

00:35:17 Frieda K. Edgette: 2022 Health & Wellness Conference: Hey students, do you want to discuss and learn about current topics about Health and Wellness? Depression/Anxiety, Stress, Eating Disorders, Psychology of Sexual Assault Survivors, Suicide Prevention, Healthy Food/Nutrition, Exercise/Nutrition, Drugs/Alcohol/Tobacco Addition, Covid-19 and Variants, Vaccine Education and more!

Registration is now open for an amazing youth leadership conference on Saturday, March 5 from 9:00 am-1:00 pm. Brought to you by your youth leaders from the San Mateo County Youth Commission, this online conference is FREE! Join other county youth leaders on March 5 for a morning of learning and engaging discussion with other students as well as professionals in the health field. Make connections & win prizes! Register at:

[bit.ly/HealthandWellnessConference](https://bit.ly/HealthandWellnessConference)

You must register to receive the zoom link for the conference. Q's? Email: Laura Weppner at [laura@weppnerfamily.com](mailto:laura@weppnerfamily.com).

00:35:59 Frieda K. Edgette: <https://agil143.wixsite.com/smcyouthsummit>

00:36:50 Leticia ("Leti") Bidó (She/Her): "Hope and Healing" Mental Health Conference (Sat., 4/9/22 9-4pm)

For more info. visit: [https://sfarchdiocese.org/event/mhc\\_2022](https://sfarchdiocese.org/event/mhc_2022)

00:39:35 Sheila Brar (she/her): Thank you commissioners for the event announcements they all look really great!

00:43:12 Erica Horn, California Clubhouse: Hi Folks, I failed to mention that the Office of Consumer and Family Affairs is also participating in the Peer Recovery Collaborative.

00:48:37 Erica Horn, California Clubhouse: Hi Freida, the link for the Conference isn't working. Do you have a different link?

00:49:20 Chris Rasmussen: <https://agil143.wixsite.com/smcyouthsummit>

00:49:50 Frieda K. Edgette: Thanks, Chris!

00:50:54 Frieda K. Edgette: @Erica, the March 5, 9-1 presented by the SMC Youth Commission can be accessed here: [https://docs.google.com/forms/d/e/1FAIpQLSdgX-pqIZzitN\\_QvgtVYU6AVc2J5xmCTdTZaxrZEE-mxIbRZA/viewform](https://docs.google.com/forms/d/e/1FAIpQLSdgX-pqIZzitN_QvgtVYU6AVc2J5xmCTdTZaxrZEE-mxIbRZA/viewform)

00:57:47 Erica Horn, California Clubhouse: Thank you Frieda.

00:58:33 Arturo Salazar\_Vision y Compromiso: Established in 2000, Visión y Compromiso (VyC) is a nationally respected organization dedicated to improving the health and well-being of underrepresented communities. Today, we are the only organization in California providing comprehensive and ongoing leadership development, capacity building, advocacy training, and support to over 4,000 Promotores and Community Health Workers.

Visión y Compromiso is committed to community well-being by supporting Promotores and other grassroots community leaders in California. Our approach invests in the personal and professional development of each promotor as a leader of change who influences her/his own family and surrounding community. Building mutually respectful and trusting relationships with community residents over time has the potential to improve health and expand opportunities in low income and immigrant communities across California.

00:58:41 Arturo Salazar\_Vision y Compromiso: In 2019, Visión y Compromiso launched the Mental Health Advocacy Project in the Bay Area to work directly with our Latino immigrants and refugee communities. The aim of this project was to expand and enhance the provision of culturally and linguistically appropriate mental health programs and services, address the impact of immigration (including possible experiences in immigrants' countries of origin), address the traumatizing climate of fear impacting the mental health and well-being of Latino immigrants and/or refugees and their families, and the mental health impacts of the pandemic.

Our Mental health Advocacy Project will conclude at the end of this fiscal year (June 2022), and we are asking for your support in participating virtually in our provider round table discussion to give us your opinion and thoughts on the multifaceted problems faced by our Latino, immigrant, and refugee community as it pertains to receiving mental health services.

00:59:22 Arturo Salazar\_Vision y Compromiso: Dates and Time:

1. April 20, 2022 San Mateo County

If you are able to participate, please reply to this email and we will forward you a zoom link. We thank you for your support and collaboration, which will result in healthy communities, families, and individuals.

Arturo M. Salazar, MSW

Mental Health Program Manager

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00:59:31 Doris Estremera (she/her): MHSA website for more information:

[www.smchealth.org/MHSA](http://www.smchealth.org/MHSA)

01:10:40 Leticia ("Leti") Bidó (She/Her): \*Next MHSA Steering Committee Meeting (Open to Public):  
Thursday, 5/5 @ 3-4:30pm.

01:25:27 Sylvia Tang | She/Her/她 | SMC BHRS ODE: To join the mailing list and/or get involved with SPC, you can reach out to Suicide Prevention Committee Co-Chairs Sylvia Tang (650-578-7165 | [stang@smcgov.org](mailto:stang@smcgov.org)) and Zena Andreani (650.339.5803 | [zena.andreani@star-vista.org](mailto:zena.andreani@star-vista.org)).

01:30:04 Sylvia Tang | She/Her/她 | SMC BHRS ODE: Thank you Commissioners for voting for updated commission name and by laws! And thanks to Chantae for all the behind the scenes support!

01:37:08 Doris Estremera (she/her): MHSA website:

<https://www.smchealth.org/MHSA>

01:38:10 Leticia Bidó (she/her): FY 2022-23 MHSA Annual Update- both Executive Summary & Full Document with Appendices/Presentation Slides can be found under "Announcements" here:

<https://www.smchealth.org/bhrs/mhsa>

01:40:04 Jean Perry she/her: public hearing for San Mateo County area plan for older adults and adults with disabilities for FY 2022-2023 <https://www.smchealth.org/post/public-hearing-notice>

01:47:11 Leticia Bidó (she/her): Send Public Comments on FY 2022-23 MHSA Annual Update to Doris Estremera, MHSA Manager-

Email: [mhsa@smcgov.org](mailto:mhsa@smcgov.org) / Phone: (650) 573-2889

For the optional Public Comment Form visit (under "Announcements"): <https://www.smchealth.org/MHSA>