

Outside community and spiritual support (continued):

- St. Thomas More Church
1300 Junipero Serra Blvd., San Francisco, CA 94132 || (415) 452-9634
Arabic service every Sunday at 11:00am
- Western Hills Church
3399 CSM Drive, San Mateo, CA 94402 || (650) 574 -4881
Arabic service every Saturday from 7:30pm –10:00pm
- St. James Orthodox Church
195 North Main Street, Milpitas, CA 95035 || (408) 934-1794

Helpful websites:

BHRS:

<http://smchealth.org/bhrs>

San Mateo County Resources:

<http://www.smc-connect.org>

Parent Project:

<http://smchealth.org/parentproject>

Free Community Education:

<http://smchealth.org/bhrs/ODE/CommunityEd>

Hotline Contact Information:

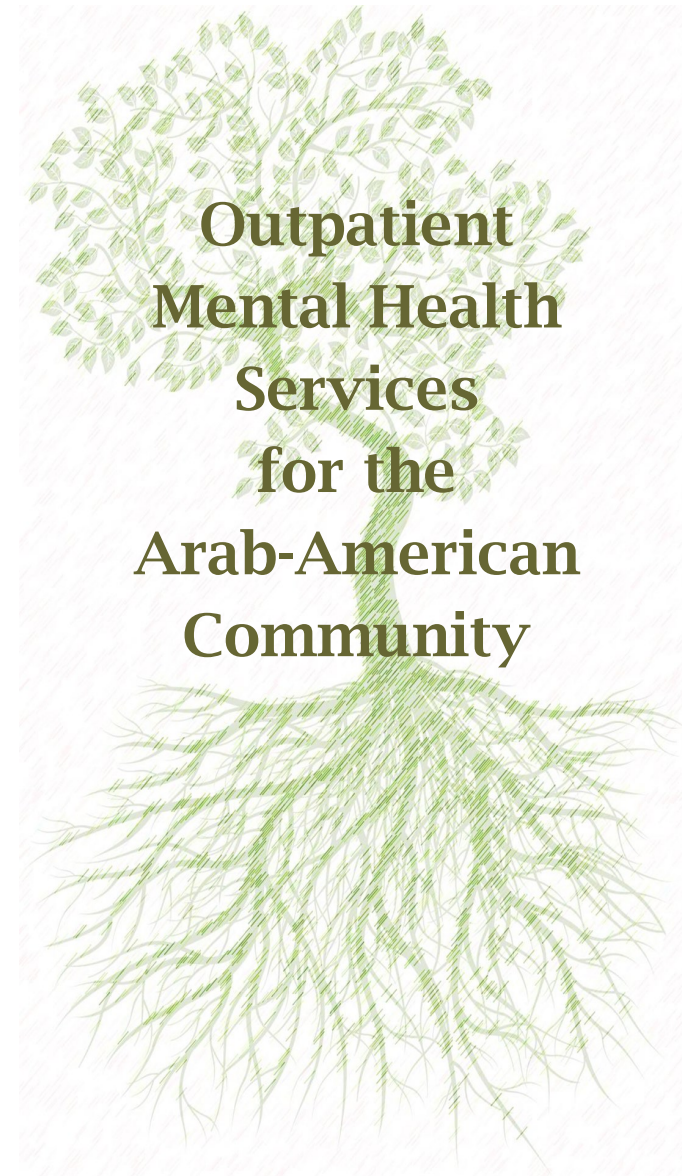
- Suicide / Crisis Hotline
1-800-273-8255
650-579-0350
- San Mateo Medical Center Psychiatric Emergency Services
650-573-2662
- Mills-Peninsula Medical Center Psychiatric Emergency Services
650-696-5915
- Family Assertive Support Team
650-368-3178
- 24/7 Child and Teen Hotline
650-567-5437
- NAMI SMC—National Alliance on Mental Illness
650-638-0800



If you are a consumer or family member and would like to get involved or for more information about the Office of Diversity and Equity, please contact :

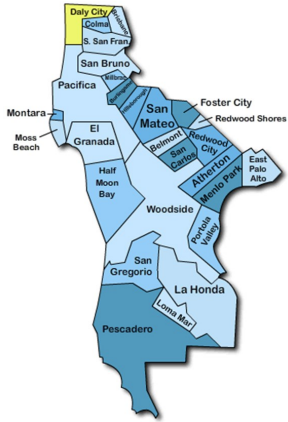
Jei Africa, Director, Office of Diversity and Equity, at (650) 573-2714

San Mateo County
Behavioral Health & Recovery Services
Arab-American Community Workgroup



Access Call Center:
1-800-686-0101
www.smchealth.org/bhrs

Behavioral Health & Recovery Services Resources



San Mateo County residents are eligible to receive mental health services through the Behavioral Health & Recovery Services program.

Residents of San Mateo County can call the ACCESS team at **(800) 686-0101** in order to schedule an appointment with their nearest clinic.

The different types of resources you are able to receive are:

- Individual Therapy
- Family Therapy
- Group Therapy
- Parent Educational Groups
- Parent support groups (depending on the clinic)
- Alcohol and Other Drug treatment

Behavioral Health & Recovery Services Clinics

- North County Clinic
375 89th Street, Daly City, CA 94015
|| (650) 301-8650
- Coastside Mental Health Clinic
225 S. Cabrillo Hwy, Suite 200A,
Half Moon Bay, CA 94019 ||
(650) 726-6369
- Central County Clinic
1950 Alameda de Las Pulgas, San
Mateo, CA 94403 || (650) 573-3571
- South County Clinic
802 Brewster Avenue, Redwood
City, CA 94063 || (650) 363-4111
- East Palo Alto Community Counseling
Center
2415 University Avenue, Suite 301,
East Palo Alto, CA 94303 ||
(650) 363-4030

School-Based Services:

- Contact county district office:
Jefferson Union High School District
699 Serramonte Blvd #100, Daly City,
CA || (650) 550-7900
- Write them a letter to request IEP
(Individualized Education Plan) for your
child.

Outside community and spiritual support:

Community Support:

- Yaseen Foundation
621 Masonic Way, Belmont,
CA, 94002 || (650) 517-3690
- Arab Cultural and Community
Center
522 Valencia St, San Francisco,
CA 94110 || (415) 861-7444
- Arab Resource and Organizing
Center
2 Plaza Street, San Francisco,
CA 94116 || (415) 664-2200
- Ramallah Club of San Francisco
1951 Ocean Ave,
San Francisco, CA 94127 ||
(415) 239-5562

Religious & Spiritual support:

- Masjid al-Huqq
228 N Ellsworth Ave,
San Mateo, CA 94401 ||
650.579.0429
- Fiji Jamaat –Ul Islam of America
373 Alta Vista Drive, South
San Francisco, CA 94080 ||
(650) 871-7183
- Daly City Musalla
82 Hill Street, Daly City, CA
94014 || (650) 827-5782