

National Recovery Month

Prevention Works • Treatment is Effective • People Recover
september 2018

It's a Celebration!

Join our upcoming events celebrating people in recovery from mental health and/or substance use disorders. In our community, behavioral health conditions affect many people. Drug overdoses were responsible for more than 42,000 deaths in the United States in 2016 – five times that of 1999. 6.4% of individuals 12 years and older suffer from an alcohol use disorder. These are sobering statistics, particularly when we know that it is often our most vulnerable community members who are suffering the consequences of drug use and addiction. During the month of September, Voices of Recovery San Mateo County (VORSMC) and the County of San Mateo Behavioral Health and Recovery Services (BHRS) will host several events as part of *National Recovery Month*. We hope to see you there!

JOIN THE
VOICES FOR
RECOVERY

invest in



health



home



purpose



community

National
Recovery Month
Prevention Works • Treatment is Effective • People Recover
september 2018

Celebration Kickoff

These event increases awareness and understanding of mental and substance use disorders, and promotes the message that behavioral health is essential to health, prevention works, treatment is effective, and people recover.

Candlelight Vigil - August 31st

400 County Center, Redwood City
6 to 8 p.m.

Art Show - Sept 1 - Sept 30th

Bridges Program
400 County Center, Redwood City
8 a.m. to 5 p.m.

BBQ Picnic & Resource Fair

September 18th

San Mateo Central Park

50 E. 5th Ave. San Mateo
10 a.m. to 2 p.m.

Movie Night & Dance

September 29th

Friendship Hall

416 S. Claremont St. San Mateo
“Brandon Novak Story “
followed by dancing
5 to 11 p.m.

September 4th

Recovery Breakfast

Bridges Program
680 Warren St. Redwood City
7 to 8:30 a.m.

Philomena Walk of Hope

Bridges Program to
400 County Center, Redwood City
8:30 a.m.

Board of Supervisors Proclamation

400 County Center, Hall of Justice
9 a.m.

Resource Fair

400 County Center, Courtyard
Redwood City
9 to 11 a.m.

VORSMC Open House

September 14th

1842 Bay Rd. East Palo Alto
5 to 8 p.m.



COUNTY OF SAN MATEO
HEALTH SYSTEM