Moon Bay, Moss Beach, Montara</p>	<p><b>DALY CITY COMMUNITY SERVICE CENTER</b></p> <p>(650) 991-8007 350 90<sup>th</sup> St, Daly City</p> <p>M - T 9 AM - 12 PM, 1 PM - 4 PM, W 9 AM - 12 PM, F 1 PM - 4 PM</p> <p>Cities Served: Colma, Broadmoor in Daly City</p>	<p><b>FAIR OAKS COMMUNITY CENTER</b></p> <p>(650) 780-7500 2600 Middlefield Rd, Redwood City</p> <p>M, W, F 3 PM - 5 PM</p> <p>City Served: Redwood City</p>	<p><b>IN-HOME SUPPORT SERVICES PROGRAM</b></p> <p>(800) 675-8437 225 37<sup>th</sup> Ave, San Mateo</p> <p>M - F 8 AM - 5 PM</p> <p>Cities Served: San Mateo County (IHSS is for 65 years of age, disabled, or blind)</p>	<p><b>PACIFICA RESOURCE CENTER</b></p> <p>(650) 738-7470 1809 Palmetto Ave, Pacifica</p> <p>M - T 8:30 AM - 5 PM, W 8:30 AM - 7 PM, Th 8:30 AM - 5 PM, F 9 AM - 2 PM</p> <p>City Served: Pacifica</p>
<p><b>PUENTE DE LA COSTA SUR</b></p> <p>(650) 879-1691 620 North St, Pescadero</p> <p>M - F 9 AM - 1 PM, 1:30 PM - 6 PM</p> <p>Cities Served: La Honda, Loma Mar and San Gregorio</p>	<p><b>SAMARITAN HOUSE</b></p> <p>(650) 347-3648 4031 Pacific Blvd, San Mateo</p> <p>9 AM - 12 PM, 1 PM - 5 PM</p> <p>Cities Served: Belmont Mill Area, Burlingame, San Carlos, San Mateo, Foster City. Deliver only to seniors.</p>	<p><b>SAMARTIAN HOUSE SOUTH</b></p> <p>(650) 294-4312 1852 Bay Rd, East Palo Alto</p> <p>Call &amp; leave a voice message</p> <p>Cities Served: East Palo Alto Menlo Park</p>	<p><b>ST. VINCENT DE PAUL HOMELESS HELP CENTERS</b></p> <p>(650) 343-4403 50 N B St, San Mateo</p> <p>W - Su 9:30 AM - 12 PM, 1 PM - 4PM</p> <p>Cities Served: San Mateo County</p>	<p><b>YMCA, COMMUNITY RESOURCE CENTER</b></p> <p>(650) 276-4101 1486 Huntington Ave, South San Francisco</p> <p>M - F 8 AM - 4 PM</p> <p>Cities Served: Brisbane, San Bruno, South San Francisco</p>