

# Physician's Request for Psychotropic Medication Authorization

**To:** The Honorable Patricia Bresee  
Commissioner of the Juvenile Court  
San Mateo County Superior Court

**From:** \_\_\_\_\_, M.D. \_\_\_\_\_ (Phone Number)

Employed by \_\_\_\_\_

Medical Specialty \_\_\_\_\_

Board Eligibility/Certification \_\_\_\_\_

**Re:** Dependent Child \_\_\_\_\_ D.O.B. \_\_\_\_\_

Date of Evaluation \_\_\_\_\_

Location of Evaluation \_\_\_\_\_

CPS Social Worker \_\_\_\_\_ (Phone Number)

Custodial Parent/Guardian \_\_\_\_\_

Address \_\_\_\_\_

(City) \_\_\_\_\_ (State) \_\_\_\_\_ (Zip) \_\_\_\_\_

Phone Number \_\_\_\_\_

1. Relevant Psychiatric History (specify current behaviors likely to be helped by psychotropic medication) \_\_\_\_\_

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2. DSM-IV Diagnosis (Axis I to V) \_\_\_\_\_

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3. Relevant medical and medication history (specify all medication child is **now** taking and possible interaction with the psychotropics you are recommending. Will psychotropics require reduction/discontinuation in current regimen?) \_\_\_\_\_

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4. Psychotropics recommended:

- a) Name (trade and generic) \_\_\_\_\_  
Category \_\_\_\_\_ Dose Range/Anticipated \_\_\_\_\_  
Treatment duration anticipated \_\_\_\_\_  
Alternatives in same category (please name specific drug) \_\_\_\_\_  
\_\_\_\_\_  
Benefit anticipated \_\_\_\_\_
- b) Name (trade and generic) \_\_\_\_\_  
Category \_\_\_\_\_ Dose Range/Anticipated \_\_\_\_\_  
Treatment duration anticipated \_\_\_\_\_  
Alternatives in same category (please specify) \_\_\_\_\_  
Benefit anticipated \_\_\_\_\_

5. Either:

- (A) enclose San Mateo County MHS "Parent Medication Information Sheet"  
**or**  
(B) provide written narrative describing significant adverse reactions, warnings/contraindications, drug interactions, and anticipated time lag before full effect, for each medication you are recommending.

6. Dependent child's response to medication recommendation (narrative or written statement) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Signature: \_\_\_\_\_

7. Custodial parent/guardian's response to medication recommendation: \_\_\_\_\_  
\_\_\_\_\_

Signature \_\_\_\_\_

8. Current caregiver (if not same as #7) response to medication recommendation: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Signature: \_\_\_\_\_

Request submitted on: \_\_\_\_\_

Signature of requesting physician: \_\_\_\_\_