



The divine light of spirit fills my soul with joy and gratitude. Through dance, I heal old wounds, celebrate my recovery, and connect with higher power. The music takes me to realms of transcendence. I' am healed. I' am whole. I' am holy. I' am grateful.

**-Angel Cassidy**



Look at me for a while. Go to school and graduate. Get well soon. I'm partly gone for good to you and him. Get one of you for good to you and him. Get one of you to church soon. Look at yourself from time to time. I'll get it straight. Someday, I'll calm you.

**-Delia de La Pena**



Being surrounded by nature is a huge part of my recovery. The beauty and peacefulness let me know there is something greater in this world that can get me through the toughest of times, even when I feel completely lost and hopeless.

**-Jenny A.**



Recovery is an Angel Face Rose bush— a gift to my Dad in mourning the tragic death of my little sister 15 years ago. Searching for the sun, in the midst of neglect and weariness. Life's journey has hardships. Wholeness pushes through, and blossoming beauty reveals itself.

“All things work to the good for those who love the Lord.” Romans 8:28

**-Kathy Rae Brown**



Recovery is light, our presence gives us light. Does an angel come when you call? Does your prayer angel wait till you are ready? The light in recovery is spirituality, protecting me.

**-Stephanie O.**