

MHSA Three-Year Plan Workgroup

Meeting 1: November 10,
2022



SAN MATEO COUNTY HEALTH

**BEHAVIORAL HEALTH
& RECOVERY SERVICES**

Welcome & Agenda

1. Introductions (10 min)
2. Workgroup Objectives & Expectations (5 min)
3. MHSA Community Program Planning (CPP) Overview (10min)
4. Phase I: Needs Assessment (60min)



Workgroup Objectives

- **Goal:** Co-design, and implement an MHSA 3- Year Plan Community Program Planning (CPP) process that is equitable, inclusive and honors and centers the voices of marginalized communities.
- **Meeting Objectives:**
 1. Needs Assessment - review and advise on data needed to support a comprehensive needs assessment
 2. Strategy Development - advise on the community input process and community engagement best practices, to ensure it is inclusive of all vulnerable communities
 3. Input Sessions - Support opportunities for all San Mateo County community members to provide input





Participation Expectations


- Participation in all 3 scheduled meetings
- Completion of any homework assigned in between meetings by the deadline stated
- Be present, provide your input, stepping up and back
- Be brief and meaningful when voicing your opinion
- Practice both/and thinking; consider all ideas along with your personal interests



About MHSA

76%  **Community Services & Supports (CSS)**
Direct treatment and recovery services for serious mental illness or serious emotional disturbance

19%  **Prevention & Early Intervention (PEI)**
Interventions prior to the onset of mental illness and early onset of psychotic disorders

5%  **Innovation (INN)**
New approaches and community-driven best practices

1% tax on personal income over \$1 million

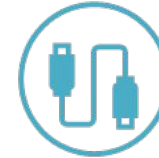
San Mateo County: \$39.2M annual 5-year average through FY 21-22; ~15% of the BHRS Budget

Workforce Education and Training (WET)



Education, training and workforce development to increase capacity and diversity of the mental health workforce

Capital Facilities and Technology Needs (CFTN)



Buildings and technology used for the delivery of MHSA services to individuals and their families.

MHSA Principles & Core Values

- Focus on wellness, recovery and resilience
- Cultural and linguistic responsiveness
- Consumer/client and family-driven services
- Integrated service experience
- Community collaboration



MHSA Planning Requirements

- Three-Year Plan & Annual Updates

What's in a 3-year Plan?

Existing Priorities

New Priorities

Expenditure Projections

What's in an Annual Update?

Program Specific Data and Outcomes

Implementation and Planning Updates

Changes to the 3-Year Plan

- Community Program Planning (CPP)
 - Diverse stakeholder Input
 - 30-Day Public Comment Period and Board of Supervisor approval

Community Program Planning Requirements

The process to be used by the County to develop Three-Year Program and Expenditure Plans and any updates, in partnership with stakeholders to:

1. Identify community issues related to mental illness resulting from lack of community services and supports, including any issues identified during the implementation of the Mental Health Services Act
2. Analyze the mental health needs in the community
3. Identify and re-evaluate priorities and strategies to meet those mental health needs



Community Program Planning Framework



Social Ecological Model

- Our health is impacted at various levels
- Social determinants of health
 - Access to healthcare
 - Education
 - Neighborhood
 - Built Environment
 - Economic Stability
 - Social and Community Context



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Phase I: Needs Assessment

42 data sources reviewed:

- BHRHS Data:
 - BHRHS Cultural Competence Plan
 - BHRHS Client Survey Data
 - MHSA Annual Updates
 - FSP Outcomes Report
 - BHC Crisis Coordination Recommendations
 - DHCS Performance Dashboard
 - Suicide Prevention Roadmap
 - Stigma Baseline Survey
 - Pride Center: COVID Impact Report
- Countywide Health Outcomes:
 - Dignity Community Health Needs Assessment (CHNA) Health and Quality of life
 - San Mateo County Health Alert Highlights Pandemics impact on Mental Health and Substance use
 - All Together Better Indicators SMC
 - California Health Interview Survey
- Older Adults
 - SMC Aging and Adult Services Area Plan
- Children and Youth
 - First 5 strategic plan
 - California Healthy Kids Survey 2019
 - Use of Acute Mental Health Care in U.S. Children's Hospitals Before and After Statewide COVID-19 School Closure Orders
 - 2022 California Children's Report Card
 - Supporting At-Risk Youth
- Other Special Populations
 - SMC Veterans Commission strategic plan
 - The Health, Mental Health, and Social Service Needs of Asian Americans and Pacific Islanders in California
 - Uncovering Unique Challenges: Variation in Unmet Mental Health Needs Among Latinx Ethnic Groups in California
 - Strategic Plan on Homelessness
 - Solutions for Supportive Homes



**1. Needs
Assessment**

Preliminary Data findings

- MHSA Needs Assessment Summary
 1. Access to Care Continuum
 2. Adult/Older Adult Services
 3. Crisis Continuum
 4. Housing Continuum
 5. Workforce
 6. Youth Services



What are your thoughts about this data?

Does this data capture the needs well? Is anything missing?

Thank you for a great first meeting!

December 5th, 2022

Next Meeting

Homework:

1. Review needs assessment summary
 - a. Needs Assessment summary review due November 18th