



The way I think youth can maintain a teenage life in residential treatment is by going to sporting events and other outings like the mall or even to 7-eleven. And that's about being social. I think that being social is an important part of teenage life. I'm a big football and baseball fan but I've only been to one football game that I don't even remember. So I think sporting events would be a good idea for maintaining a teenage life in the system.



How do I view myself? Well, that is highly affected by how others view me, I've never really been a charismatic person and I'm actually very sensitive. I've been classified as "mentally ill" since I was three. Pills, therapy - the system, as it were - is the only stuff I can really identify with. The stigmas and bullying against people like me don't help either. So far I view myself as a shunned, wandering and misunderstood teen. I have plenty to offer, I just lack the credibility given to "normal" folks. That's totally backwards. People who think differently tend to be movers and shakers, while average Joes are more like robots, dull obedient little sheep. I'm not a sheep; I'm one of those lambs who became a lion. I'm powerful, I'm scary, I'm Me!



I chose this picture because when I look at this sign the two people represent relationships to me. It's important to me as a teen to have positive relationships because without them, teens can feel alone and might think they don't have anyone to support them.

In my own misery
I want you to save me.
But it's too late...
Please save me from myself,
Cut my wrist 'till I feel
nothing...
My heart is bleeding and
telling me something
Please help me from
myself...
Love me but don't...
Just cut my wrist,
'cause I'm feeling numb
Don't love me anymore,
Wake me up 'till you do,
My life is nothing without
you.

You will remember how it
hurts.

When you caused all the
pain.

Now I want the pain to go
away.

Go all away...

It's time to turn the mind
And be kind to myself
It's time to heal,
It's time to conceal.
It's time to love myself
and my set
Even though I've got
scars
It does get better
I can live a "normal" life
Even though it doesn't
seem like it now
But soon it will.

