



SAN MATEO COUNTY HEALTH  
**BEHAVIORAL HEALTH  
 & RECOVERY SERVICES**

CLIENT NAME \_\_\_\_\_ MH ID # \_\_\_\_\_

**ADULT REASSESSMENT**

Agency/Program \_\_\_\_\_ Assessment Date \_\_\_\_\_

CLIENT NAME _____		MH ID # _____	
Admission Date _____			
Address _____		Birth Date _____	Age _____
Phone Number (Home) _____		Cell # _____	Work # _____
Emergency Contact: Name _____		Phone Number _____	
Source of Information: <input type="checkbox"/> Client interview <input type="checkbox"/> ICI <input type="checkbox"/> Previous Records <input type="checkbox"/> Other _____			
Ethnicity _____		Primary Language _____	
If Primary Language is not English, how will language needs be met? _____			
Is Client able to communicate in English? <input type="checkbox"/> Yes <input type="checkbox"/> No    Interpreter Name (if needed) _____			

**Other people or agencies actively involved in the client's care:**

\_\_\_ Conservator (name): \_\_\_\_\_ Other \_\_\_\_\_  
 \_\_\_ Case Manager (from where \_\_\_\_\_) Other \_\_\_\_\_

**Updates to Presenting Problem, and Current Symptoms (state presenting problem/reason for treatment):**

**Updates to Psychosocial History**

(Include current living situation, family history, legal issues, strengths, cultural and spiritual info)



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Updates to Psychiatric and Medical History (Include changes in the past year, medication changes, current medication, psychiatric treatment, hospitalization)

[Empty box for updates to psychiatric and medical history]

Overall Concerns / RISK

Yes  None  Undetermined

Suicide/Harm to Self  Yes  No Homicide/Harm to Others  Yes  No

Changes in Substance Use Status (since last assessment)

Yes  None  Undetermined. If yes, explain: \_\_\_\_\_

Substance Abuse History  None/Not Relevant

Substance	Age of 1 <sup>st</sup> Use	Highest Usage Amount and Frequency dur. Time Period	Current Usage with Amount/Frequency/Route	Date of Last Use	Rating of current abuse 0 – 4 minimal- severe
Alcohol					
Amphetamines					
Cocaine					
Opiates					
Sedatives					
PCP					
Hallucinogens					
Inhalants					
Marijuana					
Cigarettes					
RX Drugs					

Other information:  Client supplied a urine specimen for tox screen. Results: \_\_\_\_\_

Does TRAUMA Impact Functioning or Presenting Problems

Yes  No  Unknown

Overall Summary/Evaluation of current Risk/Trauma/AOD Use

[Empty box for overall summary/evaluation]



CLIENT NAME \_\_\_\_\_ MH ID # \_\_\_\_\_

Sexual Orientation and Gender Identify

What is your preferred name? \_\_\_\_\_

What is your sexual orientation?

- Sexual orientation options: Straight or heterosexual, Lesbian or Gay, Bisexual, Queer, Asexual, Don't Know/Declined to answer, Did not ask, Another

What is your current gender identity?

- Gender identity options: Male, Female, Female to Male/Transgender Male, Male to Female/Transgender Female, Genderqueer not exclusive male/female, Declined to answer, Did not ask, Another

What are your pronouns?

- Pronoun options: He/Him, She/Her, They/Them, Declined to Answer, Did not ask, Another

What sex were you assigned at birth on your original birth certificate?

- Sex assigned at birth options: Male, Female, Declined to answer, Did not ask, Another

Have you been diagnosed by a Doctor with an intersex condition?

- Intersex condition options: Yes, No, Declined to answer, Did not ask

LOCUS

Functional Rating (Sum of all ratings): \_\_\_\_\_

Risk of Harm: Rate (1-5)\_\_\_\_\_ Functional Status: Rate (1-5)\_\_\_\_\_

Co-Morbidity: Rate (1-5)\_\_\_\_\_ Recovery Environment (Stress): Rate (1-5)\_\_\_\_\_

Recovery Environment (Support): Rate (1-5)\_\_\_\_\_ Treatment & Recovery History: Rate (1-5)\_\_\_\_\_

Engagement: Rate (1-5)\_\_\_\_\_ Is client on meds? Yes No

Rate (0-5)\_\_\_\_\_ the extent to which total rating above is influenced by substance abuse, unresolved medical condition, developmental disability, situational issues: (Describe):

Mental Status Exam: May ONLY be completed by Licensed/Waivered MD/NP, MFT/MFTI, LCSW/ASW, PhD/PsyD, RN with Psych MS or training or Trainee with co-signature.

General Appearance

- General Appearance options: Appropriate, Disheveled, Bizarre, Inappropriate, Other

Thought Content and Process

- Thought Content and Process options: Within Normal Limits, Aud. Hallucinations, Vis. Hallucinations, Delusions, Paranoid Ideation, Bizarre, Suicidal Ideation, Homicidal Ideation, Flight of Ideas, Loose Associations, Poor Insight, Attention Issues, Fund of Knowledge, Other

Affect

- Affect options: Within Normal Limits, Constricted, Blunted, Flat, Angry, Sad, Anxious, Labile, Inappropriate, Other

Speech

- Speech options: Within Normal Limits, Circumstantial, Tangential, Pressured, Slowed, Loud, Other

Physical and Motor

- Physical and Motor options: Within Normal Limits, Hyperactive, Agitated, Motor Retardation, Tremors/Tics, Unusual Gait, Muscle Tone Issues, Other

Cognition

- Cognition options: Within Normal Limits, Orientation, Memory Problems, Impulse Control, Poor Concentration, Poor Judgment, Other

Mood

- Mood options: Within Normal Limits, Depressed, Anxious, Expansive, Irritable, Other

MSE Summary:

Empty box for MSE Summary



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**Diagnosis:**

Does the client have a substance abuse/dependence issue?  Yes  No  Unknown

Has client experienced traumatic events?  Yes  No  Unknown

Check one entry in √ P column to specify the Primary diagnosis. (You may report additional diagnoses)

Place a check in the √ AOD column if the diagnosis is substance abuse/dependence related.

DSM5 DIAGNOSIS	ICD-10	√ AOD	√ P

**General Medical Conditions**

17 = Allergies	12 = Diabetes	29 = Muscular Dystrophy
16 = Anemia	09 = Digest-Reflux,Irrit'IBowel	15 = Obesity
01 = Arterial Sclerotic Disease	34 = Ear Infections	21 = Osteoporosis
19 = Arthritis	26 = Epilepsy/Seizures	30 = Parkinson's Disease
35 = Asthma	02 = Heart Disease	31 = Physical Disability
06 = Birth defects	18 = Hepatitis	08 = Psoriasis
23 = Blind/Visually Impaired	03 = Hypercholesterolemia	36 = Sexually TransmittedD.
22 = Cancer	04 = Hyperlipidemia	32 = Stroke
20 = Carpal Tunnel Syndrome	05 = Hypertension	33 = Tinnitus
24 = Chronic Pain	14 = Hyperthyroid	10 = Ulcers
11 = Cirrhosis	13 = Infertility	
07 = Cystic Fibrosis	27 = Migraines	00 = No Gen. Medical Cond'n
25 = Deaf/Hearing Impaired	28 = Multiple Sclerosis	99 = Unk/Not Report'd. GMC
37 = Other: (Please list)		

Number of children under the age of 18 the client cares for or is responsible for at least 50% of the time \_\_\_\_\_

Number of dependent adults age 18 or older the client cares for or is responsible for at least 50% of the time \_\_\_\_\_

**Diagnostic Comments:**

**Service Strategies: Check any service strategy likely to be used during the course of this plan.**

- Peer/Family Delivered Services (50)
- Psychoeducation (51)
- Family Support (52)
- Supportive Education (53)
- Delivered in wt LawEnforcement (54)
- Delivered in Partnership wt. Health Care (55)
- Delivered in Partnership wt. Social Services (56)
- Delivered in Partnership wt Substance Tx (57)
- Integrated Services Mental Health & Aging (58)
- Integrated Mental Health/Developmental Dis (59)
- Ethnic-Specific (60)
- Age-Specific Service (61)
- Unknown Service Strategy (99)



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### Clinical Formulation

May ONLY be completed by Licensed/Registered/Waivered MD/OD/NP, MFT, LCSW, LPCC, PhD/PsyD, RN with Psych MS or Trainee with co-signature.

**As a result of the Primary Diagnosis, the client has the following functional impairments:**

Treatment is being provided to address, or prevent, significant deterioration in an important area of life functioning.

- School/Work Functioning
- Social Relationships
- Daily Living Skills
- Ability to Maintain Placement
- Symptom Management

**Clinical Formulation:** (Include current presenting issues, course of treatment, impairments, diagnostic criteria, strengths, and treatment recommendations)

### Additional Factors or Comments:

\_\_\_\_\_  
**Authorized Clinical Staff\* involved in assessment interview** Signature and Date

\_\_\_\_\_  
**Authorized Clinical Staff\* involved in assessment interview** Signature and Date

\_\_\_\_\_  
**Assessor's Name/Discipline – Printed**                      **Date**  
Conducted the Mental Status Exam and provided Diagnosis.

\_\_\_\_\_  
**Assessor's Signature and Discipline**                      **Date**

**Assessor must be a Licensed/Registered/Waivered MD/OD/NP, MFT, LCSW, LPCC, PhD/PsyD, RN with Psych MS or Trainee with co-signature.** (At minimum the assessor is responsible for reviewing the completed assessment, conducting the mental status exam, providing a clinical formulation and providing the diagnosis. **Assessor signs here to co-sign for assessments provided by trainees.**)