

ALCOHOL AND OTHER DRUG SERVICES DIRECTORY



COUNTY OF **SAN MATEO**
HEALTH SYSTEM

BEHAVIORAL HEALTH
& RECOVERY SERVICES

www.smchealth.org

**San Mateo County Health System's
Behavioral Health and Recovery Services**

Alcohol and Other Drug Services Directory

Behavioral Health and Recovery Services Alcohol and Other Drug Services (AOD) offers a broad range of services for the prevention and treatment of drug and alcohol disorders.

AOD administers substance use prevention and treatment funds from federal, state and local sources and provides substance use consultation, assessment, linkages, and referrals to a network of contracted community-based substance use treatment providers throughout the County.

Alcohol and other drug treatment services include: detoxification services, outpatient, residential, and medication assisted treatment. Culturally competent and integrated services are provided by addiction counselors, peers and mental health providers through a network of community partners. No one is turned away for lack of funds. Priority admission is given to pregnant and parenting women.

This Directory of Services is here to assist the general public in identifying and accessing alcohol and other drug services and recovery supports.

Get Help through the ACCESS Call Center

Anyone can contact the Access Call Center for assistance in finding mental health and/or substance use services for you or someone in your family who may be experiencing a mental illness and/or substance use condition. Call the Behavioral Health and Recovery Services (BHRS) ACCESS Call Center for an assessment, information and referral based on individual needs.

ACCESS Call Center: (800) 686-0101, TDD: (800) 943-2833

AOD Helpline: (650) 573-3950

www.smchealth.org

If you are experiencing a Mental Health Emergency or crisis, call 9-1-1 or go to your nearest hospital emergency room if you can safely get there.

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DEFINITIONS

Clinically Managed Residential Withdrawal Management	A service designed to safely assist patients through withdrawal without the need for on-site access to medical or nursing personnel. Trained staff provide 24-hour supervision, observation, and support for patients who are intoxicated or experiencing withdrawal in a residential setting.
Deferred Entry of Judgment (DEJ)	A drug court program where defendants are court mandated to participate in a 20-hour program that provides education and counseling services. They are also placed on DEJ probation and monitored. Offenders who satisfactorily complete their DEJ probation have their guilty or no contest pleas dismissed.
Driving Under the Influence (DUI) Programs	San Mateo County has 5-licensed DUI programs that provide first and / or multiple offender program services throughout San Mateo County. These programs are designed to enable participants to consider attitudes and behavior, support positive lifestyle changes, and reduce or eliminate the use of alcohol and / or drugs.
First Offender Program (FOP)	3, 6 or 9-month DUI program which provides a combination of education, group and individual counseling and other services.
Medication Assisted Treatment (MAT)	Combines behavioral therapy and medications to treat substance use disorders.
Multiple Offender Program (MOP)	18-month DUI program which provides a combination of education, group and individual counseling and other services.
Outpatient Treatment (OP)	A nonresidential alcohol and/or other drug service where individuals receive treatment individually and/or in group settings.
Sobering Station	A 24-hour facility that serves as a safe sobering-space and an alternative to jail for persons arrested for driving under the influence or public intoxication.
Wet and Reckless (WRP)	12-hour DUI program, education only.
Residential Treatment	Live-in program which is maintained and operated to provide 24-hour residential, nonmedical, alcoholism or other drug addiction recovery or treatment services
Transitional Housing	Also known as sober living environments (SLEs) are facilities/residences for individuals in recovery from addiction, which serve as an interim environment between treatment and their future lives. SLEs grew out of a need to have safe and supportive places in which people could live while they were in recovery.

Treatment Providers

A - Z

Asian American Recovery Services (AARS)

A program of HealthRight 360

www.healthright360.org

6181 Mission St.
Daly City, CA 94014

Ph. (415) 337-0140
Fax (415) 337-0411

Population served
Adults

Services
- Outpatient Treatment

Other Services
- School-Based Mental Health Services

Languages
- Tagalog
- Ilocano (2nd dialect)
- Cantonese
- Spanish

Bay Area Addiction Research & Treatment (BAART)

www.baartprograms.com

795 Willow Road
Menlo Park, CA 94025

Ph. (650) 324-1470
Fax (650) 324-4149

Population served
Adults

Services
- Opioid Treatment (Methadone)
- Other Medication Assisted Treatment

Languages

- Spanish
- Tagalog
- Russian

El Centro de Libertad The Freedom Center

www.elcentrodelibertad.org

Locations: Redwood City and Half Moon Bay

500 Allerton (Main office)
Redwood City, CA 94063

Ph. (650) 599-9955
Fax (650) 599-9273

Population Served
Adults, Youth

Services
- Outpatient Treatment

Other Services
- Parenting Classes
- Anger Management
- Domestic Violence
- Offers Transitional Housing

Languages
- Spanish

Free At Last

www.freeatlast.org

1796 Bay Road
East Palo Alto, CA 94303

Ph. (650) 462-6999
Fax (650) 462-1055

Population served
Adults

Services
- Outpatient Treatment
- Residential Treatment
- Offers Transitional Housing

Other Services

- Drop-in (Recreational) Center
- Referrals to Mental Health, Medical Care and Other Social Services

Languages
- Spanish

Health Right 360 – IMAT Clinic

www.healthright360.org

117 North San Mateo Drive
San Mateo, CA 94401

Ph. (650) 425-9408
Fax: (415) 554-0107

Population served
Adults

Services
- Medication Assisted Treatment

Languages
- Spanish

Hope House Service League of San Mateo County

www.servicleague.org

3789 Hoover Street
Redwood City, CA 94063

Ph. (650) 363-8735
Fax (650) 363-8701

Email:
hopehouse@servicleague.org

Populations served
Adult Women

Services
- Residential Treatment

Palm Avenue Detox

Horizon, Inc.

www.horizonservices.org

2251 Palm Avenue
San Mateo, CA 94403

Ph. (650) 513-6500

Fax (650) 345-7023

Populations served

Adults

Services

- Clinically Managed Residential Withdrawal Management

Languages

- Spanish
- Tagalog

Latino Commission

www.thelatinocommission.org

301 Grand Avenue, Suite 301
South San Francisco, CA 94080

Ph. (650) 244-1444

Fax (650) 244-1447

Residential Intakes:

(650) 244-0305

Populations served

Adults

Services

- Outpatient Treatment
- Residential Treatment
- Offers Transitional Housing

Languages

- Spanish

Our Common Ground

www.ocgworks.org

2560 Pulgas Avenue
East Palo Alto, CA 94303

Ph. (650) 325-6466

Fax (650) 325-6467

Populations served

Adults

Services

- Residential Treatment
- Outpatient Treatment

Other Services

- Offers Transitional Housing

Languages

- Spanish

Pioneer Court

Outpatient Program

A program of HealthRight 360

www.healthright360.org

2015 Pioneer Ct. Suite B
San Mateo, CA 94403

Ph. (650) 273-4813

Fax (650) 638-1602

Population served

Adults, Youth

Services

- Outpatient Treatment

Other Services

- Mental Health Services

Languages

- Spanish
- Tagalog
- Lao
- Cantonese

Project Ninety

www.projectninety.org

720 South B Street
San Mateo, CA 94401

Ph. (650) 579-7881

Fax (650) 579-2640

Populations served

Adult Men

Services

- Residential Treatment
- Offers Transition Housing

Pyramid Alternatives, Inc.

www.pyramidalternatives.org

480 Manor Plaza (Main office)
Pacifica, CA 94044

Ph.(650) 355-8787

Fax (650) 355-8780

Population served

Adults, Youth

Services

- Outpatient Treatment

Other Services

- Anger Management
- Domestic Violence
- Mental Health Services
- Senior Support Services
- Parenting Program
- School-Based Mental Health Services

Languages

- Spanish
- Tagalog
- Cantonese
- Mandarin
- Russian
- Farsi
- French

Sitike Counseling Center

www.sitike.org

306 Spruce Avenue
South San Francisco, CA 94080

Ph. (650) 589-9305

Fax (650) 589-9330

Population served

Adults

Services

- Outpatient Treatment

Other Services

- Anger Management
- Domestic Violence
- Adolescent Drug Education

Languages

- Spanish

StarVista - Archway

www.star-vista.org

609 Price Avenue, Suite 201
Redwood City, CA 94063

Ph. (650) 366-8433

Fax (650) 366-8455

Population served

Adults

Services

- Outpatient Treatment

Other Services

- Domestic Violence
- Anger management
- Mental Health Services
- Offers Transitional Housing

Languages

- Spanish

**StarVista –
First Chance**

www.star-vista.org

826 Mahler Road
Burlingame, CA 94010

Ph. (650) 689-5597

Fax (650) 689-5697

Population served

Adults

Services

- Outpatient Treatment
- Sobering Station
- Case Management
- Linkage to Medication Assisted Treatment

Other Services

- HIV/STD Education
- Offers Transitional Housing

Languages

- Spanish

StarVista – Insights

www.StarVista.org

609 Price Ave Suite 205
Redwood City, CA 94063

Ph. (650) 366-8436

Fax (650) 366-8455

Population served

Youth

Services

- Outpatient Treatment

Other Services

- Anger Management
- Mental Health Services
- Case Management
- Offers Transitional Housing

Languages

- Spanish

**StarVista –
Women’s Enrichment
Center (WEC)**

www.star-vista.org

335 Quarry Road
San Carlos, CA 94070

Ph. (650) 591-3636

Fax (650) 591-3600

Population served

Adult Women

Services

- Outpatient Treatment

Other Services

- Anger Management
- Mental Health Services
- Case Management
- Offers Transitional Housing

Languages

- Spanish

**Women’s Recovery
Association (WRA)**

**A program of HealthRight
360**

www.healthright360.org

(Main Office)
2015 Pioneer Ct. Suite B
San Mateo, CA 94403

Ph. (650) 273-4790

Fax (650) 638-1602

Population served

Women

Services

- Residential Treatment

Other Services

- Mental Health Services
- Offers Transitional Housing

Languages

- Cantonese
- Tagalog
- Russian

DUI, DEJ & Court Ordered Programs

A - Z

El Centro de Libertad The Freedom Center

www.elcentrodelibertad.org

San Mateo, Redwood City

500 Allerton (Main office)
Redwood City, CA 94063

Ph. (650) 599-9955

Fax (650) 599-9273

Population Served

Adults, Youth

Services

- Deferred Entry of Judgment (DEJ)

Languages

- Spanish

Free At Last

www.freeatlast.org

1796 Bay Road
East Palo Alto, CA 94303

Ph. (650) 462-6999

Fax (650) 462-1055

Population served

Adults

Services

- Wet and Reckless Program (WRP)
- First Offender Program (FOP)

Languages

- Spanish

Occupational Health Services (OHS)

www.mhn.com

San Mateo, Redwood City

(Main Office)
1941 O' Farrell, Suite 114
San Mateo, CA 94403

Ph. (650) 572-0300

Fax (650) 572-0274

Email: ohssanmateo@mhn.com

Population served

Adults

Services

- Wet and Reckless Program (WRP)
- First Offender Program (FOP)
- Multiple Offender Program (MOP)

Languages

- Spanish

Pyramid Alternatives, Inc.

www.pyramidalternatives.org

San Bruno, Pacifica, San Mateo

480 Manor Plaza (Main office)
Pacifica, CA 94044

Ph. (650) 355-8787

Fax (650) 355-8780

Population served

Adults

Services

- Wet and Reckless Program (WRP)
- First Offender Program (FOP)
- Multiple Offender Program (MOP)
- Deferred Entry of Judgment (DEJ)

Languages

- Cantonese
- Mandarin
- Spanish

Sitike Counseling Center

www.sitike.org

306 Spruce Avenue
South San Francisco, CA 94080

Ph. (650) 589-9305

Fax (650) 589-9330

Population served

Adults

Services

- Wet and Reckless Program (WRP)
- First Offender Program (FOP)
- Deferred Entry of Judgment (DEJ)

Languages

- Spanish

StarVista - Archway

www.star-vista.org

609 Price St
Redwood City, CA

Ph. (650) 366-8433

Fax (650) 366-8455

Population served

Adults

Services

- Wet and Reckless Program (WRP)
- First Offender Program (FOP)
- Deferred Entry of Judgment (DEJ)

Languages

- Spanish
- Other languages as needed

Other Recovery Resources and Supports

A - Z

The ADAPT Foundation

Box 1052
San Carlos, CA 94070

Ph. (650) 245-8489

Email:urgenthelp@adaptfoundation.org

Services

Provides support and educational services for friends and family of drug and alcohol abusers including.

Addiction Treatment Services (ATS) VA Palo Alto Healthcare System

www.paloalto.va.gov

3801 Miranda Ave
Palo Alto, CA 94304

Ph. (650) 493-5000
ext. 11-60050

Services

Provides treatment for Veterans with substance use problems.

Alcoholics Anonymous (AA)

www.aa-san-mateo.org

2242 Palm Avenue
San Mateo, CA 94403

Ph. (650) 577-1310

Email:aa@aa-san-mateo.org

Services

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each

other so that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking.

Languages

- Spanish

AIDS Community Resource Consortium (Syringe Access Program)

2684 Middlefield Road, Suite E
Redwood City, CA 94063

Ph. (650) 364-6563

Services

FREE sterile syringe exchange and safe injection supplies, condoms and safe sex supplies, and referrals to additional services.

Drop-in Hours:

Tuesday through Friday
9am-6pm
Or call Megan: (650) 364-6563

Alanon and Alateen

www.alanonmidpeninsula.org

Meeting Locations Throughout San Mateo County

Ph. (650) 592-7935

Email:

meetinglist@alanonmidpeninsula.org

Services

Part of a worldwide fellowship that offers a program of recovery for the families and friends of alcoholics, whether or not the alcoholic recognizes the existence of a drinking problem or seeks help. Alateen is part of the Al-Anon fellowship designed for the younger relatives and friends of alcoholics through the teen years.

Languages

- Spanish

California Tobacco Helpline

www.nobutts.org

Ph. (800) -NO-BUTTS
(800-662-8887)

Services

Offers support, counseling, information, education and resources for individuals interested in stopping or reducing their tobacco use.

Cantonese
(800) 838-8917

Korean
(800) 556-5564

Mandarin
(800) 838-8917

Spanish
(800) 45-NO-FUME
(800-456-6386)

Vietnamese
(800) 778-8440
TDD/TTY

Hearing Impaired
(800) 933-4TDD (800-933-4833)

Tobacco Chewers: (800)
844-CHEW (800-844-2439)

Hours of Operation:

Monday -Friday 7am-9pm
Saturday 9am-1pm

For those living outside California, please call (800) QUIT_NOW (784-8669) and you'll be connected with your local quit line.

Heart and Soul, Inc.

www.heartandsoulinc.org

210 Industrial Road, #205
San Carlos, CA 94070

Ph. (650) 232-7426
Fax (650) 832-1463

Services

Provides self-help centers and anti-stigma programming. Offers recovery-oriented and wellness support classes.

LifeRing Secular Recovery

www.lifering.org

1440 Broadway, Suite 400
Oakland, CA 94612

Ph. (800) 811-4142

Services

LifeRing is an abstinence-based, worldwide network of individuals seeking to live in recovery from addiction to alcohol or to other non-medically indicated drugs. Offers peer-to-peer support in ways that encourage personal growth and continued learning through personal empowerment.

In San Mateo County, the following face-to-face meetings occur every week.

Monday 7:00 PM:
Mills Peninsula Hospital
1501 Trousdale, Dr., Bldg B, 1st Floor, Rm D
Burlingame

Wednesday 6:00 PM:
Pacifica Resource Center
1809 Palmetto Ave.
Pacifica

Thursday Noon
VA Clinic
1001 Sneath Ln, 3rd Floor
San Bruno

Saturday Noon:
Mills Peninsula
100 S. San Mateo Dr., 4th Floor
Millinium Room
San Mateo

Narcotics Anonymous (NA)

www.norcalna.org

*Meeting Locations
Throughout San Mateo County*

Ph. (650) 802-5950

Services

Narcotics Anonymous is a fellowship of men and women who are learning to live without drugs. Groups meet regularly.

Languages

- Spanish

Network of Care County of San Mateo

www.sanmateo.networkofcare.org

Services

Network of Care is a comprehensive, Internet-based community resource for people with mental illness, as well as their caregivers and service providers. This easy-to-use Web site provides an extensive directory to put people in touch with the right services at the right time. It also offers vital information about diagnoses, insurance and advocacy, as well as daily news from around the world concerning mental health.

Office of Consumer and Family Affairs

www.smhealth.org/bhrs/ocfa

Ph. (800) 388-5189

Services

The office of Consumer and Family Affairs (OCFA) provides a way for San Mateo County Behavior Health and Recovery Services clients / consumers and their family members to participate and have a voice in the creation and review of policies and service. The OCFA facilitates access to the grievance and problem resolution process, and is dedicated to training, supporting and educating the Behavioral Health System about consumer and family culture.

Languages

- Services available in multiple languages as needed

Psychiatric Emergency Services (PES)

San Mateo Medical Center
222 West 39th Ave., San Mateo, CA, 94403

Ph. (650) 573-2662

Services

Emergency psychiatric services for individuals who are experiencing acute psychological distress. Provides treatment, consultation, assessment, information and diagnoses.

Languages

- Services available in multiple languages as needed

Prenatal to Three Initiative - Prenatal Addiction Outreach Team

www.smchealth.org/pre3

2000 Alameda de las Pulgas
San Mateo, CA 94403

Ph. (650) 573-2502
Fax (650) 341-0674

Services

Home visiting case management to San Mateo County pregnant and parenting women (adult or teen) with child under the age of three with substance abuse concerns. Services include comprehensive alcohol and drug assessment, motivational counseling, full pre-treatment services, referrals and linkages to treatment programs, prenatal / pediatric care, medical services, child care, WIC program, etc.

Service League of San Mateo County

www.serviceleague.org

727 Middlefield Road
Redwood City, CA 94063

Ph. (650) 364-4664

Email:
info@serviceleague.org

Services

Provides in-custody programs, services, and other activities within all San Mateo County jails. The agency also delivers after-release programs and services at five program sites in the community including transitional housing, transportation, and other supports.

Drop in hours are Monday thru Friday 8AM to 5PM

Star Vista 24-Hour Alcohol and Drug Help Line

Ph. (650) 573-3950

Services

A help line counselor will answer questions about alcohol and other drug prevention and recovery programs. Offers support for persons dealing with their own alcohol and other drug issues or for those whose lives have been affected by alcohol and drug abuse in others by referring these individuals to appropriate services.

Languages

- Services available in multiple languages as needed

San Mateo County BHRS ACCESS Call Center

www.smchealth.org

Ph. (800) 686-0101
TDD: (800) 943-2833

Services

Provides information and referrals about mental health and substance abuse resources in San Mateo County.

Languages

- Services available in multiple languages as needed

San Mateo County Juvenile Probation

<http://probation.smcgov.org/juvenile-services-division>

222 Paul Scannell Drive
San Mateo, CA 94402

Ph. (650) 312-8816
Fax (650) 312-5349

Services

Provides juvenile drug court services which include intervention services, parenting and education classes for parents of juvenile drug offenders, urine analyses, and monitoring and supervision of compliance with court orders by participants in Juvenile Drug Court.

STD/HIV Program-Edison Clinic

222 39th Avenue, 1st Floor, San Mateo, CA 94403

Ph. (650) 573-2385

Email:
ph_counselor@smcgov.org

Services

The Program provides comprehensive, community-based prevention and testing services, STD/HIV related health care, social services, advocacy, and referrals to community agencies providing drug treatment, housing, food, dental care and other services.

Voices of Recovery (VOR)

www.vorsmc.org

310 Harbor Blvd, Bldg., E
Belmont, CA 94002

Ph. (650) 802-6552
Fax (650) 592-5375

Services

Voices of Recovery San Mateo County (VORSMC) creates peer-led opportunities for education, wellness, advocacy and support services for individuals in or in need of long term recovery from alcohol and other drug addictions, equally sharing these opportunities and support services with impacted families.

Vocational Rehabilitation Services (VRS)

550 Quarry Road
Belmont, CA 94002

Ph. (650) 802-6450
Fax (650) 508-0782

Services

Provides skills assessment, vocational testing, individual and group counseling, development of individual long- and short-term vocational goals toward self-sufficiency, referral to training programs, and job development and placement for participants of county-contracted alcohol and drug treatment programs.

Prevention Partnerships

Regional

Community-based alcohol and drug prevention partnerships are acting both regionally and county-wide to identify and address community-level conditions that promote or encourage underage alcohol use and to reduce the harmful consequences of alcohol and other drug abuse. Youth and adult residents, service provider agencies, schools, law enforcement, and others have joined these efforts to make positive changes in their communities.

Coastside Prevention Partnership

Half Moon Bay, Montera, Pescadero, Moss Beach, La Honda

Youth Leadership Institute

www.yli.org

1670 S Amphlett Blvd. Suite 250
San Mateo, CA 94402

Contact

Fahad Qurashi
FQurashi@yli.org

East Palo Alto Substance Abuse Prevention Coalition

East Palo Alto

One East Palo Alto

www.oneepa.org

1798-B Bay Road
East Palo Alto, CA 94303

Ph. (650) 330-7462

Contact

Faye C. McNair-Knox, Ph.D.
mcnair@1epa.org

North County Prevention Partnership

Daly City, Pacifica

Asian American Recovery Services (AARS)

www.ncppsanmateo.org

1115 Mission Rd.
South San Francisco, CA 94080

Ph. (650) 243-4855
Fax (650) 243-4851

Contact

Lyanna Pillazar, MPH, CHES
lpillazar@aars.org

North Central San Mateo Prevention Partnership

San Mateo

Peninsula Conflict Resolution Center

www.pcrcweb.org

1660 S. Amphlett Blvd.
Suite 219
San Mateo, CA 94402

Ph. (650) 513-0330 ext. 318
Fax: (650) 513-0335

Contact

Malissa Netane
mnetane@pcrcweb.org

Redwood City and North Fair Oaks Prevention Partnership

Redwood City, North Fair Oaks

Redwood City 2020

www.rwc2020.org

400 Duane Street, Room 125
Redwood City, CA 94062

Ph. (650) 423-2200 ext. 3466

Contact

Madeleine Kane
mkane@redwoodcity.org

Friday Night Live/Club Live

County-Wide

Youth Leadership Institute

Provides countywide coordination for Friday Night Live (high school) and Club Live (middle school) as well as expertise in youth development and engagement, and environmental prevention strategies and best practices. YLI partners with SMCAOD and the community based prevention efforts.

www.yli.org

1670 S Amphlett Blvd. Suite 250
San Mateo, CA 94402

Contact

Fahad Qurashi
FQurashi@yli.org