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San Mateo County Libraries-East Palo Alto  
San Mateo Kinship- Edgewood  
Second Harvest Food Bank  
SMC Pride Center  
Star Vista (Early Childhood Community Team)  
Youth Leadership Institute

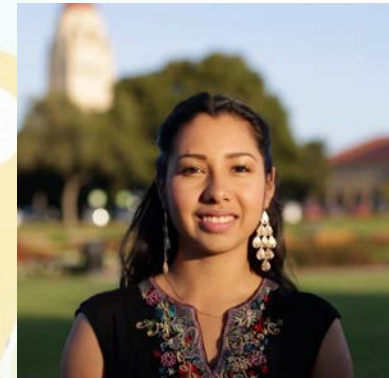
**Colaborativa Latina del Condado de San Mateo  
(Latino Collaborative of San Mateo County)**

# **Sana, Sana Colita de Rana**

**Cuidate Hoy, Para Un Mejor Mañana**



## **5<sup>to</sup> Foro Anual de Salud 5<sup>th</sup> Annual Health Forum**



**Sarahi Espinoza Salamanca  
Fundadora & Directora  
Ejecutiva de (Founder & CEO)  
DREAMers Roadmap**

**11/04/2017**

**2415 University Ave. East Palo Alto, CA 94303**



## Coming together for a healthy life!

### PROGRAM

- 10:30AM Registration
- 10:45AM Welcome— Adriana Taylor & Frances Lobos Latino Collaborative Co-Chairs
- 11:00AM Recognition of Latino Collaborative founding Co-Chairs Eleanor Dwyer & Regina Moreno
- 11:15AM ***Keynote Speaker: Sarahi Espinoza Salamanca***
- 11:45AM Presentation “Know the Signs”
- 12:30PM Lunch provided by “Mi Taqueria”
- 1:15PM Immigration presentation
- 2:15PM Zumba –Get up and move!
- 2:40PM “Stories of Hope ” Lived Experience Panel

¡Raffles throughout the day and make sure to visit the resource tables!

## ¡Convivamos juntos, para una vida sana!

### PROGRAMA

- 10:30AM Registración
- 10:45AM Bienvenida – Adriana Taylor & Frances Lobos Presidentas de la Colaborativa Latina
- 11:00AM Reconocimiento a las fundadoras de la Colaborativa Latina Eleanor Dwyer & Regina Moreno
- 11:15AM ***Invitada de Honor: Sarahi Espinoza Salamanca***
- 11:45AM Presentación “Reconozca las Señales”
- 12:30PM Almuerzo proporcionado por “Mi Taqueria”
- 1:15PM Presentación sobre inmigración
- 2:15PM Zumba – ¡Levántense y Muevansé!
- 2:40PM “Historias de Esperanza” Panel de Experiencia Viva

¡Rifas durante el día y visite las mesas de recursos!