

00:10:22 Jean Perry: I love the knitting in Yoko's background!

00:21:46 Sheila Brar (she/her): Mythbusting Diet Culture and Eating Disorders and how parents can help, February 7th @ 7 p.m. Sign up here: <https://kindfulbody.ck.page/19e94ae724>

00:22:19 Chantae Rochester: Mythbusting Diet Culture and Eating Disorders and how parents can help, February 7th @ 7 p.m. Sign up here: <https://kindfulbody.ck.page/19e94ae724>

00:23:37 Michael Lim: 1. 2023 Mental Health Stigma Roundtable Discussion Series. By Office of Mental Health at New York State. February 9, 2023, from 11:00-12:30 PST - Roundtable 3: The Role of the Media in Reducing Stigma

https://us02web.zoom.us/meeting/register/tZYsdeCprTMrGdMk_DhVMLpsgXZ4EsCMCAgC

00:24:26 Leticia Bidó (She, Her, Ella): MHSA 3-Year Plan Input Sessions – have started!

We will be attending various meetings throughout the County to seek input; these sessions will be focused on brainstorming solutions (services, programs, etc.) for the identified community needs per the survey. Please see the following list and join us: https://www.smchealth.org/sites/main/files/mhsa_3-year_plan_community_input_sessions.pdf

00:25:03 Michael Lim: 2. WISE U Medi-Cal Peer Support Specialist Certification Training

Training content is entirely online, delivered 50% Live & 50% Pre-Recorded over a two week period. Live training takes place Monday - Friday, between the hours of 8:00 AM - 5:00 PM via Zoom. Now accepting applications for the following training sessions:

April 10-21, 2023

<https://www.calvoices.org/wiseu>

00:25:27 Jean Perry she/her: List of currently scheduled session for Input Sessions re: MHSA 3 year plan: https://www.smchealth.org/sites/main/files/mhsa_3-year_plan_community_input_sessions.pdf

00:25:45 Chantae Rochester: 1. 2023 Mental Health Stigma Roundtable Discussion Series. By Office of Mental Health at New York State. February 9, 2023, from 11:00-12:30 PST - Roundtable 3: The Role of the Media in Reducing Stigma

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00:26:06 Michael Lim: 3. Webinar recording on "Substance Use: Practical Parenting and Keeping Kids Safe," featuring Los Gatos High School Principal, Kevin Buchanan, MEd, and Palo Alto University professors

Link to the recording & resources at:

https://www.paloalto.edu/blog/substance-use-practical-parenting-keeping-kids-safe?mc_cid=25cd0b65be&mc_eid=1c212e2eb4

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00:34:14 Jordan Anderson: h

00:35:17 Noelia Corzo (she/her/ella): Community Overcoming Relationship Abuse

00:35:20 Erica Horn: Thank you Yoko for your kind words to our community. Sorry I missed the committee. Unfortunately, I was out sick with COVID-19 that day but I'm so glad that our clubhouse team did a wonderful job hosting.

00:35:39 Sheila Brar (she/her): Community Overcoming Relationship Abuse

00:36:50 Yoko Ng (She / Her): It was a wonderful interaction with the hosts at California Club House. All of us felt welcomed by the warm hospitality of all staff and members. Thank you Erica ;)

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00:38:40 Yoko Ng (She / Her): I will attend, thank you, Leti.

00:51:52 Yoko Ng (She / Her): The next SPC meeting will be Tuesday, February 7 1:30-3:00pm via Zoom. To join, you may visit <https://zoom.us/j/410362485> or call 669-900-6833 (Meeting ID: 410 362 485). This meeting will focus on suicide data presentation by the San Mateo County Health Office of Epidemiology and Evaluation. This meeting will also discuss survey results from the 2023 SPC Priorities Survey. Meeting schedule and details at https://www.smchealth.org/sites/main/files/file-attachments/2023_smc_spc_meeting_schedule.pdf?1673397647.

To learn more and/or get involved with the SPC, you can reach out to SPC Co-Chairs Sylvia Tang (650-578-7165 | stang@smcgov.org) and Zena Andreani (650-339-5803 | zena.andreani@star-vista.org) or visit www.smchealth.org/SuicidePrevention.

00:59:00 Gina Quiney (she/her), County of San Mateo: There is a BOS Meeting on Feb. 28

00:59:20 Gina Quiney (she/her), County of San Mateo:

01:00:15 Chantae Rochester: Eating Disorder Resolution https://smcgov-my.sharepoint.com/:w:/g/personal/crochester_smcgov_org/EZE0m31q7pVlhaOhXsuK-FYB5eAroWLPqiNHhXr6hCN9bw?e=H4sXHV

01:06:24 Leticia Bidó (She, Her, Ella): ~MHSA Steering Committee meeting is TOMORROW, Feb 2, 2023, 3-4:30pm. This meeting is open to the public to provide input & make recommendations on the MHSA 3-Year Plan and brainstorm on priority

strategies to address behavioral health needs and on one-time available funds. For more info. visit: www.smchealth.org/MHSA

Zoom Meeting Link: <https://us02web.zoom.us/j/89224214146>

01:08:03 Gina Quiney (she/her), County of San Mateo: If it's on behalf of the commission, I think it should need a vote

01:08:30 Gina Quiney (she/her), County of San Mateo: But you can't vote on something that isn't agendized

01:08:40 Juda Tolmasoff (she, her): I agree with Gina.

01:09:43 Leticia Bidó (She, Her, Ella): Thanks for your help!

01:12:14 Leticia Bidó (She, Her, Ella): @Gina, @Juda - Thanks for your input!

01:12:28 Frieda K. Edgette: Yes thank you @Gina an @Jua!

01:12:37 Frieda K. Edgette: *@Juda

01:26:30 CAcevedo: Am I in the the right Zoom session? I am looking for San Mateo County Health Behavioral Health & Recovery Service - Elaina Wolfe

01:26:52 Chantae Rochester: Yes, you are in the right meeting.

01:27:00 CAcevedo: Thanks

01:27:55 Clara Jaeckel (she/her): I applaud the JJDPC and their work on the inspections of the juvenile facilities and crafting the recommendations! I really hope these recommendations can be funded and implemented as soon as possible to show our youth they have a place in the community and help them become healthy community members.

01:31:11 NAMI Outreach: Hello Chris, Nami Staff is in this meeting, but we cannot see our participation on the screen.

01:31:43 NAMI Outreach: Can you see us? We joined at 4.45 and the meeting was already started. Is this the meeting where the awards are going to be given?

01:32:32 Chris Rasmussen: we are in presentation mode, we see you. just finishing the business of our commission meeting. The awards will be presented after this presentation

01:35:24 Leticia Bidó (She, Her, Ella): Thank you JJDPC Commissioners for your important presentation to this community. As a commissioner, I am 100% in support of our joint work in the immediate future to help our detained youth. Please come to tomorrow's MHSA Steering Committee meeting. Let's get to work!

01:40:15 Johanna Rasmussen-Commissioner: Thank you for having us. We look forward to working with you all.

01:40:49 NAMI Outreach: Hello All: Nami staff is present in this meeting.

01:41:02 john b,he,his,cats: please send us this Power Point!

01:41:32 NAMI Outreach: Can the audience get a hold of this recording, please?

01:41:38 Johanna Rasmussen-Commissioner: Did the presentation come through ok

01:42:29 Pat WH: I just wanted to say that I saw a program about the famous Angola State Prison. The warden said that without vocational training, people released will soon be back.

01:43:10 Pat WH: Jen Basler. Yeah! one of my favorite BHRS person.!

01:43:18 Johanna Rasmussen-Commissioner: 2022 Annual Juvenile Hall Inspection

Report: <https://www.smcgov.org/probation/jjdpcc-inspection-reports>

01:43:31 Jenn Basler: Hi Pat! Hi Chris! I am at the jail now....

01:43:39 Chris Rasmussen: Thank you Pat

01:44:49 Rocio She/her/hers: Go Charlotte!!!! Congrats, NAMI loves you! `

01:45:39 Leslie Davis: We are so proud of Charlotte - we are all lucky to know you. xoxo

01:45:53 NAMI Outreach: Charlotte: Nami is so proud of you and your work! It is an honor to have you among us, we love you and we are all inspired by you!

01:46:17 NAMI Outreach: Charlotte also received the NAMI award last year as well!!

01:47:33 Juda Tolmasoff (she, her): Congratulations, Charlotte! So happy for you.

01:47:58 Nancy: Congrats Charlotte!

01:48:04 Jenn Basler: CONGRATULATIONS Elaina, you have made such a difference!!!!

01:48:21 Adriana Lopez: YAY CONGRATS ELAINA WE ARE PROUD OF YOU & LOVE YOU!!

01:48:23 CAcevedo: Go Elaina Wolfe "Choices:

01:48:25 Debi: Congrats Charlotte! Well deserved!

01:48:26 Leticia Bidó (She, Her, Ella): Warmest congrats, Charlotte!! Keep inspiring and making an impact!

01:48:54 Jerry: Congratulations

Eliana

01:49:12 CAcevedo: You got this

01:49:22 Jerry: ConyElaina...

01:50:08 Jerry: Congratulations Elaina ...H

01:50:35 john b,he,his,cats: Charlotte, You have such a True and Genuine Heart. Your Spirit spreads Joy to Our Communities in the face of the horrible battles all of Us with Lived Experience must wage war against.

01:54:08 Angela: Yay mom congratulations! So proud of you

01:54:30 Juda Tolmasoff (she, her): Congratulations, Elaina! Thank you for the work that you are doing...so important.

01:54:32 Leticia Bidó (She, Her, Ella): Warmest congrats, Elaina!! We appreciate your inner strength, courage and passionate service and contributions. We see you! We are grateful to YOU.

01:54:57 Yoko Ng (She / Her): Elaina, you inspire me in many ways you do. Thank you.

01:56:09 john b,he,his,cats: Rocio~~~You are Truly Amazing!

01:56:35 Charlotte Rosario: Congrats Elaina and Rocio!!! So well deserved.

01:57:20 NAMI Outreach: Wow!! Rocio!! Nami is so proud of you!! We love you and you deserve the world! You came so far and you are the best mom and the best co-worker! Go Rocio! FELICIDADES! :-)

01:57:50 Leslie Davis: We are so very proud of Rocio - you inspire us EVERY DAY and we are so very lucky to know her. To call you a team member and my friend, is truly a privilege

01:58:11 Juda Tolmasoff (she, her): Congratulations, Rocio! Your strength and resiliency are so inspiring. Thank you for working in our underserved communities.

01:58:49 Leticia Bidó (She, Her, Ella): WELCOME BACK!! Warmest congrats, Rocio!! Great to see you again at one of our meetings. Thank you for your heart's work...yes, always a reason to hope! Many blessings!