

## Find answers to your parenting questions

## Do you want to build a stronger relationship with your kids?

The Parent Project® is a 12-week class that gives parents, grandparents, and caregivers the tools to build strong and healthy families. Contact the facilitator to register at least 3 weeks before class starts. All classes are free!

Start Date	Time	Language	Location	Contact/Registration
September 13, 2016	Tuesdays, 5:30 – 9:00 pm	English	Parkside Intermediate School 1801 Niles Boulevard San Bruno, CA 94066	Nani Wilson 650-243-4850 x866 nwilson@aars.org
September 14, 2016	Wednesdays, 5:30 – 9:00 pm	Spanish	Hawes Elementary School 909 Roosevelt Ave Redwood City, CA 94061	lvette Melendez 650-513-0330 x336 imelendez@pcrcweb.org
September 15, 2016	Thursdays, 5:30 – 9:00 pm	Spanish	Hillsdale High School 3115 Del Monte Street San Mateo, CA 94403	Rocio Lemus 650-537-2366 rociolemus@fredfinch.org
September 20, 2016	Tuesdays, 5:30 – 9:00 pm	Spanish	Cunha Middle School 600 Church Street Half Moon Bay, CA 94019	Ivette Melendez 650-513-0330 x336 imelendez@pcrcweb.org
September 22, 2016	Thursdays, 5:30 – 9:00 pm	English	Westlake Elementary School 80 Fieldcrest Drive Daly City, CA 94015	lvette Melendez 650-513-0330 x336 imelendez@pcrcweb.org

## www.smchealth.org/ParentProject

The Parent Project® is also funded by the voter-approved Mental Health Services Act (Prop 63) and San Mateo County Measure A.







