



PROCLAMATION

THE CITY OF EAST PALO ALTO PROCLAIMS THE MONTH OF MAY 2014 AS MENTAL HEALTH AWARENESS MONTH

WHEREAS, mental illness is fundamental to the overall health and well-being of all residents in San Mateo County; and

WHEREAS, severe mental health conditions such as schizophrenia, bipolar disorder, major depression, obsessive-compulsive disorder, and sever anxiety disorders are more common than cancer, diabetes and heart disease which affect up to five percent of the adult population and up to ten percent of our youth each year ; and

WHEREAS, the treatment success rates for mental health conditions compare favorably to the rate for chronic physical conditions such as heart disease, diabetes or cancer; and

WHEREAS, mental health conditions continue to remain shrouded in stigma and discrimination from societal misconceptions and prejudice creating barriers to full community integration and inclusion of people with mental health conditions and keeping those affected from seeking care; and

WHEREAS, increased public awareness of mental health issues may lead to reduced stigma and discrimination and earlier identification and treatment leading to lower health care and correctional costs, increased productivity, and improved ability to contribute to healthier families and communities; and

WHEREAS, each business, school, government agency, healthcare provider, organization and resident shares the responsibility of mental health challenges and has a responsibility to promote mental wellness and support prevention efforts; and

NOW, THEREFORE, BE IT RESOLVED that the City Council of East Palo Alto hereby proclaim May 2014 as Mental Health Awareness Month and take pride in upholding the dignity and civil rights of all its residents, including those with disabilities and pay tribute to all who devote their skill and expertise to the cause of better health of our residents.

Signed May 6, 2014

Honorable Mayor Laura Martinez



Attested by:

Nora Pimentel,
Deputy City Clerk